

SK≡PTIKO
science & spirituality

***SHARED DEATH
EXPERIENCE
SCIENCE***

#544-WILLIAM-PETERS



1
00:00:00,560 --> 00:00:04,710
on this episode of skeptico

2
00:00:08,870 --> 00:00:07,590
the truth about what happens after we

3
00:00:11,830 --> 00:00:08,880
die

4
00:00:14,910 --> 00:00:11,840
now i could jump right into that truth

5
00:00:17,750 --> 00:00:14,920
with today's outstanding guest william

6
00:00:20,710 --> 00:00:17,760
peters but why go with the straight

7
00:00:24,230 --> 00:00:20,720
truth when we can mix in a little bit of

8
00:00:25,109 --> 00:00:24,240
hollywood stephen king fantasy crazy

9
00:00:26,390 --> 00:00:25,119
stuff

10
00:00:28,470 --> 00:00:26,400
a clip

11
00:00:31,750 --> 00:00:28,480
you can hear me

12
00:00:33,110 --> 00:00:31,760
your magic like me i don't know about

13
00:00:36,870 --> 00:00:33,120

magic

14

00:00:41,590 --> 00:00:38,790

that's from the movie doctor sleeping

15

00:00:44,389 --> 00:00:41,600

and while that clip sure is scary and

16

00:00:46,790 --> 00:00:44,399

spooky the movie does stumble onto some

17

00:00:50,069 --> 00:00:46,800

kind of real truth about the afterlife

18

00:00:53,590 --> 00:00:50,079

and in particular the transition to the

19

00:00:56,310 --> 00:00:53,600

afterlife that can be experienced by

20

00:00:59,029 --> 00:00:56,320

other people who are in the room it's

21

00:01:00,790 --> 00:00:59,039

called a shared death experience and

22

00:01:03,750 --> 00:01:00,800

you're gonna hear about it in this

23

00:01:06,390 --> 00:01:03,760

amazing interview i have coming up

24

00:01:09,270 --> 00:01:06,400

but first another clip from the movie

25

00:01:12,230 --> 00:01:09,280

we're danny and yes this is danny from

26
00:01:14,630 --> 00:01:12,240
the shining all grown up anyway danny is

27
00:01:17,749 --> 00:01:14,640
in hospice with this older gentleman

28
00:01:21,109 --> 00:01:17,759
who's dying and danny is experiencing

29
00:01:24,390 --> 00:01:22,630
what a visit from

30
00:01:28,469 --> 00:01:24,400
dr sleef

31
00:01:31,109 --> 00:01:28,479
really is so what do you see doc

32
00:01:33,270 --> 00:01:31,119
i see your twin sons

33
00:01:35,109 --> 00:01:33,280
four years old

34
00:01:36,550 --> 00:01:35,119
can you see them

35
00:01:38,310 --> 00:01:36,560
i do

36
00:01:42,230 --> 00:01:38,320
good

37
00:01:44,230 --> 00:01:42,240
look at that i could take a card

38
00:01:45,990 --> 00:01:44,240

all out of order

39

00:01:48,469 --> 00:01:46,000

not scared of hell

40

00:01:52,830 --> 00:01:50,870

i i lived a

41

00:01:55,749 --> 00:01:52,840

decent

42

00:01:57,109 --> 00:01:55,759

life don't think there is such a place

43

00:02:00,709 --> 00:01:57,119

anyway

44

00:02:05,350 --> 00:02:03,109

there's nothing

45

00:02:07,510 --> 00:02:05,360

we don't end charlie

46

00:02:10,710 --> 00:02:07,520

i know that for certain

47

00:02:12,869 --> 00:02:10,720

i don't know much else but

48

00:02:15,430 --> 00:02:12,879

i know that we don't end

49

00:02:17,190 --> 00:02:15,440

not bad but how about this how about one

50

00:02:19,190 --> 00:02:17,200

of the world's leading authorities on

51

00:02:21,270 --> 00:02:19,200

shared death experience a

52

00:02:22,390 --> 00:02:21,280

psychotherapist who studied it for over

53

00:02:24,949 --> 00:02:22,400

30 years

54

00:02:27,110 --> 00:02:24,959

runs an organization with multiple phds

55

00:02:29,510 --> 00:02:27,120

including medical doctors who've looked

56

00:02:31,670 --> 00:02:29,520

at the phenomenon so what does today's

57

00:02:33,670 --> 00:02:31,680

guest william peters find

58

00:02:35,830 --> 00:02:33,680

how about this story imagine this at

59

00:02:37,350 --> 00:02:35,840

this point this guy's already had a very

60

00:02:39,830 --> 00:02:37,360

traumatic near-death experience when he

61

00:02:42,070 --> 00:02:39,840

was just 17 years old nearly killed him

62

00:02:44,390 --> 00:02:42,080

very nearly paralyzed him he recovers

63

00:02:46,070 --> 00:02:44,400

from that and he dedicates his life to

64

00:02:47,670 --> 00:02:46,080

kind of service winds up through a

65

00:02:50,309 --> 00:02:47,680

series of events working with homeless

66

00:02:52,309 --> 00:02:50,319

people in need in san francisco

67

00:02:55,350 --> 00:02:52,319

and as he's telling the story that he's

68

00:02:56,710 --> 00:02:55,360

about to tell circa 1980s this happens

69

00:02:59,589 --> 00:02:56,720

to be a lot of people who have

70

00:03:01,589 --> 00:02:59,599

contracted aids and are dying and are

71

00:03:04,149 --> 00:03:01,599

completely shunned and ostracized by

72

00:03:06,630 --> 00:03:04,159

society so they're living in these

73

00:03:08,550 --> 00:03:06,640

burned out buildings in the worst parts

74

00:03:10,229 --> 00:03:08,560

of downtown san francisco this is back

75

00:03:12,070 --> 00:03:10,239

in the day when there were worse parts

76

00:03:15,110 --> 00:03:12,080

of san francisco now it's all

77

00:03:17,030 --> 00:03:15,120

million-dollar condos nonetheless

78

00:03:20,949 --> 00:03:17,040

william has his first encounter with a

79

00:03:22,949 --> 00:03:20,959

story that is a shared death experience

80

00:03:25,430 --> 00:03:22,959

it's unbelievably remarkable this is

81

00:03:28,229 --> 00:03:25,440

among the most important

82

00:03:31,110 --> 00:03:28,239

research scientific medical research

83

00:03:33,350 --> 00:03:31,120

that's coming back to us right now

84

00:03:36,949 --> 00:03:33,360

because again when we say share death

85

00:03:38,550 --> 00:03:36,959

experience these are a group of people

86

00:03:41,589 --> 00:03:38,560

living people

87

00:03:44,070 --> 00:03:41,599

who witnessed that transition that

88

00:03:45,670 --> 00:03:44,080

crossing over and when you study it

89

00:03:48,309 --> 00:03:45,680

scientifically

90

00:03:50,470 --> 00:03:48,319

like today's guest william peters has

91

00:03:52,710 --> 00:03:50,480

done it lines up with so many other

92

00:03:54,550 --> 00:03:52,720

things we know about survival so here's

93

00:03:56,390 --> 00:03:54,560

one of the stories from the interview

94

00:03:58,149 --> 00:03:56,400

you're about to hear

95

00:04:01,750 --> 00:03:58,159

i said brad

96

00:04:03,990 --> 00:04:01,760

would i be able to talk to your other

97

00:04:05,990 --> 00:04:04,000

um brothers

98

00:04:09,190 --> 00:04:06,000

and you know he was like

99

00:04:11,190 --> 00:04:09,200

kind of okay but like really like he's a

100

00:04:13,110 --> 00:04:11,200

little bit hesitant you know i'm still a

101
00:04:15,830 --> 00:04:13,120
mental health worker you know and you

102
00:04:16,710 --> 00:04:15,840
know we have not treated this community

103
00:04:17,909 --> 00:04:16,720
well

104
00:04:20,069 --> 00:04:17,919
quite frankly

105
00:04:22,069 --> 00:04:20,079
um but we had a good enough relationship

106
00:04:24,390 --> 00:04:22,079
so i remember going down there taking

107
00:04:26,629 --> 00:04:24,400
this long walk you know from you know

108
00:04:29,749 --> 00:04:26,639
from the tenderloin district of san

109
00:04:32,710 --> 00:04:29,759
francisco across market street this was

110
00:04:36,310 --> 00:04:32,720
a abandoned many buildings burned out it

111
00:04:38,870 --> 00:04:36,320
was not safe drug deals prostitution

112
00:04:40,150 --> 00:04:38,880
and there we are we hike up one set of

113
00:04:43,990 --> 00:04:40,160

stairs

114

00:04:46,950 --> 00:04:44,000

cement only concrete only and there

115

00:04:48,310 --> 00:04:46,960

is these tents and a fire pit

116

00:04:49,830 --> 00:04:48,320

and

117

00:04:52,150 --> 00:04:49,840

some of his brothers are there but this

118

00:04:53,830 --> 00:04:52,160

was midday and so there's just a few of

119

00:04:55,110 --> 00:04:53,840

them there but they had been there and

120

00:04:57,590 --> 00:04:55,120

so i remember talking to them and i

121

00:05:00,950 --> 00:04:57,600

asked them and they looked at brad as if

122

00:05:01,990 --> 00:05:00,960

to say do you want us to share this

123

00:05:07,830 --> 00:05:02,000

and

124

00:05:10,790 --> 00:05:07,840

they acknowledged an experience

125

00:05:12,870 --> 00:05:10,800

that was profound but what i and i knew

126
00:05:15,270 --> 00:05:12,880
in their eyes that it was profound and

127
00:05:17,749 --> 00:05:15,280
they talked about the light

128
00:05:19,189 --> 00:05:17,759
and they talked they also stumbled upon

129
00:05:21,670 --> 00:05:19,199
their words

130
00:05:23,430 --> 00:05:21,680
because as i learned later now with you

131
00:05:26,550 --> 00:05:23,440
know hundreds of interviews the

132
00:05:29,749 --> 00:05:26,560
ineffability of this experience but they

133
00:05:32,469 --> 00:05:29,759
gave me enough to know like okay

134
00:05:33,510 --> 00:05:32,479
we are talking about a shared experience

135
00:05:35,029 --> 00:05:33,520
one of the things i think is so

136
00:05:37,350 --> 00:05:35,039
incredible about that again putting

137
00:05:40,070 --> 00:05:37,360
these pieces together so you've had a

138
00:05:41,830 --> 00:05:40,080

near-death experience so you're open but

139

00:05:44,029 --> 00:05:41,840

when we step back

140

00:05:45,590 --> 00:05:44,039

this is so

141

00:05:48,230 --> 00:05:45,600

paradigm-shattering

142

00:05:50,070 --> 00:05:48,240

that i just don't think many people

143

00:05:51,990 --> 00:05:50,080

would be put in that position where they

144

00:05:53,510 --> 00:05:52,000

could absorb any of that i'm going to

145

00:05:55,670 --> 00:05:53,520

add another piece of information that

146

00:05:57,909 --> 00:05:55,680

was also central in this i was living

147

00:05:59,430 --> 00:05:57,919

and working in central and south america

148

00:06:01,430 --> 00:05:59,440

and most of the people i was working

149

00:06:04,230 --> 00:06:01,440

with were indigenous people

150

00:06:05,670 --> 00:06:04,240

these were shamanistic cultures and i

151
00:06:08,230 --> 00:06:05,680
was listening

152
00:06:11,110 --> 00:06:08,240
and i remember hearing these

153
00:06:14,309 --> 00:06:11,120
expressions of journeys

154
00:06:16,790 --> 00:06:14,319
this is the language that these imada

155
00:06:18,870 --> 00:06:16,800
people were sharing with me as i would

156
00:06:21,189 --> 00:06:18,880
spend a good deal of time with them

157
00:06:22,870 --> 00:06:21,199
and and it fit because my near-death

158
00:06:24,790 --> 00:06:22,880
experiences you've so

159
00:06:27,510 --> 00:06:24,800
keenly um

160
00:06:29,029 --> 00:06:27,520
identified as a you know

161
00:06:30,710 --> 00:06:29,039
transformational experience in my

162
00:06:32,309 --> 00:06:30,720
consciousness if you will and my

163
00:06:33,350 --> 00:06:32,319

understanding of how this world is put

164

00:06:36,070 --> 00:06:33,360

together

165

00:06:37,670 --> 00:06:36,080

their experiences fit with that

166

00:06:39,510 --> 00:06:37,680

so that's great and it's really an

167

00:06:41,590 --> 00:06:39,520

amazing interview and i could just leave

168

00:06:42,950 --> 00:06:41,600

it at that but i can't help poking in

169

00:06:45,590 --> 00:06:42,960

there with a little bit of skeptical

170

00:06:48,629 --> 00:06:45,600

stuff because as somebody like this ups

171

00:06:53,110 --> 00:06:48,639

the game in terms of bringing such

172

00:06:55,990 --> 00:06:53,120

important important science to the table

173

00:06:57,990 --> 00:06:56,000

i think we have to equally up our game

174

00:07:01,270 --> 00:06:58,000

in terms of bringing

175

00:07:03,990 --> 00:07:01,280

the inquiry to perpetuate doubt

176

00:07:06,230 --> 00:07:04,000

that's excellent and i'm sure that

177

00:07:07,430 --> 00:07:06,240

you're gonna be effective and make a

178

00:07:09,110 --> 00:07:07,440

difference just like you've made a

179

00:07:11,430 --> 00:07:09,120

difference already

180

00:07:13,670 --> 00:07:11,440

i have a slightly different spin on it

181

00:07:16,710 --> 00:07:13,680

my take is number one

182

00:07:19,510 --> 00:07:16,720

we are all leading rich spiritual lives

183

00:07:21,510 --> 00:07:19,520

and as plain and ordinary as that might

184

00:07:24,309 --> 00:07:21,520

seem to you and i we have to look at the

185

00:07:27,270 --> 00:07:24,319

fact that that completely contradicts

186

00:07:30,150 --> 00:07:27,280

the paradigm that we're all in

187

00:07:32,710 --> 00:07:30,160

second point for me is that we all have

188

00:07:35,990 --> 00:07:32,720

the ability to choose the light

189

00:07:38,309 --> 00:07:36,000

at any time and every time

190

00:07:39,749 --> 00:07:38,319

and along with that for some reasons

191

00:07:41,909 --> 00:07:39,759

that we don't

192

00:07:45,350 --> 00:07:41,919

totally understand some people don't

193

00:07:47,909 --> 00:07:45,360

choose the light and people

194

00:07:51,110 --> 00:07:47,919

choose the darkness

195

00:07:52,869 --> 00:07:51,120

consistently sometimes and unfortunately

196

00:07:54,469 --> 00:07:52,879

what we've witnessed and we have to come

197

00:07:56,790 --> 00:07:54,479

to grips with is

198

00:07:59,270 --> 00:07:56,800

some of those people have reached

199

00:08:01,909 --> 00:07:59,280

very very powerful and influential

200

00:08:03,430 --> 00:08:01,919

positions add to that the fact that

201
00:08:05,510 --> 00:08:03,440
their motives

202
00:08:06,710 --> 00:08:05,520
and who they are is often hidden and

203
00:08:08,950 --> 00:08:06,720
deceptive

204
00:08:10,950 --> 00:08:08,960
so with that it this is the working

205
00:08:12,790 --> 00:08:10,960
hypothesis this is the other part going

206
00:08:15,189 --> 00:08:12,800
a little bit further that i'm not asking

207
00:08:17,350 --> 00:08:15,199
you to agree with but i just want to

208
00:08:19,830 --> 00:08:17,360
throw on the table and that is as it

209
00:08:22,230 --> 00:08:19,840
relates to medicine and religion there's

210
00:08:25,909 --> 00:08:22,240
obviously many many many the majority of

211
00:08:27,189 --> 00:08:25,919
people in medicine are working in a

212
00:08:29,670 --> 00:08:27,199
heartfelt

213
00:08:30,749 --> 00:08:29,680

light warrior kind of way

214

00:08:34,469 --> 00:08:30,759

but the

215

00:08:37,269 --> 00:08:34,479

unspoken directive of western medicine

216

00:08:40,550 --> 00:08:37,279

is to disconnect you from your

217

00:08:42,790 --> 00:08:40,560

spirituality to disconnect you from your

218

00:08:45,910 --> 00:08:42,800

divinity because you can have it both

219

00:08:48,870 --> 00:08:45,920

ways they could jump over tomorrow to

220

00:08:51,430 --> 00:08:48,880

your understanding of this broader view

221

00:08:53,430 --> 00:08:51,440

of consciousness this more accepting

222

00:08:55,590 --> 00:08:53,440

view of divinity and nothing would have

223

00:08:57,829 --> 00:08:55,600

to change in medicine so the fact that

224

00:08:59,750 --> 00:08:57,839

they hold on to it i think is important

225

00:09:01,750 --> 00:08:59,760

and it can't be overlooked

226

00:09:03,269 --> 00:09:01,760

and then i think when we look at

227

00:09:05,750 --> 00:09:03,279

religion

228

00:09:08,550 --> 00:09:05,760

i think there's the same thing going on

229

00:09:11,670 --> 00:09:08,560

in a lot of ways and that is

230

00:09:13,110 --> 00:09:11,680

wonderful people amazing experiences

231

00:09:14,230 --> 00:09:13,120

that people are having with the

232

00:09:17,590 --> 00:09:14,240

spiritual

233

00:09:21,750 --> 00:09:17,600

but fundamentally an unspoken directive

234

00:09:24,230 --> 00:09:21,760

to become the soul or at least primary

235

00:09:25,990 --> 00:09:24,240

intermediary between you and divinity

236

00:09:28,389 --> 00:09:26,000

between you and the light between you

237

00:09:30,070 --> 00:09:28,399

and spirituality that's what religion

238

00:09:31,590 --> 00:09:30,080

wants to do

239

00:09:34,630 --> 00:09:31,600

stick around my interview with william

240

00:09:36,470 --> 00:09:34,640

peters is coming up next

241

00:09:38,949 --> 00:09:36,480

welcome to skeptica where we explore

242

00:09:41,190 --> 00:09:38,959

controversial science and spirituality

243

00:09:43,590 --> 00:09:41,200

with leading researchers thinkers and

244

00:09:45,350 --> 00:09:43,600

their critics i'm your host alex karas

245

00:09:47,590 --> 00:09:45,360

and today we welcome

246

00:09:49,829 --> 00:09:47,600

william peters to skeptico

247

00:09:52,870 --> 00:09:49,839

william is the founder and director of

248

00:09:55,110 --> 00:09:52,880

the shared crossing project and author

249

00:09:58,070 --> 00:09:55,120

of the newly published

250

00:10:01,590 --> 00:09:58,080

at heaven's door what shared journeys to

251
00:10:03,509 --> 00:10:01,600
the afterlife teaches about dying well

252
00:10:06,069 --> 00:10:03,519
and living better

253
00:10:08,470 --> 00:10:06,079
he's very smart guy undergraduate degree

254
00:10:10,550 --> 00:10:08,480
berkeley masters harvard

255
00:10:12,790 --> 00:10:10,560
long-time psychotherapist lots of

256
00:10:15,110 --> 00:10:12,800
advanced training which we might even

257
00:10:17,590 --> 00:10:15,120
talk about very interesting stuff there

258
00:10:19,670 --> 00:10:17,600
and you know beyond all that

259
00:10:20,790 --> 00:10:19,680
william is one of these people who just

260
00:10:24,550 --> 00:10:20,800
has

261
00:10:25,750 --> 00:10:24,560
an amazing life of service to others

262
00:10:27,509 --> 00:10:25,760
and

263
00:10:29,430 --> 00:10:27,519

that's going to come out as we talk

264

00:10:31,350 --> 00:10:29,440

about his story we're going to talk

265

00:10:32,470 --> 00:10:31,360

about this share death experience

266

00:10:34,310 --> 00:10:32,480

science

267

00:10:36,550 --> 00:10:34,320

and the very researchy stuff that he

268

00:10:39,590 --> 00:10:36,560

does and that's great

269

00:10:41,990 --> 00:10:39,600

but what i hope we get to is

270

00:10:43,430 --> 00:10:42,000

the spiritual stuff that is really i

271

00:10:47,030 --> 00:10:43,440

think at the core

272

00:10:50,150 --> 00:10:47,040

of what this guy's work is all about so

273

00:10:52,870 --> 00:10:50,160

william congrats on the book and thanks

274

00:10:55,030 --> 00:10:52,880

so much for joining me on skeptico

275

00:10:57,350 --> 00:10:55,040

alex thanks so much for having me it's a

276

00:10:59,910 --> 00:10:57,360

real honor to be here

277

00:11:03,030 --> 00:10:59,920

very nice of you to say so you know i

278

00:11:05,750 --> 00:11:03,040

guess the natural place to start because

279

00:11:07,509 --> 00:11:05,760

a lot of people have heard of shared

280

00:11:10,230 --> 00:11:07,519

death experience

281

00:11:12,630 --> 00:11:10,240

but plenty people haven't

282

00:11:14,069 --> 00:11:12,640

give us a quick definition

283

00:11:15,910 --> 00:11:14,079

and then we'll talk a little bit about

284

00:11:17,350 --> 00:11:15,920

your background

285

00:11:21,110 --> 00:11:17,360

yeah so

286

00:11:22,870 --> 00:11:21,120

the shared death experience happens when

287

00:11:26,069 --> 00:11:22,880

somebody dies

288

00:11:27,430 --> 00:11:26,079

and a caregiver loved one and sometimes

289

00:11:30,150 --> 00:11:27,440

a bystander

290

00:11:32,710 --> 00:11:30,160

will report that they feel like they

291

00:11:36,470 --> 00:11:32,720

shared in this journey

292

00:11:38,790 --> 00:11:36,480

from the human life into the afterlife

293

00:11:41,030 --> 00:11:38,800

and the afterlife is the term that our

294

00:11:42,870 --> 00:11:41,040

research participants use they say

295

00:11:44,870 --> 00:11:42,880

afterlife and they often say that it's a

296

00:11:48,470 --> 00:11:44,880

benevolent afterlife

297

00:11:50,550 --> 00:11:48,480

great and the backstory on this is

298

00:11:52,629 --> 00:11:50,560

amazing it can jump off in a million

299

00:11:54,230 --> 00:11:52,639

different ways but

300

00:11:56,790 --> 00:11:54,240

you came to this

301
00:11:59,750 --> 00:11:56,800
because you had a near-death experience

302
00:12:02,069 --> 00:11:59,760
when you're 17 years old which really

303
00:12:03,990 --> 00:12:02,079
pivoted your life in some i guess

304
00:12:07,750 --> 00:12:04,000
ultimately positive ways but also some

305
00:12:10,949 --> 00:12:07,760
challenging ways and it leads you to

306
00:12:13,509 --> 00:12:10,959
sitting in a seminar with dr raymond

307
00:12:14,949 --> 00:12:13,519
moody who a lot of people know and go oh

308
00:12:18,150 --> 00:12:14,959
yeah he's the guy who coined the term

309
00:12:20,790 --> 00:12:18,160
near-death experience which he did

310
00:12:23,110 --> 00:12:20,800
but he's also the first person to talk

311
00:12:24,870 --> 00:12:23,120
about the shared death experience and i

312
00:12:27,350 --> 00:12:24,880
love the way you talk about the

313
00:12:30,069 --> 00:12:27,360

circumstances that brought you there and

314

00:12:32,870 --> 00:12:30,079

then you weren't even aware of this but

315

00:12:34,150 --> 00:12:32,880

in a way that echoes at several points

316

00:12:35,190 --> 00:12:34,160

in your life

317

00:12:37,430 --> 00:12:35,200

it's like

318

00:12:39,350 --> 00:12:37,440

making sense for you

319

00:12:42,150 --> 00:12:39,360

of these experiences that you've had

320

00:12:44,150 --> 00:12:42,160

that didn't make sense before so

321

00:12:46,790 --> 00:12:44,160

maybe you want to walk us through

322

00:12:48,389 --> 00:12:46,800

your your story which is really quite

323

00:12:50,069 --> 00:12:48,399

remarkable

324

00:12:51,590 --> 00:12:50,079

thanks yeah i think you're right you

325

00:12:54,310 --> 00:12:51,600

contextualize this a bit because you

326

00:12:56,150 --> 00:12:54,320

know i wasn't the type of guy

327

00:12:58,069 --> 00:12:56,160

who in high school could see myself

328

00:12:59,670 --> 00:12:58,079

studying death and dying and spiritual

329

00:13:03,190 --> 00:12:59,680

experiences around them

330

00:13:06,389 --> 00:13:03,200

but at 17 years old i had a

331

00:13:08,150 --> 00:13:06,399

really you know tragic uh

332

00:13:09,990 --> 00:13:08,160

near-death experience in a skiing

333

00:13:11,910 --> 00:13:10,000

accident high-speed skiing accident

334

00:13:14,310 --> 00:13:11,920

crushed my spine

335

00:13:16,550 --> 00:13:14,320

was catapulted out of my body i mean for

336

00:13:19,190 --> 00:13:16,560

your audience it's a classic near-death

337

00:13:21,509 --> 00:13:19,200

experience moving away from

338

00:13:23,509 --> 00:13:21,519

my body on the ski slope

339

00:13:26,150 --> 00:13:23,519

very much at peace

340

00:13:28,230 --> 00:13:26,160

completely sublime feelings watching my

341

00:13:29,190 --> 00:13:28,240

life be reviewed

342

00:13:30,949 --> 00:13:29,200

for me

343

00:13:32,949 --> 00:13:30,959

seeing the teachings of karma right

344

00:13:35,430 --> 00:13:32,959

there like the intricate detail of this

345

00:13:37,750 --> 00:13:35,440

movie of my life was just stunning

346

00:13:39,509 --> 00:13:37,760

everything mattered and then i'm in this

347

00:13:42,230 --> 00:13:39,519

beautiful galaxy moving through the rib

348

00:13:43,829 --> 00:13:42,240

tunnel i see the light

349

00:13:48,310 --> 00:13:43,839

and when i see the light i had a

350

00:13:50,870 --> 00:13:48,320

response very unlike most indie ears and

351

00:13:52,550 --> 00:13:50,880

that is i i knew i was dying and i knew

352

00:13:54,310 --> 00:13:52,560

i'd been there hundreds if not thousands

353

00:13:56,470 --> 00:13:54,320

of times before

354

00:13:58,790 --> 00:13:56,480

but i also did not want to die as

355

00:14:01,750 --> 00:13:58,800

pleasant as this place was that i was in

356

00:14:03,750 --> 00:14:01,760

i was not ready to die and i pled

357

00:14:05,990 --> 00:14:03,760

with i grew up catholic so i played with

358

00:14:07,110 --> 00:14:06,000

god and said don't let me die don't let

359

00:14:10,470 --> 00:14:07,120

me die

360

00:14:12,870 --> 00:14:10,480

and i was essentially in that light for

361

00:14:13,990 --> 00:14:12,880

a long period of time it felt like very

362

00:14:16,389 --> 00:14:14,000

comfortable

363

00:14:18,310 --> 00:14:16,399

very much at peace but then at one point

364

00:14:21,189 --> 00:14:18,320

you know after my pleading

365

00:14:22,150 --> 00:14:21,199

i felt this pushback energetically on my

366

00:14:23,030 --> 00:14:22,160

being

367

00:14:26,150 --> 00:14:23,040

and

368

00:14:27,509 --> 00:14:26,160

in that moment i heard make something of

369

00:14:30,150 --> 00:14:27,519

your life

370

00:14:31,829 --> 00:14:30,160

and that was it and that was ominous uh

371

00:14:33,590 --> 00:14:31,839

statement to me i don't know what that

372

00:14:35,189 --> 00:14:33,600

meant but i think unconsciously i've

373

00:14:37,509 --> 00:14:35,199

been working out that

374

00:14:39,750 --> 00:14:37,519

command for quite some time because i'm

375

00:14:42,949 --> 00:14:39,760

very much aware that i was given a

376

00:14:46,069 --> 00:14:42,959

second shot at life here and you know

377

00:14:48,069 --> 00:14:46,079

the severity of that skiing accident was

378

00:14:51,670 --> 00:14:48,079

that you know an orthopedic told me i

379

00:14:53,030 --> 00:14:51,680

was 1 32 of an inch away from being a

380

00:14:55,430 --> 00:14:53,040

paraplegic

381

00:14:56,389 --> 00:14:55,440

and so i've lived with chronic pain

382

00:15:00,790 --> 00:14:56,399

and

383

00:15:01,910 --> 00:15:00,800

have you but so that experience got into

384

00:15:03,430 --> 00:15:01,920

me but i

385

00:15:05,430 --> 00:15:03,440

i did not

386

00:15:07,189 --> 00:15:05,440

think of that experience

387

00:15:09,910 --> 00:15:07,199

for another decade as far as i can

388

00:15:11,110 --> 00:15:09,920

remember uh but it did change me and i

389

00:15:13,829 --> 00:15:11,120

appreciate you

390

00:15:15,990 --> 00:15:13,839

bringing up that this kind of service

391

00:15:18,870 --> 00:15:16,000

mission that i seem to have gravitated

392

00:15:21,430 --> 00:15:18,880

towards in my life because

393

00:15:22,790 --> 00:15:21,440

after college i

394

00:15:24,710 --> 00:15:22,800

went straight to central and south

395

00:15:27,110 --> 00:15:24,720

america and found myself in the midst of

396

00:15:29,910 --> 00:15:27,120

two civil wars each in

397

00:15:32,150 --> 00:15:29,920

guatemala and the other in peru and was

398

00:15:35,269 --> 00:15:32,160

working with a great deal of death and

399

00:15:37,430 --> 00:15:35,279

destruction and poverty and famine and

400

00:15:40,870 --> 00:15:37,440

hunger and what have you

401
00:15:42,310 --> 00:15:40,880
and i was there ostensibly i thought to

402
00:15:43,749 --> 00:15:42,320
help but the truth of the matter is

403
00:15:46,870 --> 00:15:43,759
these people were teaching me how to

404
00:15:48,470 --> 00:15:46,880
deal with my own sense of pain and loss

405
00:15:49,269 --> 00:15:48,480
that i was feeling because i was in

406
00:15:52,790 --> 00:15:49,279
really

407
00:15:54,310 --> 00:15:52,800
severe pain in my back and body so

408
00:15:56,470 --> 00:15:54,320
um the other thing that happened is i

409
00:15:58,470 --> 00:15:56,480
came back worked in the aids epidemic in

410
00:16:00,710 --> 00:15:58,480
san francisco i was a social worker i

411
00:16:02,870 --> 00:16:00,720
was hired because i spoke spanish but

412
00:16:04,150 --> 00:16:02,880
the aids epidemic broke out

413
00:16:06,230 --> 00:16:04,160

and

414

00:16:08,470 --> 00:16:06,240

i ended up working with uh this

415

00:16:09,590 --> 00:16:08,480

community of mostly gay men who were

416

00:16:11,910 --> 00:16:09,600

dying

417

00:16:13,670 --> 00:16:11,920

in skid row in san francisco and at that

418

00:16:15,670 --> 00:16:13,680

time we didn't know

419

00:16:17,749 --> 00:16:15,680

much about the hiv virus we didn't know

420

00:16:18,949 --> 00:16:17,759

it was contagious how it was you know we

421

00:16:21,189 --> 00:16:18,959

didn't know the extent of the

422

00:16:22,790 --> 00:16:21,199

transmissibility of it so for me working

423

00:16:23,990 --> 00:16:22,800

with this community was considered high

424

00:16:26,389 --> 00:16:24,000

risk

425

00:16:27,670 --> 00:16:26,399

but i just felt comfortable and called

426

00:16:29,670 --> 00:16:27,680

but the reason i'm bringing this up

427

00:16:32,629 --> 00:16:29,680

primarily is i was starting to hear

428

00:16:35,030 --> 00:16:32,639

these profound end-of-life stories i

429

00:16:36,710 --> 00:16:35,040

just want to tee up a couple of things

430

00:16:39,670 --> 00:16:36,720

because i really want to hear that story

431

00:16:41,910 --> 00:16:39,680

i want to tell people that in the book

432

00:16:43,110 --> 00:16:41,920

you will find so many of these

433

00:16:44,790 --> 00:16:43,120

incredible

434

00:16:46,949 --> 00:16:44,800

and i'm reluctant to even call them

435

00:16:48,470 --> 00:16:46,959

stories because

436

00:16:51,749 --> 00:16:48,480

william is a professional

437

00:16:53,990 --> 00:16:51,759

psychotherapist on his team he has a

438

00:16:56,790 --> 00:16:54,000

very top-notch medical doctor an

439

00:16:59,030 --> 00:16:56,800

anthropologist these are case studies

440

00:17:00,230 --> 00:16:59,040

that they've done interviews so he's

441

00:17:02,629 --> 00:17:00,240

going to tell these stories which are

442

00:17:05,429 --> 00:17:02,639

incredibly dramatic and the book is

443

00:17:06,870 --> 00:17:05,439

just a treasure trove of these

444

00:17:09,909 --> 00:17:06,880

case studies that are very well

445

00:17:11,350 --> 00:17:09,919

presented but they really weave together

446

00:17:14,390 --> 00:17:11,360

into this whole

447

00:17:16,949 --> 00:17:14,400

narrative of your life so i i just want

448

00:17:20,630 --> 00:17:16,959

to add one other thing you know when you

449

00:17:23,189 --> 00:17:20,640

have your near-death experience at 17

450

00:17:25,909 --> 00:17:23,199

you have nowhere to hang that off of in

451
00:17:26,710 --> 00:17:25,919
terms of near-death experience there is

452
00:17:29,350 --> 00:17:26,720
no

453
00:17:31,990 --> 00:17:29,360
near-death experience raymond moody

454
00:17:33,909 --> 00:17:32,000
unbeknownst to you has just coined the

455
00:17:35,510 --> 00:17:33,919
term a couple years ago

456
00:17:37,510 --> 00:17:35,520
and then

457
00:17:39,990 --> 00:17:37,520
this the amazing thing about this story

458
00:17:43,190 --> 00:17:40,000
you're about to tell is you're about now

459
00:17:46,390 --> 00:17:43,200
to experience a shared death experience

460
00:17:47,909 --> 00:17:46,400
which absolutely no one is talking about

461
00:17:50,870 --> 00:17:47,919
but again

462
00:17:53,909 --> 00:17:50,880
in this way that we don't understand

463
00:17:57,430 --> 00:17:53,919

your life is being

464

00:18:00,710 --> 00:17:57,440

given these events that you were then

465

00:18:03,029 --> 00:18:00,720

asked to kind of weave together so

466

00:18:05,669 --> 00:18:03,039

please tell us tell us this first kind

467

00:18:08,710 --> 00:18:05,679

of amazing story

468

00:18:10,310 --> 00:18:08,720

yes so i'm you know a social worker in

469

00:18:11,669 --> 00:18:10,320

san francisco

470

00:18:15,590 --> 00:18:11,679

and

471

00:18:18,870 --> 00:18:15,600

this is a population that is

472

00:18:19,750 --> 00:18:18,880

experiencing incredible devastation

473

00:18:21,510 --> 00:18:19,760

death

474

00:18:22,549 --> 00:18:21,520

it's like a plague

475

00:18:23,430 --> 00:18:22,559

so

476
00:18:25,590 --> 00:18:23,440
their

477
00:18:27,029 --> 00:18:25,600
willingness to

478
00:18:29,750 --> 00:18:27,039
come to me

479
00:18:32,310 --> 00:18:29,760
for not just emotional

480
00:18:33,990 --> 00:18:32,320
spiritual support if you will but also i

481
00:18:36,070 --> 00:18:34,000
was providing

482
00:18:37,830 --> 00:18:36,080
food for them and you know all sorts of

483
00:18:40,310 --> 00:18:37,840
supplies because

484
00:18:43,590 --> 00:18:40,320
this individual who um i mentioned in

485
00:18:45,750 --> 00:18:43,600
the book who was such a wonderful man

486
00:18:47,669 --> 00:18:45,760
brad was coming to me

487
00:18:52,070 --> 00:18:47,679
you know almost on a weekly basis he

488
00:18:53,350 --> 00:18:52,080

lived in a community of homeless

489

00:18:56,789 --> 00:18:53,360

dispossessed

490

00:18:58,070 --> 00:18:56,799

as he called them brothers all all

491

00:19:01,990 --> 00:18:58,080

contracted

492

00:19:03,750 --> 00:19:02,000

aids and in a just a temporary community

493

00:19:05,430 --> 00:19:03,760

if you will in a burned-out building in

494

00:19:07,510 --> 00:19:05,440

san francisco

495

00:19:09,750 --> 00:19:07,520

so he's coming regularly

496

00:19:11,190 --> 00:19:09,760

and one morning he

497

00:19:13,430 --> 00:19:11,200

comes into me

498

00:19:16,150 --> 00:19:13,440

early first one through the door and he

499

00:19:18,070 --> 00:19:16,160

looks absolutely exhausted beleaguered

500

00:19:21,190 --> 00:19:18,080

and i say to him i go

501
00:19:25,990 --> 00:19:21,200
oh my gosh brad what's up

502
00:19:28,310 --> 00:19:26,000
and he says to me you know um randy died

503
00:19:30,789 --> 00:19:28,320
i said i'm so sorry

504
00:19:32,390 --> 00:19:30,799
and he responds um

505
00:19:35,270 --> 00:19:32,400
yeah so am i

506
00:19:37,990 --> 00:19:35,280
but it was such a beautiful death

507
00:19:39,750 --> 00:19:38,000
and then i'm taken back and i respond

508
00:19:41,909 --> 00:19:39,760
beautiful death

509
00:19:43,270 --> 00:19:41,919
please tell me

510
00:19:46,150 --> 00:19:43,280
and

511
00:19:49,029 --> 00:19:46,160
as i'm in our food pantry filling up his

512
00:19:51,270 --> 00:19:49,039
bags of food for his community he

513
00:19:53,590 --> 00:19:51,280

is recounting this story

514

00:19:56,470 --> 00:19:53,600

and it goes like this he says we were

515

00:19:58,470 --> 00:19:56,480

circled around randy we knew he was

516

00:20:00,870 --> 00:19:58,480

you know at death's door

517

00:20:02,230 --> 00:20:00,880

and at the moment of death

518

00:20:04,950 --> 00:20:02,240

he

519

00:20:08,149 --> 00:20:04,960

rises out of his body through a cylinder

520

00:20:10,789 --> 00:20:08,159

light and we we watch him rise up this

521

00:20:12,950 --> 00:20:10,799

light and he stops just above us

522

00:20:15,990 --> 00:20:12,960

looks around at us

523

00:20:17,190 --> 00:20:16,000

and he thanks each of us for caring for

524

00:20:19,350 --> 00:20:17,200

him

525

00:20:22,149 --> 00:20:19,360

and what we notice about

526

00:20:25,270 --> 00:20:22,159

uh randy is that he is now healed

527

00:20:25,990 --> 00:20:25,280

his body that was covered with lesions

528

00:20:27,909 --> 00:20:26,000

and

529

00:20:30,870 --> 00:20:27,919

you know those deaths in those days with

530

00:20:32,310 --> 00:20:30,880

carpostus sarcomas just ugly death he

531

00:20:34,950 --> 00:20:32,320

has none of that

532

00:20:38,710 --> 00:20:34,960

and he's telling us

533

00:20:40,070 --> 00:20:38,720

he's free of his body and he's happy and

534

00:20:42,390 --> 00:20:40,080

then he

535

00:20:45,510 --> 00:20:42,400

travels further up that cylinder of

536

00:20:48,710 --> 00:20:45,520

light and is gone and all these brothers

537

00:20:49,669 --> 00:20:48,720

this community are rejoicing and hugging

538

00:20:52,549 --> 00:20:49,679

and

539

00:20:53,510 --> 00:20:52,559

feeling this beautiful goodbye

540

00:20:55,750 --> 00:20:53,520

of

541

00:20:57,270 --> 00:20:55,760

their beloved friend randy

542

00:20:58,870 --> 00:20:57,280

and so

543

00:21:00,710 --> 00:20:58,880

you know

544

00:21:02,230 --> 00:21:00,720

i think brad when he was sharing this

545

00:21:03,669 --> 00:21:02,240

story as well as others he would share

546

00:21:05,669 --> 00:21:03,679

with me because as i learned in my

547

00:21:07,430 --> 00:21:05,679

relationship with brad even previous to

548

00:21:10,310 --> 00:21:07,440

this he was what we would call

549

00:21:12,149 --> 00:21:10,320

psychopomp he was somebody who

550

00:21:15,350 --> 00:21:12,159

maybe a death duel or a midwife in

551
00:21:17,270 --> 00:21:15,360
modern parlance he knew how to help

552
00:21:19,110 --> 00:21:17,280
people

553
00:21:21,750 --> 00:21:19,120
leave this human life and go on to the

554
00:21:23,590 --> 00:21:21,760
next so he was that leader almost a

555
00:21:25,750 --> 00:21:23,600
shaman in this community but very

556
00:21:27,909 --> 00:21:25,760
informal you know these are all you know

557
00:21:28,710 --> 00:21:27,919
ad-hoc communities if you will

558
00:21:31,190 --> 00:21:28,720
and

559
00:21:33,190 --> 00:21:31,200
so but but he was as he was sharing this

560
00:21:36,870 --> 00:21:33,200
with me almost matter of fact almost

561
00:21:39,190 --> 00:21:36,880
checking me out but i always believed

562
00:21:40,390 --> 00:21:39,200
uh brad and others who shared these

563
00:21:42,549 --> 00:21:40,400

stories with me and i think

564

00:21:44,630 --> 00:21:42,559

unconsciously i believed it because i

565

00:21:46,630 --> 00:21:44,640

had that first near-death experience and

566

00:21:49,110 --> 00:21:46,640

they you know raymond moody and now have

567

00:21:52,310 --> 00:21:49,120

had subsequent conversations about this

568

00:21:54,549 --> 00:21:52,320

is we believe these are the same

569

00:21:57,510 --> 00:21:54,559

experience in terms of capacity of

570

00:21:59,669 --> 00:21:57,520

phenomena why because they're taking

571

00:22:02,549 --> 00:21:59,679

place in that same

572

00:22:05,830 --> 00:22:02,559

terrain that same geography that lives

573

00:22:07,350 --> 00:22:05,840

between human life human death and what

574

00:22:09,110 --> 00:22:07,360

comes after this

575

00:22:12,070 --> 00:22:09,120

i just want to interject one thing

576

00:22:13,990 --> 00:22:12,080

william because the scientist in you

577

00:22:15,350 --> 00:22:14,000

even at the time

578

00:22:17,110 --> 00:22:15,360

yeah you believe it because you had a

579

00:22:19,909 --> 00:22:17,120

near-death experience but if i remember

580

00:22:22,230 --> 00:22:19,919

correctly you go there right you go

581

00:22:24,549 --> 00:22:22,240

there and you ask the right not everyone

582

00:22:27,750 --> 00:22:24,559

would do that so thank you yeah thank

583

00:22:28,710 --> 00:22:27,760

you so i was so fascinated by this

584

00:22:30,630 --> 00:22:28,720

um

585

00:22:32,390 --> 00:22:30,640

you know and

586

00:22:34,070 --> 00:22:32,400

i said brad

587

00:22:35,990 --> 00:22:34,080

would i be able to

588

00:22:38,230 --> 00:22:36,000

talk to your other

589

00:22:41,510 --> 00:22:38,240

um brothers

590

00:22:43,750 --> 00:22:41,520

and you know he was like kind of okay

591

00:22:45,830 --> 00:22:43,760

but like really like he's a little bit

592

00:22:48,070 --> 00:22:45,840

hesitant you know i'm still a mental

593

00:22:50,950 --> 00:22:48,080

health worker you know and you know we

594

00:22:52,149 --> 00:22:50,960

have not treated this community well

595

00:22:54,310 --> 00:22:52,159

quite frankly

596

00:22:56,390 --> 00:22:54,320

um but we had a good enough relationship

597

00:22:57,110 --> 00:22:56,400

so i remember going down there taking

598

00:22:58,870 --> 00:22:57,120

this

599

00:23:01,510 --> 00:22:58,880

long walk you know from you know from

600

00:23:04,789 --> 00:23:01,520

the tenderloin district of santa of san

601
00:23:07,350 --> 00:23:04,799
francisco across market street down into

602
00:23:09,029 --> 00:23:07,360
the old area which is now south of

603
00:23:11,350 --> 00:23:09,039
market now in the

604
00:23:13,750 --> 00:23:11,360
late 80s early 90s south of market is

605
00:23:16,230 --> 00:23:13,760
not what it is today this was a

606
00:23:19,830 --> 00:23:16,240
abandoned many buildings burned out it

607
00:23:22,390 --> 00:23:19,840
was not safe drug deals prostitution

608
00:23:23,669 --> 00:23:22,400
and there we are we hike up one set of

609
00:23:27,430 --> 00:23:23,679
stairs

610
00:23:30,470 --> 00:23:27,440
cement only concrete only and there

611
00:23:31,830 --> 00:23:30,480
is these tents and a fire pit

612
00:23:33,350 --> 00:23:31,840
and

613
00:23:35,510 --> 00:23:33,360

some of his brothers are there but this

614

00:23:37,830 --> 00:23:35,520

was midday most of the because i went

615

00:23:40,149 --> 00:23:37,840

during my lunch hour most of them were

616

00:23:42,789 --> 00:23:40,159

out doing what people who are are

617

00:23:45,430 --> 00:23:42,799

without a home do during the day they go

618

00:23:47,350 --> 00:23:45,440

and get services they forage for food

619

00:23:48,549 --> 00:23:47,360

and so there's just a few of them there

620

00:23:49,830 --> 00:23:48,559

but they had been there and so i

621

00:23:52,230 --> 00:23:49,840

remember talking to them and i asked

622

00:23:55,430 --> 00:23:52,240

them and they looked at brad as if to

623

00:23:56,470 --> 00:23:55,440

say do you want us to share this

624

00:24:02,310 --> 00:23:56,480

and

625

00:24:05,269 --> 00:24:02,320

they acknowledged an experience

626
00:24:07,350 --> 00:24:05,279
that was profound but what i and i knew

627
00:24:09,750 --> 00:24:07,360
in their eyes that it was profound and

628
00:24:11,510 --> 00:24:09,760
they talked about the light

629
00:24:12,390 --> 00:24:11,520
and they talked but they also did

630
00:24:14,390 --> 00:24:12,400
something

631
00:24:16,230 --> 00:24:14,400
really interesting they also stumbled

632
00:24:18,710 --> 00:24:16,240
upon their words

633
00:24:20,470 --> 00:24:18,720
because as i learned later now with you

634
00:24:23,190 --> 00:24:20,480
know hundreds of interviews the

635
00:24:25,430 --> 00:24:23,200
ineffability of this experience when

636
00:24:26,630 --> 00:24:25,440
you're talking to someone who's well

637
00:24:30,070 --> 00:24:26,640
dressed

638
00:24:31,990 --> 00:24:30,080

as they were not a mental health worker

639

00:24:34,149 --> 00:24:32,000

they're a little tentative and scared

640

00:24:36,710 --> 00:24:34,159

you know and and they're living in a in

641

00:24:37,510 --> 00:24:36,720

a building that is not theirs

642

00:24:42,789 --> 00:24:37,520

so

643

00:24:44,310 --> 00:24:42,799

this this is the psychotherapist in me

644

00:24:46,070 --> 00:24:44,320

at that time i wasn't licensed that

645

00:24:48,470 --> 00:24:46,080

point but that's the the person who's

646

00:24:50,710 --> 00:24:48,480

sensing in saying oh this is really hard

647

00:24:53,430 --> 00:24:50,720

for them to talk about but they gave me

648

00:24:56,230 --> 00:24:53,440

enough to know like okay

649

00:24:58,870 --> 00:24:56,240

we are talking about a shared experience

650

00:25:00,710 --> 00:24:58,880

and it was i mean just to look at their

651
00:25:02,710 --> 00:25:00,720
eyes and they're looking at brad as if

652
00:25:05,350 --> 00:25:02,720
to say do you want us

653
00:25:07,350 --> 00:25:05,360
to share this with him and brad

654
00:25:08,390 --> 00:25:07,360
knowledge yeah you can trust him

655
00:25:09,909 --> 00:25:08,400
one of the things i think is so

656
00:25:12,149 --> 00:25:09,919
incredible about that again putting

657
00:25:14,950 --> 00:25:12,159
these pieces together so you've had a

658
00:25:17,190 --> 00:25:14,960
near-death experience so you're open and

659
00:25:20,470 --> 00:25:17,200
then you're open enough in all these

660
00:25:23,430 --> 00:25:20,480
other pretty terrific ways to connect

661
00:25:25,430 --> 00:25:23,440
with these people and hear this story

662
00:25:29,830 --> 00:25:25,440
but when we step back

663
00:25:32,149 --> 00:25:29,840

this is so paradigm shattering that i

664

00:25:33,990 --> 00:25:32,159

just don't think many people would be

665

00:25:36,789 --> 00:25:34,000

put in that position where they could

666

00:25:41,110 --> 00:25:36,799

absorb any of that because again this is

667

00:25:43,909 --> 00:25:41,120

way way outside of anything we consider

668

00:25:45,430 --> 00:25:43,919

within this consensus reality

669

00:25:47,110 --> 00:25:45,440

thing that we talk about here and we're

670

00:25:49,190 --> 00:25:47,120

going to talk about that some more but i

671

00:25:51,990 --> 00:25:49,200

don't want to lose the fact that

672

00:25:54,230 --> 00:25:52,000

this is paradigm shattering we're

673

00:25:57,590 --> 00:25:54,240

talking about a group of people

674

00:25:59,669 --> 00:25:57,600

who collectively experienced

675

00:26:01,750 --> 00:25:59,679

this connection with

676
00:26:03,830 --> 00:26:01,760
the the afterlife

677
00:26:05,269 --> 00:26:03,840
through this person who is making that

678
00:26:07,269 --> 00:26:05,279
transition

679
00:26:08,549 --> 00:26:07,279
i mean i just like i could say it over

680
00:26:10,549 --> 00:26:08,559
and over again

681
00:26:13,110 --> 00:26:10,559
that's so remarkable it's so remarkable

682
00:26:15,190 --> 00:26:13,120
and it's so remarkable that you were the

683
00:26:17,750 --> 00:26:15,200
person who was there

684
00:26:20,470 --> 00:26:17,760
because you were uniquely able to

685
00:26:22,310 --> 00:26:20,480
take that experience and run with it the

686
00:26:23,990 --> 00:26:22,320
way that you have with this book and

687
00:26:25,110 --> 00:26:24,000
with this project and with this whole

688
00:26:26,630 --> 00:26:25,120

thing

689

00:26:27,830 --> 00:26:26,640

yeah well thank you for saying that you

690

00:26:29,909 --> 00:26:27,840

know i'm going to add another piece of

691

00:26:31,830 --> 00:26:29,919

information that was also central in

692

00:26:34,070 --> 00:26:31,840

this and that is you know i was living

693

00:26:37,029 --> 00:26:34,080

and working in central and south america

694

00:26:39,990 --> 00:26:37,039

and working with refugees of

695

00:26:41,269 --> 00:26:40,000

um of these civil wars there and most of

696

00:26:42,789 --> 00:26:41,279

the people i was working with were

697

00:26:46,149 --> 00:26:42,799

indigenous people

698

00:26:49,669 --> 00:26:46,159

uh the armada indians uh in southern

699

00:26:52,390 --> 00:26:49,679

peru and and also of course in bolivia

700

00:26:53,909 --> 00:26:52,400

these were shamanistic cultures and i

701
00:26:56,390 --> 00:26:53,919
was listening

702
00:26:57,830 --> 00:26:56,400
and as i was you know learning my

703
00:26:59,430 --> 00:26:57,840
spanish i mean we're both speaking

704
00:27:01,590 --> 00:26:59,440
second languages to each other so when

705
00:27:04,630 --> 00:27:01,600
you have that appreciation you talk

706
00:27:08,870 --> 00:27:04,640
slower you clarify things and i remember

707
00:27:12,070 --> 00:27:08,880
hearing these expressions of journeys

708
00:27:14,549 --> 00:27:12,080
this is the language that these imada

709
00:27:16,630 --> 00:27:14,559
people were sharing with me as i would

710
00:27:18,950 --> 00:27:16,640
spend a good deal of time with them

711
00:27:20,630 --> 00:27:18,960
and and it fit because my near-death

712
00:27:22,549 --> 00:27:20,640
experiences you've so

713
00:27:25,269 --> 00:27:22,559

keenly

714

00:27:26,789 --> 00:27:25,279

identified as a you know

715

00:27:28,470 --> 00:27:26,799

transformational experience in my

716

00:27:30,070 --> 00:27:28,480

consciousness if you will and my

717

00:27:31,110 --> 00:27:30,080

understanding of how this world is put

718

00:27:33,510 --> 00:27:31,120

together

719

00:27:35,669 --> 00:27:33,520

their experiences fit with that because

720

00:27:38,230 --> 00:27:35,679

they talked about

721

00:27:42,310 --> 00:27:38,240

dream travel and going to other realms

722

00:27:44,630 --> 00:27:42,320

it was a part of their reality so having

723

00:27:46,630 --> 00:27:44,640

just spent three years in these in this

724

00:27:48,870 --> 00:27:46,640

environment coming back and getting my

725

00:27:51,110 --> 00:27:48,880

first job and then hearing brad and

726

00:27:52,310 --> 00:27:51,120

others talk about this was like

727

00:27:53,750 --> 00:27:52,320

oh

728

00:27:56,070 --> 00:27:53,760

okay

729

00:27:58,630 --> 00:27:56,080

you know this makes sense to me it all

730

00:28:01,190 --> 00:27:58,640

kind of fits together and i will say

731

00:28:02,870 --> 00:28:01,200

i'm a pretty good synthesizer of things

732

00:28:04,870 --> 00:28:02,880

and that with my receptivity and

733

00:28:06,549 --> 00:28:04,880

openness i will say

734

00:28:07,750 --> 00:28:06,559

that's one of the things i think i do

735

00:28:09,350 --> 00:28:07,760

well i struggle with a lot of other

736

00:28:10,310 --> 00:28:09,360

things but that's something i can do

737

00:28:12,310 --> 00:28:10,320

okay

738

00:28:14,230 --> 00:28:12,320

so near the end of the book again the

739

00:28:15,750 --> 00:28:14,240

book is at heaven's door

740

00:28:17,750 --> 00:28:15,760

you really want to check it out i think

741

00:28:19,590 --> 00:28:17,760

you'll really enjoy it it is somewhat of

742

00:28:22,230 --> 00:28:19,600

a page turner with all these stories

743

00:28:24,230 --> 00:28:22,240

it's it's not weighted down but it's

744

00:28:27,510 --> 00:28:24,240

also a personal book near the end you

745

00:28:29,590 --> 00:28:27,520

talk about the passing of your dad

746

00:28:32,549 --> 00:28:29,600

you talk about it in a very complicated

747

00:28:34,710 --> 00:28:32,559

way with the family relationship which i

748

00:28:36,149 --> 00:28:34,720

appreciate all family relationships are

749

00:28:39,029 --> 00:28:36,159

complicated

750

00:28:41,510 --> 00:28:39,039

but it's also a really important story

751

00:28:43,590 --> 00:28:41,520

it's like a bookend to this

752

00:28:45,110 --> 00:28:43,600

to this book you know and it wraps up a

753

00:28:46,630 --> 00:28:45,120

lot of things and brings them all

754

00:28:49,110 --> 00:28:46,640

together in a way

755

00:28:51,190 --> 00:28:49,120

could you would you mind telling about

756

00:28:52,710 --> 00:28:51,200

that story

757

00:28:54,470 --> 00:28:52,720

sure so

758

00:28:57,430 --> 00:28:54,480

um

759

00:29:01,750 --> 00:28:57,440

yeah here i am

760

00:29:04,549 --> 00:29:01,760

with my family my father has been

761

00:29:05,990 --> 00:29:04,559

in a memory care facility for

762

00:29:08,710 --> 00:29:06,000

a number of years

763

00:29:11,750 --> 00:29:08,720

and we are in covet and so no one has

764

00:29:15,110 --> 00:29:11,760

seen my father so this is just again

765

00:29:18,070 --> 00:29:15,120

this is present day now you've gone on

766

00:29:20,310 --> 00:29:18,080

20 years of working with

767

00:29:23,110 --> 00:29:20,320

in in grief therapy

768

00:29:25,590 --> 00:29:23,120

being completely immersing yourself in

769

00:29:28,230 --> 00:29:25,600

all this near-death and after death

770

00:29:29,909 --> 00:29:28,240

hospice stuff you're like an expert in

771

00:29:31,190 --> 00:29:29,919

a million of these different fields but

772

00:29:33,029 --> 00:29:31,200

you are like

773

00:29:35,909 --> 00:29:33,039

one of the foremost experts on this

774

00:29:38,310 --> 00:29:35,919

shared death experience when your dad is

775

00:29:39,110 --> 00:29:38,320

approaching his crossing so now you're

776

00:29:40,549 --> 00:29:39,120

like

777

00:29:43,190 --> 00:29:40,559

from one end

778

00:29:44,630 --> 00:29:43,200

with brad where you're kind of this what

779

00:29:46,870 --> 00:29:44,640

is this thing

780

00:29:49,430 --> 00:29:46,880

now you're like one of the leading

781

00:29:50,870 --> 00:29:49,440

experts in the world at this with your

782

00:29:52,950 --> 00:29:50,880

at your dad's crossing would you say

783

00:29:55,430 --> 00:29:52,960

that's fair to say

784

00:29:57,750 --> 00:29:55,440

i'd say that's true yeah i mean and to

785

00:29:59,430 --> 00:29:57,760

be really clear there are not very

786

00:30:00,710 --> 00:29:59,440

there's only a handful of people are

787

00:30:03,430 --> 00:30:00,720

even looking at the shared death

788

00:30:05,190 --> 00:30:03,440

experience and i i should that's not

789

00:30:07,350 --> 00:30:05,200

your problem that's not your problem

790

00:30:09,110 --> 00:30:07,360

that i mean there should be thousands so

791

00:30:11,669 --> 00:30:09,120

you know that's like yeah that's not

792

00:30:13,830 --> 00:30:11,679

like a mark against you

793

00:30:17,350 --> 00:30:13,840

no i'm yeah absolutely and you know and

794

00:30:19,510 --> 00:30:17,360

i i should say you know i the research i

795

00:30:21,909 --> 00:30:19,520

as a researcher i you know we have a

796

00:30:23,669 --> 00:30:21,919

great team here i mean i have dr michael

797

00:30:26,149 --> 00:30:23,679

consella who's our

798

00:30:26,950 --> 00:30:26,159

chief of research and comes at this from

799

00:30:30,950 --> 00:30:26,960

uh

800

00:30:32,950 --> 00:30:30,960

cognitive sciences and you know dr

801
00:30:35,029 --> 00:30:32,960
monica williams an emergency room

802
00:30:36,710 --> 00:30:35,039
physician these we're really tackling

803
00:30:38,950 --> 00:30:36,720
this multi-disciplinary

804
00:30:40,630 --> 00:30:38,960
lee in a way so that we can really

805
00:30:43,909 --> 00:30:40,640
look at what these experiences are but

806
00:30:46,389 --> 00:30:43,919
in the moment that i'm with my father

807
00:30:49,430 --> 00:30:46,399
all that doesn't matter

808
00:30:51,190 --> 00:30:49,440
here i am with my father we have been

809
00:30:53,269 --> 00:30:51,200
granted access

810
00:30:54,389 --> 00:30:53,279
just as there's been an opening in covid

811
00:30:56,230 --> 00:30:54,399
we're still

812
00:30:58,310 --> 00:30:56,240
dressed in ppe

813
00:31:00,230 --> 00:30:58,320

and we're doing sitting vigil now with

814

00:31:03,269 --> 00:31:00,240

with him my my brother and sister and my

815

00:31:05,269 --> 00:31:03,279

mother all taking kind of

816

00:31:07,350 --> 00:31:05,279

shifts if you will

817

00:31:10,630 --> 00:31:07,360

but i had the opportunity to be with him

818

00:31:12,870 --> 00:31:10,640

most of the day you know four days

819

00:31:16,830 --> 00:31:12,880

and

820

00:31:22,230 --> 00:31:19,909

um a couple things happen that i'll

821

00:31:23,669 --> 00:31:22,240

share one is

822

00:31:25,909 --> 00:31:23,679

i'm

823

00:31:27,830 --> 00:31:25,919

all of a sudden

824

00:31:30,310 --> 00:31:27,840

i'm pulled into a different space and

825

00:31:32,549 --> 00:31:30,320

this is a common experience so here's

826

00:31:34,310 --> 00:31:32,559

the thing that is really important as an

827

00:31:36,710 --> 00:31:34,320

experiencer i've had probably a couple

828

00:31:39,029 --> 00:31:36,720

dozen shared death experiences

829

00:31:41,509 --> 00:31:39,039

and the thing that is the kind of the

830

00:31:45,110 --> 00:31:41,519

gateway experience to it is there's

831

00:31:48,310 --> 00:31:45,120

usually a shift in energy a frequency

832

00:31:50,549 --> 00:31:48,320

shift that i notice in my body

833

00:31:52,710 --> 00:31:50,559

there's a focused

834

00:31:55,430 --> 00:31:52,720

uh attention in other words my the

835

00:31:57,669 --> 00:31:55,440

aperture for my life gets narrow i hear

836

00:31:59,190 --> 00:31:57,679

a high pitch in my ears

837

00:32:01,430 --> 00:31:59,200

and this is all energetic stuff

838

00:32:03,750 --> 00:32:01,440

happening and then the light changes

839

00:32:04,789 --> 00:32:03,760

and this is all happening and then all

840

00:32:05,830 --> 00:32:04,799

of a sudden

841

00:32:07,669 --> 00:32:05,840

boom

842

00:32:09,590 --> 00:32:07,679

i'm in another dimension

843

00:32:12,710 --> 00:32:09,600

and i am

844

00:32:14,470 --> 00:32:12,720

seeing my grandmother

845

00:32:17,590 --> 00:32:14,480

and my aunt who had

846

00:32:20,470 --> 00:32:17,600

both died a couple decades earlier

847

00:32:21,990 --> 00:32:20,480

and they're there and they are looking

848

00:32:24,070 --> 00:32:22,000

it looks like they're at the foot of the

849

00:32:26,310 --> 00:32:24,080

bed elevated dark background it looks

850

00:32:28,549 --> 00:32:26,320

like they're looking down at my father

851
00:32:31,029 --> 00:32:28,559
that's the angle i'm getting

852
00:32:32,630 --> 00:32:31,039
and then i see this man

853
00:32:35,830 --> 00:32:32,640
come across

854
00:32:37,830 --> 00:32:35,840
uh who wishes to to actually talk to my

855
00:32:40,230 --> 00:32:37,840
mother

856
00:32:41,830 --> 00:32:40,240
i never seen him before but i recognized

857
00:32:44,149 --> 00:32:41,840
him energetically as my grandfather

858
00:32:45,269 --> 00:32:44,159
because he died when i was two years old

859
00:32:47,350 --> 00:32:45,279
and

860
00:32:50,310 --> 00:32:47,360
he has a beautiful exchange with my

861
00:32:51,190 --> 00:32:50,320
mother and i say that's more you can see

862
00:32:52,630 --> 00:32:51,200
that in the book because there's

863
00:32:53,909 --> 00:32:52,640

something really important that happens

864

00:32:56,549 --> 00:32:53,919

there

865

00:32:59,190 --> 00:32:56,559

but i'm now wondering

866

00:33:01,909 --> 00:32:59,200

why are we not taking my father he is

867

00:33:03,509 --> 00:33:01,919

laboring he has he's ready to go and i'm

868

00:33:05,509 --> 00:33:03,519

wondering why

869

00:33:07,029 --> 00:33:05,519

why are we not taking him

870

00:33:08,230 --> 00:33:07,039

why are you i'm actually talking to my

871

00:33:09,430 --> 00:33:08,240

grandmother and aunt why aren't you

872

00:33:11,190 --> 00:33:09,440

taking him

873

00:33:13,669 --> 00:33:11,200

and i can see this cylinder of light

874

00:33:15,269 --> 00:33:13,679

coming down from where they are about a

875

00:33:17,269 --> 00:33:15,279

quarter of the way almost to my father's

876

00:33:18,950 --> 00:33:17,279

body and i get this sense i've seen

877

00:33:21,350 --> 00:33:18,960

these before and we see it in the

878

00:33:23,430 --> 00:33:21,360

research this light is often a bridge

879

00:33:24,870 --> 00:33:23,440

for the dying to travel up as they leave

880

00:33:28,549 --> 00:33:24,880

oh we saw that i just talked about that

881

00:33:31,269 --> 00:33:28,559

with brad and randy what he saw so

882

00:33:33,750 --> 00:33:31,279

this amazing experience happens and that

883

00:33:36,070 --> 00:33:33,760

is that they they

884

00:33:37,110 --> 00:33:36,080

both my aunt and my

885

00:33:40,630 --> 00:33:37,120

grandmother

886

00:33:43,590 --> 00:33:40,640

avert their gaze and they move out up up

887

00:33:46,149 --> 00:33:43,600

above my father's body basically

888

00:33:49,269 --> 00:33:46,159

and they basically telepathically tell

889

00:33:55,909 --> 00:33:50,710

this

890

00:33:56,870 --> 00:33:55,919

what i really say is he's in charge like

891

00:33:59,909 --> 00:33:56,880

he

892

00:34:01,190 --> 00:33:59,919

as a as i move my attention

893

00:34:02,310 --> 00:34:01,200

over

894

00:34:05,190 --> 00:34:02,320

to that

895

00:34:07,190 --> 00:34:05,200

presence if you will and i lock my

896

00:34:08,950 --> 00:34:07,200

energy field into it and i don't know

897

00:34:10,550 --> 00:34:08,960

how that happens other than

898

00:34:12,950 --> 00:34:10,560

i just move my attention there and i

899

00:34:14,629 --> 00:34:12,960

feel this pull on my heart

900

00:34:18,710 --> 00:34:14,639

and

901
00:34:21,109 --> 00:34:18,720
bam i go oh my gosh

902
00:34:22,950 --> 00:34:21,119
this is that force that i have

903
00:34:24,550 --> 00:34:22,960
identified in the research as the

904
00:34:30,470 --> 00:34:24,560
conductor

905
00:34:32,710 --> 00:34:30,480
manages the transition

906
00:34:34,869 --> 00:34:32,720
of a human spirit soul call it what you

907
00:34:37,030 --> 00:34:34,879
want consciousness from a human body

908
00:34:41,349 --> 00:34:37,040
into the afterlife

909
00:34:42,389 --> 00:34:41,359
and when i lock on that i feel the

910
00:34:43,589 --> 00:34:42,399
awesome

911
00:34:46,470 --> 00:34:43,599
power

912
00:34:48,550 --> 00:34:46,480
and force of this being and it is just

913
00:34:50,950 --> 00:34:48,560

the energy is coursing through my body i

914

00:34:52,389 --> 00:34:50,960

start weeping right there i go oh my god

915

00:34:55,349 --> 00:34:52,399

i mean i can weep right now i mean

916

00:34:58,069 --> 00:34:55,359

that's the conductor that's this force

917

00:34:59,589 --> 00:34:58,079

that is gonna take my father from this

918

00:35:03,030 --> 00:34:59,599

human life

919

00:35:04,790 --> 00:35:03,040

into an afterlife and just in that

920

00:35:07,670 --> 00:35:04,800

moment i don't have words for it it's

921

00:35:08,950 --> 00:35:07,680

like it's the majesty of the universe

922

00:35:11,349 --> 00:35:08,960

it's like

923

00:35:13,349 --> 00:35:11,359

it's this great mystery and it is so

924

00:35:14,310 --> 00:35:13,359

awe-inspiring and

925

00:35:17,349 --> 00:35:14,320

uh

926
00:35:19,910 --> 00:35:17,359
heartwarming i don't have words for it

927
00:35:23,030 --> 00:35:21,190
and so

928
00:35:25,829 --> 00:35:23,040
at that moment

929
00:35:28,230 --> 00:35:25,839
right as i'm feeling this

930
00:35:29,109 --> 00:35:28,240
my brother walks into the room

931
00:35:31,349 --> 00:35:29,119
and

932
00:35:34,630 --> 00:35:31,359
that moment is lost as i'm pulled back

933
00:35:36,150 --> 00:35:34,640
into the material human dimension

934
00:35:37,430 --> 00:35:36,160
and unfortunately i was never able to

935
00:35:39,270 --> 00:35:37,440
get it back

936
00:35:41,349 --> 00:35:39,280
um because then my brother's there

937
00:35:43,829 --> 00:35:41,359
conversation goes on even though i

938
00:35:45,190 --> 00:35:43,839

should say my my mother and sister were

939

00:35:46,790 --> 00:35:45,200

there with me when i was having that

940

00:35:48,230 --> 00:35:46,800

experience

941

00:35:50,069 --> 00:35:48,240

they were they were we were very much

942

00:35:52,550 --> 00:35:50,079

kind of in silence or just like there

943

00:35:54,870 --> 00:35:52,560

was a there was a vigilness going on

944

00:36:02,069 --> 00:35:59,270

so my father dies peacefully beautifully

945

00:36:03,510 --> 00:36:02,079

and then afterwards

946

00:36:14,230 --> 00:36:03,520

i

947

00:36:17,190 --> 00:36:14,240

the moor came and to the excuse me to

948

00:36:19,109 --> 00:36:17,200

the funeral um you know authorities came

949

00:36:19,990 --> 00:36:19,119

to take his body the mortuary i should

950

00:36:21,990 --> 00:36:20,000

say

951
00:36:23,430 --> 00:36:22,000
and so

952
00:36:25,750 --> 00:36:23,440
during this time another beautiful

953
00:36:27,589 --> 00:36:25,760
experience happens his caregivers who'd

954
00:36:30,630 --> 00:36:27,599
been taking care of him during coven

955
00:36:31,990 --> 00:36:30,640
because there's no family members there

956
00:36:33,670 --> 00:36:32,000
knock on the door

957
00:36:34,870 --> 00:36:33,680
and ask if they can come in to pay their

958
00:36:37,829 --> 00:36:34,880
last

959
00:36:39,510 --> 00:36:37,839
respects and i was like well

960
00:36:41,910 --> 00:36:39,520
thank you yes

961
00:36:43,990 --> 00:36:41,920
so six of these beautiful

962
00:36:46,710 --> 00:36:44,000
caregivers

963
00:36:49,030 --> 00:36:46,720

from all over the world alex these were

964

00:36:50,310 --> 00:36:49,040

these were people that you know were

965

00:36:52,470 --> 00:36:50,320

speaking english as their second

966

00:36:54,710 --> 00:36:52,480

language most of them i mean they were

967

00:36:56,630 --> 00:36:54,720

fluent but

968

00:36:59,430 --> 00:36:56,640

it was like oh my gosh

969

00:37:00,710 --> 00:36:59,440

there are these beautiful people

970

00:37:02,630 --> 00:37:00,720

that are here to take care to say

971

00:37:05,109 --> 00:37:02,640

goodbye to my father and they said the

972

00:37:06,870 --> 00:37:05,119

most beautiful things about my father

973

00:37:08,470 --> 00:37:06,880

and and now

974

00:37:09,829 --> 00:37:08,480

you alluded to this and i did go into

975

00:37:11,349 --> 00:37:09,839

more detail in the book i had a

976

00:37:13,589 --> 00:37:11,359

challenging relationship with my father

977

00:37:16,230 --> 00:37:13,599

he was a business person and a venture

978

00:37:18,870 --> 00:37:16,240

capitalist and he'd done well in silicon

979

00:37:19,670 --> 00:37:18,880

valley he could not understand

980

00:37:20,550 --> 00:37:19,680

um

981

00:37:22,790 --> 00:37:20,560

his

982

00:37:24,230 --> 00:37:22,800

spiritual son

983

00:37:26,069 --> 00:37:24,240

he just couldn't

984

00:37:27,030 --> 00:37:26,079

um and

985

00:37:29,910 --> 00:37:27,040

he couldn't understand even the

986

00:37:33,109 --> 00:37:29,920

psychotherapist he he just didn't just

987

00:37:35,510 --> 00:37:33,119

jive with him so we had a a relationship

988

00:37:37,030 --> 00:37:35,520

that had some tension in it

989

00:37:39,430 --> 00:37:37,040

certainly distance and more than

990

00:37:40,950 --> 00:37:39,440

anything else a lot of disappointment

991

00:37:42,390 --> 00:37:40,960

about not being able to see each other

992

00:37:44,550 --> 00:37:42,400

and connect

993

00:37:47,510 --> 00:37:44,560

and i express that to

994

00:37:48,829 --> 00:37:47,520

my father to his corpse

995

00:37:51,190 --> 00:37:48,839

saying

996

00:37:53,349 --> 00:37:51,200

ah you had such a wonderful loving

997

00:37:54,790 --> 00:37:53,359

relationship with these caregivers but

998

00:37:57,349 --> 00:37:54,800

we didn't have that

999

00:37:59,190 --> 00:37:57,359

and i'm sad about that and in that

1000

00:38:01,430 --> 00:37:59,200

moment

1001
00:38:02,829 --> 00:38:01,440
i'm in another visionary state and i'm

1002
00:38:05,910 --> 00:38:02,839
watching the

1003
00:38:09,030 --> 00:38:05,920
movie a movie

1004
00:38:10,870 --> 00:38:09,040
that has scenes that some i know

1005
00:38:13,270 --> 00:38:10,880
that i can kind of remember

1006
00:38:15,589 --> 00:38:13,280
but most of them i could not

1007
00:38:17,589 --> 00:38:15,599
in other words oh my gosh where are you

1008
00:38:18,630 --> 00:38:17,599
getting this footage from

1009
00:38:21,109 --> 00:38:18,640
because

1010
00:38:24,069 --> 00:38:21,119
that was not anything i remember i i

1011
00:38:26,230 --> 00:38:24,079
would remember the the place maybe

1012
00:38:28,630 --> 00:38:26,240
or that that chapter of our lives

1013
00:38:31,990 --> 00:38:28,640

together but that but the

1014

00:38:33,829 --> 00:38:32,000

actual scene and the feelings and the

1015

00:38:36,069 --> 00:38:33,839

expressions no

1016

00:38:38,069 --> 00:38:36,079

and so for me this is you know this is

1017

00:38:39,190 --> 00:38:38,079

that what we call that shared life

1018

00:38:43,510 --> 00:38:39,200

review

1019

00:38:44,630 --> 00:38:43,520

together

1020

00:38:45,829 --> 00:38:44,640

and in the

1021

00:38:47,430 --> 00:38:45,839

you know in our research we've

1022

00:38:49,589 --> 00:38:47,440

identified three different types of life

1023

00:38:51,349 --> 00:38:49,599

reviews this is one of them

1024

00:38:53,990 --> 00:38:51,359

where you're reviewing your life with

1025

00:38:55,750 --> 00:38:54,000

the departing loved one together

1026

00:38:58,150 --> 00:38:55,760

and

1027

00:39:01,190 --> 00:38:58,160

it was healing for me to see that there

1028

00:39:02,790 --> 00:39:01,200

were times when i knew that he loved me

1029

00:39:05,109 --> 00:39:02,800

as best he could

1030

00:39:07,109 --> 00:39:05,119

and there was also the delivery a very

1031

00:39:08,550 --> 00:39:07,119

important message and that is that my

1032

00:39:12,710 --> 00:39:08,560

father

1033

00:39:14,950 --> 00:39:12,720

he was a human being as well

1034

00:39:19,270 --> 00:39:14,960

who had his own

1035

00:39:23,430 --> 00:39:19,280

challenges traumas tribulations

1036

00:39:25,750 --> 00:39:23,440

you know his father died young and he

1037

00:39:28,550 --> 00:39:25,760

lived a life with that grief and not

1038

00:39:31,349 --> 00:39:28,560

having the tools to work with it the way

1039

00:39:35,430 --> 00:39:31,359

i was given tools to work with it my own

1040

00:39:38,310 --> 00:39:35,440

grief so these are very very healing um

1041

00:39:39,750 --> 00:39:38,320

experiences uh this life review

1042

00:39:43,270 --> 00:39:39,760

and

1043

00:39:44,790 --> 00:39:43,280

for us when we look at the shared death

1044

00:39:46,710 --> 00:39:44,800

experience

1045

00:39:49,109 --> 00:39:46,720

that

1046

00:39:50,710 --> 00:39:49,119

you said quite well it challenges our

1047

00:39:53,109 --> 00:39:50,720

scientific medical

1048

00:39:55,109 --> 00:39:53,119

perspective on things absolutely you

1049

00:39:58,230 --> 00:39:55,119

know here we are i'm in a relationship

1050

00:40:00,790 --> 00:39:58,240

with having these experiences you know

1051
00:40:02,069 --> 00:40:00,800
with a consciousness seemingly that

1052
00:40:04,390 --> 00:40:02,079
by

1053
00:40:06,390 --> 00:40:04,400
fiscalism cannot exist anymore and here

1054
00:40:08,230 --> 00:40:06,400
i am having this experience with what

1055
00:40:10,069 --> 00:40:08,240
i'm experiencing

1056
00:40:12,069 --> 00:40:10,079
interpreting as his consciousness in

1057
00:40:15,349 --> 00:40:12,079
some way there's some way we are

1058
00:40:17,349 --> 00:40:15,359
still in relationship even though he is

1059
00:40:19,109 --> 00:40:17,359
you know this is now an hour or two

1060
00:40:21,430 --> 00:40:19,119
after his physical

1061
00:40:23,990 --> 00:40:21,440
uh human death medical death i should

1062
00:40:26,069 --> 00:40:24,000
say so

1063
00:40:27,750 --> 00:40:26,079

but the transformation that i

1064

00:40:29,270 --> 00:40:27,760

experienced in my relationship to my

1065

00:40:32,470 --> 00:40:29,280

father because of the shared death

1066

00:40:34,150 --> 00:40:32,480

experience was so healing and this is

1067

00:40:36,390 --> 00:40:34,160

you know i'm a psychotherapist i work in

1068

00:40:38,550 --> 00:40:36,400

end of life and i want

1069

00:40:41,910 --> 00:40:38,560

these experiences to be known because

1070

00:40:43,990 --> 00:40:41,920

they're healing they're fascinating but

1071

00:40:45,190 --> 00:40:44,000

but they're more than anything else they

1072

00:40:46,870 --> 00:40:45,200

offer

1073

00:40:49,270 --> 00:40:46,880

a different

1074

00:40:51,910 --> 00:40:49,280

wholly more meaningful and healthy way

1075

00:40:53,270 --> 00:40:51,920

to look at not just death itself but

1076

00:40:55,430 --> 00:40:53,280

what

1077

00:40:58,390 --> 00:40:55,440

is the purpose and meaning and context

1078

00:41:00,470 --> 00:40:58,400

for our human life the sense that we

1079

00:41:02,069 --> 00:41:00,480

survive human death

1080

00:41:04,630 --> 00:41:02,079

and go on

1081

00:41:07,510 --> 00:41:04,640

and it's that going on piece that the

1082

00:41:08,630 --> 00:41:07,520

shared death experience seems to lay a

1083

00:41:10,230 --> 00:41:08,640

pretty

1084

00:41:12,550 --> 00:41:10,240

uh solid

1085

00:41:14,069 --> 00:41:12,560

foundation for especially when you pair

1086

00:41:15,109 --> 00:41:14,079

it with the near-death experience

1087

00:41:19,670 --> 00:41:15,119

because

1088

00:41:23,030 --> 00:41:19,680

it is the same terrain we are in the

1089

00:41:24,790 --> 00:41:23,040

same space and we have done the research

1090

00:41:26,550 --> 00:41:24,800

to verify that

1091

00:41:29,190 --> 00:41:26,560

yeah that's uh that's quite

1092

00:41:31,190 --> 00:41:29,200

extraordinary and i want to pick up on

1093

00:41:34,150 --> 00:41:31,200

that and kind of jump back and forth

1094

00:41:37,670 --> 00:41:34,160

between those two aspects of the

1095

00:41:39,430 --> 00:41:37,680

scientific and our consensus reality

1096

00:41:41,510 --> 00:41:39,440

and

1097

00:41:44,790 --> 00:41:41,520

where all the stuff seems to be really

1098

00:41:46,870 --> 00:41:44,800

happening in this extended consciousness

1099

00:41:48,630 --> 00:41:46,880

reality that

1100

00:41:50,630 --> 00:41:48,640

we don't really have

1101
00:41:52,710 --> 00:41:50,640
a handle on and you're trying to help us

1102
00:41:53,990 --> 00:41:52,720
get a handle on it so the best way i

1103
00:41:56,550 --> 00:41:54,000
know how to do that is kind of do it

1104
00:41:59,109 --> 00:41:56,560
skeptical style a little bit

1105
00:42:00,710 --> 00:41:59,119
which you led me right into because near

1106
00:42:01,750 --> 00:42:00,720
the end of the book

1107
00:42:04,710 --> 00:42:01,760
man

1108
00:42:06,550 --> 00:42:04,720
you take the gloves off william i mean

1109
00:42:08,950 --> 00:42:06,560
you take the gloves off regarding the

1110
00:42:11,349 --> 00:42:08,960
medical community you really call them

1111
00:42:13,510 --> 00:42:11,359
out in their lack of wisdom about the

1112
00:42:15,990 --> 00:42:13,520
dying process about the end of life

1113
00:42:18,550 --> 00:42:16,000

process you rip into the religious and

1114

00:42:21,589 --> 00:42:18,560

faith communities in a very appropriate

1115

00:42:24,390 --> 00:42:21,599

way about their handling of it and you

1116

00:42:28,630 --> 00:42:24,400

even take aim at

1117

00:42:30,069 --> 00:42:28,640

your own people there in in hospice and

1118

00:42:31,990 --> 00:42:30,079

particularly people who are focused in

1119

00:42:33,270 --> 00:42:32,000

end of life and again i think you do it

1120

00:42:36,950 --> 00:42:33,280

in a very

1121

00:42:39,829 --> 00:42:36,960

honest way a terrific way

1122

00:42:42,230 --> 00:42:39,839

my only complaint would be that you

1123

00:42:43,430 --> 00:42:42,240

don't even go far enough

1124

00:42:45,510 --> 00:42:43,440

and uh

1125

00:42:47,190 --> 00:42:45,520

i want you to talk about i want you to

1126
00:42:48,390 --> 00:42:47,200
talk about that a little bit and then i

1127
00:42:51,589 --> 00:42:48,400
want to

1128
00:42:53,190 --> 00:42:51,599
kind of throw out my working hypothesis

1129
00:42:54,710 --> 00:42:53,200
on that so

1130
00:42:57,030 --> 00:42:54,720
tell me tell me where you're at on that

1131
00:42:59,589 --> 00:42:57,040
i thought it was very brave of you to do

1132
00:43:00,950 --> 00:42:59,599
because you're a professional and you

1133
00:43:02,950 --> 00:43:00,960
this is your community and you're

1134
00:43:04,550 --> 00:43:02,960
willing to kind of call them to task

1135
00:43:05,910 --> 00:43:04,560
great

1136
00:43:07,270 --> 00:43:05,920
yes

1137
00:43:10,309 --> 00:43:07,280
so

1138
00:43:11,589 --> 00:43:10,319

you're correct i was

1139

00:43:12,790 --> 00:43:11,599

very much

1140

00:43:14,870 --> 00:43:12,800

walking

1141

00:43:16,710 --> 00:43:14,880

a line here i

1142

00:43:18,870 --> 00:43:16,720

work with

1143

00:43:21,750 --> 00:43:18,880

you know healthcare providers

1144

00:43:24,390 --> 00:43:21,760

mental health providers specifically

1145

00:43:26,710 --> 00:43:24,400

hospice workers of all kind end-of-life

1146

00:43:27,750 --> 00:43:26,720

practitioners across the board

1147

00:43:31,190 --> 00:43:27,760

and

1148

00:43:32,870 --> 00:43:31,200

i know the constraints

1149

00:43:34,710 --> 00:43:32,880

that these

1150

00:43:36,550 --> 00:43:34,720

dedicated workers

1151
00:43:38,870 --> 00:43:36,560
are under right now during the covid

1152
00:43:41,589 --> 00:43:38,880
let's let's face it i mean

1153
00:43:45,510 --> 00:43:41,599
the every system that provides any kind

1154
00:43:48,870 --> 00:43:45,520
of uh health care is just going

1155
00:43:51,030 --> 00:43:48,880
far and beyond uh what would be expected

1156
00:43:53,270 --> 00:43:51,040
of a normal human being and the amount

1157
00:43:54,550 --> 00:43:53,280
of care and attention and care you know

1158
00:43:56,790 --> 00:43:54,560
and compassion and love that they're

1159
00:43:58,870 --> 00:43:56,800
providing for us so and i work with

1160
00:44:01,829 --> 00:43:58,880
these people and i love them

1161
00:44:03,510 --> 00:44:01,839
but the point being here

1162
00:44:04,870 --> 00:44:03,520
is

1163
00:44:07,589 --> 00:44:04,880

that

1164

00:44:11,270 --> 00:44:07,599

this is a top-down system

1165

00:44:14,790 --> 00:44:11,280

and the top of this food chain is

1166

00:44:18,790 --> 00:44:14,800

medical sciences and that is locked in a

1167

00:44:20,710 --> 00:44:18,800

paradigm that cannot explain

1168

00:44:23,030 --> 00:44:20,720

near-death experiences share death

1169

00:44:25,430 --> 00:44:23,040

experiences and for that matter

1170

00:44:26,870 --> 00:44:25,440

most end of life phenomena whether it's

1171

00:44:28,950 --> 00:44:26,880

post-death dreams and visions or

1172

00:44:31,190 --> 00:44:28,960

pre-death end-of-life

1173

00:44:33,829 --> 00:44:31,200

dreams and visions all of that

1174

00:44:37,349 --> 00:44:33,839

is utterly unexplainable by our current

1175

00:44:39,349 --> 00:44:37,359

scientific materialist model

1176
00:44:41,030 --> 00:44:39,359
there are so many good people within

1177
00:44:43,270 --> 00:44:41,040
that system that know about the

1178
00:44:44,550 --> 00:44:43,280
experiences i'm talking about

1179
00:44:50,069 --> 00:44:44,560
and yet

1180
00:44:55,030 --> 00:44:50,079
fundamental

1181
00:44:58,309 --> 00:44:56,630
a resource

1182
00:45:00,790 --> 00:44:58,319
research based

1183
00:45:03,349 --> 00:45:00,800
that they could go to their

1184
00:45:07,109 --> 00:45:03,359
supervisors their higher ups and say

1185
00:45:09,670 --> 00:45:07,119
look at the data is here now

1186
00:45:11,589 --> 00:45:09,680
now alex

1187
00:45:12,710 --> 00:45:11,599
the share crossing research initiative

1188
00:45:14,309 --> 00:45:12,720

which i've already said but it's

1189

00:45:16,470 --> 00:45:14,319

comprised of you know dr michael

1190

00:45:18,710 --> 00:45:16,480

kinsella our chief of research

1191

00:45:19,829 --> 00:45:18,720

uh and then dr monica williams an er

1192

00:45:21,750 --> 00:45:19,839

physician

1193

00:45:22,550 --> 00:45:21,760

we have published

1194

00:45:24,069 --> 00:45:22,560

in

1195

00:45:26,470 --> 00:45:24,079

the american journal of hospice and

1196

00:45:29,510 --> 00:45:26,480

palliative medicine that is a leading

1197

00:45:31,510 --> 00:45:29,520

journal this is a foundational piece

1198

00:45:33,990 --> 00:45:31,520

that basically validates the shared

1199

00:45:35,270 --> 00:45:34,000

death experience with a robust

1200

00:45:37,430 --> 00:45:35,280

research

1201

00:45:39,670 --> 00:45:37,440

qualitative of course

1202

00:45:41,430 --> 00:45:39,680

but it's robust and it's significant and

1203

00:45:44,390 --> 00:45:41,440

it's getting attention

1204

00:45:46,550 --> 00:45:44,400

we're also just published in omega

1205

00:45:49,589 --> 00:45:46,560

journal of death and dying

1206

00:45:53,829 --> 00:45:52,710

we're we have now put our stakes in the

1207

00:45:55,349 --> 00:45:53,839

ground

1208

00:45:58,710 --> 00:45:55,359

in both the academic and medical

1209

00:45:59,589 --> 00:45:58,720

communities and this book now connects

1210

00:46:03,990 --> 00:45:59,599

the

1211

00:46:05,190 --> 00:46:04,000

books a general audience book for sure

1212

00:46:06,950 --> 00:46:05,200

but

1213

00:46:08,790 --> 00:46:06,960

the leading you know the people that are

1214

00:46:10,069 --> 00:46:08,800

really buying this up now in droves from

1215

00:46:12,630 --> 00:46:10,079

what i've been told are all sorts of

1216

00:46:15,030 --> 00:46:12,640

hospice workers and end-of-life workers

1217

00:46:17,750 --> 00:46:15,040

and and mental health people because

1218

00:46:20,390 --> 00:46:17,760

they know that these experiences happen

1219

00:46:22,470 --> 00:46:20,400

but they want to know how they can talk

1220

00:46:24,150 --> 00:46:22,480

about them and have

1221

00:46:25,990 --> 00:46:24,160

a literature

1222

00:46:28,390 --> 00:46:26,000

scholarly literature that can back them

1223

00:46:30,710 --> 00:46:28,400

up because you can't talk about these

1224

00:46:32,710 --> 00:46:30,720

experiences in a lot of medical settings

1225

00:46:35,030 --> 00:46:32,720

without being

1226

00:46:36,230 --> 00:46:35,040

essentially reprimanded

1227

00:46:38,630 --> 00:46:36,240

like don't talk about those

1228

00:46:40,470 --> 00:46:38,640

hallucinations those are delusions

1229

00:46:42,470 --> 00:46:40,480

don't don't affirm

1230

00:46:44,790 --> 00:46:42,480

something that's not real

1231

00:46:46,470 --> 00:46:44,800

and so now my as i to answer your

1232

00:46:49,190 --> 00:46:46,480

questions directly my goal is for this

1233

00:46:52,309 --> 00:46:49,200

book and our research to put a wedge

1234

00:46:55,109 --> 00:46:52,319

right in there just to get space so that

1235

00:46:57,430 --> 00:46:55,119

good people working every day with death

1236

00:47:00,150 --> 00:46:57,440

and dying have the support and

1237

00:47:02,309 --> 00:47:00,160

affirmation to say hey i can talk about

1238

00:47:04,950 --> 00:47:02,319

this here's the data

1239

00:47:08,309 --> 00:47:04,960

yeah that's that's excellent much needed

1240

00:47:10,069 --> 00:47:08,319

and i'm sure sure sure that you're gonna

1241

00:47:12,390 --> 00:47:10,079

be effective and make a difference just

1242

00:47:15,510 --> 00:47:12,400

like you've made a difference already

1243

00:47:17,670 --> 00:47:15,520

i have a slightly different spin on it

1244

00:47:20,710 --> 00:47:17,680

my take is number one

1245

00:47:23,589 --> 00:47:20,720

we are all leading rich spiritual lives

1246

00:47:25,589 --> 00:47:23,599

and as plain and ordinary as that might

1247

00:47:28,309 --> 00:47:25,599

seem to you and i we have to look at the

1248

00:47:31,349 --> 00:47:28,319

fact that that completely contradicts

1249

00:47:34,230 --> 00:47:31,359

the paradigm that we're all in

1250

00:47:36,710 --> 00:47:34,240

second point for me is that we all have

1251

00:47:40,069 --> 00:47:36,720

the ability to choose the light

1252

00:47:42,390 --> 00:47:40,079

at any time in every time

1253

00:47:43,750 --> 00:47:42,400

and along with that for some reasons

1254

00:47:45,990 --> 00:47:43,760

that we don't

1255

00:47:48,150 --> 00:47:46,000

totally understand some people don't

1256

00:47:49,430 --> 00:47:48,160

choose the light and

1257

00:47:52,870 --> 00:47:49,440

people

1258

00:47:55,750 --> 00:47:52,880

choose the darkness consistently

1259

00:47:57,430 --> 00:47:55,760

sometimes and unfortunately what we've

1260

00:47:58,549 --> 00:47:57,440

witnessed and we have to come to grips

1261

00:48:00,870 --> 00:47:58,559

with is

1262

00:48:03,349 --> 00:48:00,880

some of those people have reached

1263

00:48:04,829 --> 00:48:03,359

very very powerful and influential

1264

00:48:07,990 --> 00:48:04,839

positions

1265

00:48:09,270 --> 00:48:08,000

and add to that the fact that their

1266

00:48:11,349 --> 00:48:09,280

motives

1267

00:48:12,549 --> 00:48:11,359

and who they are is often hidden and

1268

00:48:14,790 --> 00:48:12,559

deceptive

1269

00:48:16,790 --> 00:48:14,800

so with that it this is the working

1270

00:48:18,630 --> 00:48:16,800

hypothesis this is the other part going

1271

00:48:20,950 --> 00:48:18,640

a little bit further that i'm not asking

1272

00:48:23,190 --> 00:48:20,960

you to agree with but i just want to

1273

00:48:25,589 --> 00:48:23,200

throw on the table and that is as it

1274

00:48:28,069 --> 00:48:25,599

relates to medicine and religion there's

1275

00:48:31,670 --> 00:48:28,079

obviously many many many the majority of

1276

00:48:33,030 --> 00:48:31,680

people in medicine are working in a

1277

00:48:35,510 --> 00:48:33,040

heartfelt

1278

00:48:36,630 --> 00:48:35,520

light warrior kind of way

1279

00:48:40,150 --> 00:48:36,640

but the

1280

00:48:43,750 --> 00:48:40,160

the unspoken directive of western

1281

00:48:47,030 --> 00:48:43,760

medicine is to disconnect you from your

1282

00:48:51,270 --> 00:48:47,040

spirituality to disconnect you from your

1283

00:48:53,589 --> 00:48:51,280

divinity that is a directive that is in

1284

00:48:56,309 --> 00:48:53,599

there this is my hypothesis not yours

1285

00:48:59,270 --> 00:48:56,319

it's not like oh because you can have it

1286

00:49:02,390 --> 00:48:59,280

both ways you don't have to

1287

00:49:05,109 --> 00:49:02,400

you could they could jump over tomorrow

1288

00:49:07,829 --> 00:49:05,119

to your understanding of this more

1289

00:49:09,990 --> 00:49:07,839

broader view of consciousness this more

1290

00:49:11,430 --> 00:49:10,000

accepting view of divinity and nothing

1291

00:49:13,510 --> 00:49:11,440

could change nothing would have to

1292

00:49:15,750 --> 00:49:13,520

change in medicine so the fact that they

1293

00:49:18,150 --> 00:49:15,760

hold on to it i think is important and

1294

00:49:19,510 --> 00:49:18,160

it can't be overlooked and then i think

1295

00:49:21,030 --> 00:49:19,520

when we look at

1296

00:49:23,510 --> 00:49:21,040

religion

1297

00:49:26,309 --> 00:49:23,520

i think there's the same thing going on

1298

00:49:29,430 --> 00:49:26,319

in a lot of ways and that is

1299

00:49:30,870 --> 00:49:29,440

wonderful people amazing experiences

1300

00:49:34,309 --> 00:49:30,880

that people are having with the

1301
00:49:36,630 --> 00:49:34,319
spiritual but fundamentally an unspoken

1302
00:49:39,510 --> 00:49:36,640
directive to become

1303
00:49:42,069 --> 00:49:39,520
the sole or at least primary

1304
00:49:43,750 --> 00:49:42,079
intermediary between you and divinity

1305
00:49:46,150 --> 00:49:43,760
between you and the light between you

1306
00:49:48,309 --> 00:49:46,160
and spirituality that's what religion

1307
00:49:49,910 --> 00:49:48,319
wants to do you know

1308
00:49:51,670 --> 00:49:49,920
so

1309
00:49:54,710 --> 00:49:51,680
it's a little bit

1310
00:49:56,630 --> 00:49:54,720
darker than where you're at i understand

1311
00:49:59,030 --> 00:49:56,640
with the wedge and in the line that you

1312
00:50:00,549 --> 00:49:59,040
have to take i just want

1313
00:50:03,030 --> 00:50:00,559

to let you know that

1314

00:50:04,710 --> 00:50:03,040

that's what's on the table for me even

1315

00:50:05,670 --> 00:50:04,720

if i'm not going to be there all the

1316

00:50:07,270 --> 00:50:05,680

time

1317

00:50:09,589 --> 00:50:07,280

and

1318

00:50:12,150 --> 00:50:09,599

hey you know what i i again i appreciate

1319

00:50:14,150 --> 00:50:12,160

the book because you're willing to at

1320

00:50:16,150 --> 00:50:14,160

least go part of the way there and as

1321

00:50:18,390 --> 00:50:16,160

one of your colleagues dr monaco

1322

00:50:20,549 --> 00:50:18,400

williams in the book we're talking about

1323

00:50:22,790 --> 00:50:20,559

at heaven's door puts it you know

1324

00:50:25,870 --> 00:50:22,800

doctors are trained this is her quote to

1325

00:50:28,230 --> 00:50:25,880

be body engineers working inside a

1326
00:50:30,309 --> 00:50:28,240
disease-based system

1327
00:50:32,870 --> 00:50:30,319
and

1328
00:50:36,390 --> 00:50:32,880
i don't know it's kind of

1329
00:50:36,400 --> 00:50:39,190
you bring up to

1330
00:50:43,349 --> 00:50:40,710
extraordinarily

1331
00:50:44,309 --> 00:50:43,359
relevant points about the role

1332
00:50:51,030 --> 00:50:44,319
of

1333
00:50:52,549 --> 00:50:51,040
relationship to humanity to the

1334
00:50:54,470 --> 00:50:52,559
subjects if you will that they're

1335
00:50:55,829 --> 00:50:54,480
charged with caring for

1336
00:51:02,710 --> 00:50:55,839
i

1337
00:51:06,549 --> 00:51:02,720
more often than

1338
00:51:08,950 --> 00:51:06,559

i wish i had to admit and acknowledge

1339

00:51:11,430 --> 00:51:08,960

there is absolutely and dr monica

1340

00:51:13,510 --> 00:51:11,440

williams was very clear in stating this

1341

00:51:16,069 --> 00:51:13,520

that

1342

00:51:19,750 --> 00:51:16,079

the training for doctors

1343

00:51:22,710 --> 00:51:19,760

uh uh it's changing but historically

1344

00:51:25,910 --> 00:51:22,720

body engineers is what they are

1345

00:51:28,549 --> 00:51:25,920

and to look at spirituality

1346

00:51:30,390 --> 00:51:28,559

and the notion that that the being

1347

00:51:32,150 --> 00:51:30,400

they're working on

1348

00:51:33,990 --> 00:51:32,160

actually is more than just a physical

1349

00:51:36,470 --> 00:51:34,000

body

1350

00:51:37,990 --> 00:51:36,480

our medical system is getting there and

1351

00:51:39,750 --> 00:51:38,000

there are certainly people within the

1352

00:51:41,670 --> 00:51:39,760

system i assure you i work with these

1353

00:51:43,589 --> 00:51:41,680

good people every day that hold that and

1354

00:51:45,270 --> 00:51:43,599

they're and they're trying to transform

1355

00:51:46,870 --> 00:51:45,280

the system

1356

00:51:50,309 --> 00:51:46,880

but i would be

1357

00:51:51,349 --> 00:51:50,319

not true to myself and my experience

1358

00:51:54,069 --> 00:51:51,359

to

1359

00:51:55,750 --> 00:51:54,079

deny what you're saying does not that

1360

00:51:57,430 --> 00:51:55,760

perspective is operative and it takes

1361

00:51:59,589 --> 00:51:57,440

place in our medical system

1362

00:52:02,230 --> 00:51:59,599

far too much every day

1363

00:52:05,589 --> 00:52:02,240

and i want to be an agent of change in

1364

00:52:08,950 --> 00:52:05,599

that sensitive to the training they had

1365

00:52:10,150 --> 00:52:08,960

offering the entire system uh a more

1366

00:52:11,230 --> 00:52:10,160

holistic

1367

00:52:14,549 --> 00:52:11,240

and more

1368

00:52:17,109 --> 00:52:14,559

science-based true science let's look at

1369

00:52:19,589 --> 00:52:17,119

this phenomena let's listen to these

1370

00:52:21,910 --> 00:52:19,599

good people who have these experiences

1371

00:52:24,309 --> 00:52:21,920

who knew nothing about them i have

1372

00:52:27,109 --> 00:52:24,319

identified a pattern that is so

1373

00:52:28,470 --> 00:52:27,119

difficult to deny let's look at this as

1374

00:52:29,349 --> 00:52:28,480

scientists

1375

00:52:31,030 --> 00:52:29,359

not

1376

00:52:34,870 --> 00:52:31,040

as

1377

00:52:37,030 --> 00:52:34,880

people who are devoted to a paradigm

1378

00:52:38,870 --> 00:52:37,040

that doesn't hold up but they need to

1379

00:52:41,109 --> 00:52:38,880

hold on to it because that's how you

1380

00:52:42,390 --> 00:52:41,119

maintain your membership in the medical

1381

00:52:44,950 --> 00:52:42,400

club

1382

00:52:47,190 --> 00:52:44,960

i believe me i have some fierceness in

1383

00:52:50,950 --> 00:52:47,200

me about that because i don't want to

1384

00:52:53,349 --> 00:52:50,960

tell you how many times i have been with

1385

00:52:56,309 --> 00:52:53,359

you know my clients patients and they're

1386

00:52:58,309 --> 00:52:56,319

receiving medical care for a body but

1387

00:53:01,349 --> 00:52:58,319

the soul and spirit is telling everyone

1388

00:53:02,390 --> 00:53:01,359

in the room i want to go home

1389

00:53:04,549 --> 00:53:02,400

and

1390

00:53:07,430 --> 00:53:04,559

the medical community is committed to

1391

00:53:10,549 --> 00:53:07,440

prolongation of human life at all costs

1392

00:53:11,670 --> 00:53:10,559

so that human spirit with emotions and

1393

00:53:12,549 --> 00:53:11,680

feelings

1394

00:53:14,309 --> 00:53:12,559

is

1395

00:53:17,430 --> 00:53:14,319

being

1396

00:53:20,549 --> 00:53:17,440

hijacked by the medical model and this

1397

00:53:22,150 --> 00:53:20,559

is all not ideal let alone

1398

00:53:23,990 --> 00:53:22,160

it's not ideal it's not healthy for

1399

00:53:27,270 --> 00:53:24,000

everyone in the room dying and

1400

00:53:29,430 --> 00:53:27,280

caregivers so alex i'm with you i just

1401

00:53:31,750 --> 00:53:29,440

want to also say that it's

1402

00:53:33,670 --> 00:53:31,760

the model is what it is but there are so

1403

00:53:36,230 --> 00:53:33,680

many good people in it trying to change

1404

00:53:38,069 --> 00:53:36,240

it and i i put my

1405

00:53:39,829 --> 00:53:38,079

support and connection and community

1406

00:53:42,069 --> 00:53:39,839

with those because they reach out to me

1407

00:53:43,670 --> 00:53:42,079

all the time saying william can you talk

1408

00:53:45,270 --> 00:53:43,680

here can you speak at grand rounds can

1409

00:53:47,430 --> 00:53:45,280

you do this i want you to meet this

1410

00:53:48,309 --> 00:53:47,440

person we're we've got an opening here

1411

00:53:49,430 --> 00:53:48,319

you know

1412

00:53:52,150 --> 00:53:49,440

um

1413

00:53:53,750 --> 00:53:52,160

and there are a lot of i want to i'll

1414

00:53:54,790 --> 00:53:53,760

say it there are a lot of white-haired

1415

00:53:56,470 --> 00:53:54,800

old men

1416

00:53:58,309 --> 00:53:56,480

who are in this patriarchal system

1417

00:54:01,190 --> 00:53:58,319

because that goes with this too

1418

00:54:03,349 --> 00:54:01,200

and they are sun setting and good people

1419

00:54:05,510 --> 00:54:03,359

are coming in with a much broader

1420

00:54:07,750 --> 00:54:05,520

perspective that are true scientists

1421

00:54:10,230 --> 00:54:07,760

that were willing to listen

1422

00:54:13,109 --> 00:54:10,240

to the research i've done and others

1423

00:54:14,870 --> 00:54:13,119

there are others doing similar research

1424

00:54:16,309 --> 00:54:14,880

and and i'm hopeful

1425

00:54:17,910 --> 00:54:16,319

that that we're going to get changes

1426

00:54:19,270 --> 00:54:17,920

it'll be pockets

1427

00:54:21,589 --> 00:54:19,280

first like anything else that will

1428

00:54:23,190 --> 00:54:21,599

happen in some areas and

1429

00:54:25,589 --> 00:54:23,200

and the rest of the

1430

00:54:29,190 --> 00:54:25,599

country medical system will follow

1431

00:54:31,829 --> 00:54:29,200

for the religious piece i also

1432

00:54:33,510 --> 00:54:31,839

will concur with you i have a great deal

1433

00:54:35,589 --> 00:54:33,520

of disappointment

1434

00:54:37,670 --> 00:54:35,599

that spiritual care

1435

00:54:40,069 --> 00:54:37,680

and chaplaincy

1436

00:54:41,990 --> 00:54:40,079

is reticent to

1437

00:54:45,030 --> 00:54:42,000

take up the shared death experience and

1438

00:54:47,510 --> 00:54:45,040

other end of life phenomena in any

1439

00:54:49,829 --> 00:54:47,520

rigorous systemic way another way in

1440

00:54:52,870 --> 00:54:49,839

other words to really

1441

00:54:55,430 --> 00:54:52,880

pursue the education and the research

1442

00:54:57,990 --> 00:54:55,440

that would

1443

00:55:00,230 --> 00:54:58,000

demand that they change their end of

1444

00:55:02,630 --> 00:55:00,240

life spiritual care protocols and

1445

00:55:06,069 --> 00:55:02,640

methods i think there's a there's kind

1446

00:55:07,510 --> 00:55:06,079

of a a comfortableness and all spiritual

1447

00:55:10,150 --> 00:55:07,520

care and i when i say spiritual care

1448

00:55:12,230 --> 00:55:10,160

that includes chaplaincy and um all the

1449

00:55:12,950 --> 00:55:12,240

type of care you get for spiritual life

1450

00:55:20,950 --> 00:55:12,960

in

1451
00:55:23,190 --> 00:55:20,960
for that matter

1452
00:55:26,390 --> 00:55:23,200
and there's an openness amongst a lot of

1453
00:55:28,549 --> 00:55:26,400
spiritual care providers for sure

1454
00:55:30,549 --> 00:55:28,559
but there's not the willingness that

1455
00:55:32,230 --> 00:55:30,559
i've seen yet to really explore what

1456
00:55:33,670 --> 00:55:32,240
these phenomena are

1457
00:55:35,589 --> 00:55:33,680
and to

1458
00:55:38,309 --> 00:55:35,599
bring it into the canon

1459
00:55:40,549 --> 00:55:38,319
of understanding of end of life

1460
00:55:42,390 --> 00:55:40,559
and what is being

1461
00:55:43,670 --> 00:55:42,400
experienced by the dying in their

1462
00:55:45,190 --> 00:55:43,680
caregivers

1463
00:55:47,030 --> 00:55:45,200

and if we know that shared death

1464

00:55:49,670 --> 00:55:47,040

experiences are happening

1465

00:55:50,390 --> 00:55:49,680

what does that mean for our care like

1466

00:55:51,510 --> 00:55:50,400

how

1467

00:55:53,670 --> 00:55:51,520

first of all

1468

00:55:55,829 --> 00:55:53,680

should we have education for anybody who

1469

00:55:56,789 --> 00:55:55,839

comes into hospice and says hey just so

1470

00:55:59,270 --> 00:55:56,799

you know

1471

00:56:01,270 --> 00:55:59,280

these experiences happen and here's a

1472

00:56:02,870 --> 00:56:01,280

series of end of end of life phenomena

1473

00:56:05,990 --> 00:56:02,880

you may see we call all them shared

1474

00:56:08,390 --> 00:56:06,000

crossings so here's end of life

1475

00:56:10,630 --> 00:56:08,400

visions and visitations here's terminal

1476

00:56:13,430 --> 00:56:10,640

lucidity here's the shared death

1477

00:56:15,109 --> 00:56:13,440

experience here's various forms of after

1478

00:56:18,549 --> 00:56:15,119

death communication that when you're

1479

00:56:20,230 --> 00:56:18,559

done with the dying you may be visited

1480

00:56:22,549 --> 00:56:20,240

by him or her

1481

00:56:25,190 --> 00:56:22,559

and welcome it because everything we

1482

00:56:26,470 --> 00:56:25,200

know suggests that these are

1483

00:56:30,870 --> 00:56:26,480

missions

1484

00:56:33,990 --> 00:56:30,880

that they're alive and well

1485

00:56:34,789 --> 00:56:34,000

and thank you for having

1486

00:56:38,230 --> 00:56:34,799

you know

1487

00:56:39,589 --> 00:56:38,240

shared in their life just ended with

1488

00:56:42,069 --> 00:56:39,599

them you know so

1489

00:56:45,109 --> 00:56:42,079

all of this in my

1490

00:56:47,270 --> 00:56:45,119

in my you know estimation humbly

1491

00:56:48,950 --> 00:56:47,280

although not stating it that humbly

1492

00:56:49,829 --> 00:56:48,960

should be

1493

00:56:53,190 --> 00:56:49,839

like

1494

00:56:54,549 --> 00:56:53,200

end of life human preparation

1495

00:56:56,390 --> 00:56:54,559

101

1496

00:56:59,349 --> 00:56:56,400

for death dying and end of life it

1497

00:57:02,470 --> 00:56:59,359

should just be standard and yet

1498

00:57:04,789 --> 00:57:02,480

the the two institutions responsible for

1499

00:57:05,910 --> 00:57:04,799

that act of death and dying and end of

1500

00:57:07,510 --> 00:57:05,920

life

1501
00:57:10,309 --> 00:57:07,520
medical sciences

1502
00:57:12,870 --> 00:57:10,319
and spiritual care or religious care

1503
00:57:16,549 --> 00:57:12,880
are both at this point

1504
00:57:19,430 --> 00:57:16,559
institutionally hesitant to embrace

1505
00:57:21,109 --> 00:57:19,440
this full continuum of spiritual

1506
00:57:22,549 --> 00:57:21,119
experiences we call them shared

1507
00:57:24,549 --> 00:57:22,559
crossings they go by end of life

1508
00:57:28,069 --> 00:57:24,559
phenomena whatever

1509
00:57:29,750 --> 00:57:28,079
they're they're not being fully embraced

1510
00:57:32,710 --> 00:57:29,760
and brought into the candidate of

1511
00:57:37,030 --> 00:57:32,720
understanding and care at the end of

1512
00:57:41,670 --> 00:57:37,040
life and this is what i would call a gap

1513
00:57:44,549 --> 00:57:41,680

in care a huge gap in care that harms

1514

00:57:46,950 --> 00:57:44,559

not just the dying but also the

1515

00:57:49,109 --> 00:57:46,960

caregivers and loved ones who feel like

1516

00:57:51,589 --> 00:57:49,119

when they have these experiences they

1517

00:57:53,589 --> 00:57:51,599

doubt themselves they wonder if they're

1518

00:57:56,150 --> 00:57:53,599

having some sort of

1519

00:57:59,270 --> 00:57:56,160

psychotic moment when in fact they're

1520

00:58:01,990 --> 00:57:59,280

getting a tremendous spiritual gift that

1521

00:58:04,630 --> 00:58:02,000

can transform their relationship not

1522

00:58:06,470 --> 00:58:04,640

just to the dying or to the deceased but

1523

00:58:08,549 --> 00:58:06,480

to themselves into their very

1524

00:58:12,150 --> 00:58:08,559

understanding of who they are as a human

1525

00:58:13,829 --> 00:58:12,160

being and what their essence is

1526

00:58:14,789 --> 00:58:13,839

as a

1527

00:58:17,750 --> 00:58:14,799

uh

1528

00:58:19,030 --> 00:58:17,760

dare say immortal human being and mortal

1529

00:58:20,950 --> 00:58:19,040

being

1530

00:58:22,630 --> 00:58:20,960

so i've said a lot there but you get the

1531

00:58:25,670 --> 00:58:22,640

point i do

1532

00:58:27,670 --> 00:58:25,680

and you said it quite well so

1533

00:58:29,430 --> 00:58:27,680

i want to pick up and thread back into a

1534

00:58:30,870 --> 00:58:29,440

couple things that you said

1535

00:58:32,309 --> 00:58:30,880

in particular i want to talk about

1536

00:58:35,109 --> 00:58:32,319

consciousness

1537

00:58:36,710 --> 00:58:35,119

and what i sometimes call extended

1538

00:58:39,829 --> 00:58:36,720

consciousness because

1539

00:58:43,190 --> 00:58:39,839

you're not only an expert in this sheer

1540

00:58:45,190 --> 00:58:43,200

death experience but as you talked about

1541

00:58:47,190 --> 00:58:45,200

you're you're an expert in a bunch of

1542

00:58:49,349 --> 00:58:47,200

this other stuff that's in this realm so

1543

00:58:51,990 --> 00:58:49,359

near-death experience you've not only

1544

00:58:53,270 --> 00:58:52,000

had two near-death experiences but

1545

00:58:55,349 --> 00:58:53,280

you've studied the literature

1546

00:58:57,829 --> 00:58:55,359

extensively you've interviewed people

1547

00:58:59,349 --> 00:58:57,839

like evan alexander and your colleagues

1548

00:59:01,589 --> 00:58:59,359

with him and raymond moody and all these

1549

00:59:03,670 --> 00:59:01,599

people you're in that community you're

1550

00:59:05,910 --> 00:59:03,680

well versed and professionally trained

1551

00:59:08,390 --> 00:59:05,920

in past life regressions and past life

1552

00:59:10,390 --> 00:59:08,400

regression hypnotherapy all that's a

1553

00:59:12,630 --> 00:59:10,400

fascinating whole other aspect to that

1554

00:59:16,710 --> 00:59:12,640

but you're there you understand that out

1555

00:59:19,510 --> 00:59:16,720

of body experiences again is different

1556

00:59:21,910 --> 00:59:19,520

you are an experimenter as well as being

1557

00:59:23,829 --> 00:59:21,920

well versed in that literature so i

1558

00:59:25,030 --> 00:59:23,839

could go on and on you mentioned some

1559

00:59:25,750 --> 00:59:25,040

other ones

1560

00:59:27,670 --> 00:59:25,760

but

1561

00:59:30,549 --> 00:59:27,680

my starting point on this is always to

1562

00:59:32,069 --> 00:59:30,559

kind of step back really and again we've

1563

00:59:34,630 --> 00:59:32,079

pounded on this a couple times we're

1564

00:59:37,190 --> 00:59:34,640

going to pound it on it one more time

1565

00:59:40,150 --> 00:59:37,200

all these different

1566

00:59:43,190 --> 00:59:40,160

bodies of evidence and the science that

1567

00:59:44,309 --> 00:59:43,200

goes with them completely contradict

1568

00:59:45,510 --> 00:59:44,319

this

1569

00:59:47,430 --> 00:59:45,520

you are an

1570

00:59:48,870 --> 00:59:47,440

of the bro of the brain consciousness is

1571

00:59:52,069 --> 00:59:48,880

a delusion

1572

00:59:53,510 --> 00:59:52,079

this is just completely insane from a

1573

00:59:55,990 --> 00:59:53,520

historical

1574

00:59:56,870 --> 00:59:56,000

and uh cross-cultural perspective it's

1575

01:00:02,630 --> 00:59:56,880

just

1576

01:00:03,990 --> 01:00:02,640

put a bow on that say okay that's done

1577

01:00:05,430 --> 01:00:04,000

we're not even gonna

1578

01:00:07,109 --> 01:00:05,440

worry about

1579

01:00:09,270 --> 01:00:07,119

wrangling that which is just a

1580

01:00:11,349 --> 01:00:09,280

distraction and kind of gets us think

1581

01:00:14,150 --> 01:00:11,359

what you have done and what you offer us

1582

01:00:17,109 --> 01:00:14,160

the opportunity to do with this book at

1583

01:00:19,109 --> 01:00:17,119

heaven's door and with this amazing body

1584

01:00:21,510 --> 01:00:19,119

of case studies that you've put together

1585

01:00:23,510 --> 01:00:21,520

on chair death experiences you give us

1586

01:00:25,910 --> 01:00:23,520

the opportunity to kind of catapult past

1587

01:00:29,190 --> 01:00:25,920

a lot of that stuff and start asking

1588

01:00:31,990 --> 01:00:29,200

some really interesting and very

1589

01:00:33,270 --> 01:00:32,000

challenging questions about extended

1590

01:00:34,710 --> 01:00:33,280

consciousness

1591

01:00:37,750 --> 01:00:34,720

questions that

1592

01:00:40,470 --> 01:00:37,760

you know as as wonderful as your

1593

01:00:43,030 --> 01:00:40,480

summation is and your

1594

01:00:46,069 --> 01:00:43,040

call of hope to people in your very

1595

01:00:47,510 --> 01:00:46,079

positive message not taking a darn thing

1596

01:00:49,589 --> 01:00:47,520

away from that

1597

01:00:52,390 --> 01:00:49,599

but there's some challenging aspects of

1598

01:00:53,670 --> 01:00:52,400

this as well that i just have to throw

1599

01:00:54,710 --> 01:00:53,680

on the tables

1600

01:00:56,710 --> 01:00:54,720

so

1601
01:00:58,710 --> 01:00:56,720
tell us the story

1602
01:01:02,069 --> 01:00:58,720
about ron

1603
01:01:04,549 --> 01:01:02,079
because this is a different kind of

1604
01:01:06,549 --> 01:01:04,559
extended consciousness realm

1605
01:01:08,950 --> 01:01:06,559
that he winds up in

1606
01:01:13,190 --> 01:01:08,960
and you wind up in and again

1607
01:01:15,910 --> 01:01:13,200
it's like you can't help but feel like

1608
01:01:18,470 --> 01:01:15,920
the great conductor has set all this

1609
01:01:19,910 --> 01:01:18,480
stuff up for you because the experience

1610
01:01:22,069 --> 01:01:19,920
with ron

1611
01:01:25,349 --> 01:01:22,079
relates to your second near-death

1612
01:01:28,470 --> 01:01:25,359
experience in a very very

1613
01:01:30,230 --> 01:01:28,480

interesting way so can you fill people

1614

01:01:32,789 --> 01:01:30,240

in on that whole thing

1615

01:01:34,710 --> 01:01:32,799

yeah i think probably better here alex

1616

01:01:37,430 --> 01:01:34,720

is to start with my second

1617

01:01:40,309 --> 01:01:37,440

uh near-death experience because it lays

1618

01:01:41,270 --> 01:01:40,319

the contextual understanding for the my

1619

01:01:45,270 --> 01:01:41,280

my

1620

01:01:48,390 --> 01:01:45,280

death experiences

1621

01:01:50,150 --> 01:01:48,400

so i think i'm 30 years old

1622

01:01:52,710 --> 01:01:50,160

and i

1623

01:01:55,109 --> 01:01:52,720

i contract a a rare blood disease uh

1624

01:01:58,150 --> 01:01:55,119

idiopathic thrombocytopenia just means

1625

01:02:00,710 --> 01:01:58,160

essentially that i'm i have a very low

1626

01:02:02,630 --> 01:02:00,720

platelet count i'm at at risk for

1627

01:02:03,349 --> 01:02:02,640

drowning in my blood

1628

01:02:06,870 --> 01:02:03,359

so

1629

01:02:08,470 --> 01:02:06,880

i go into the er the emergency room in

1630

01:02:09,430 --> 01:02:08,480

kaiser oakland

1631

01:02:11,990 --> 01:02:09,440

and

1632

01:02:14,870 --> 01:02:12,000

next thing i realize

1633

01:02:17,109 --> 01:02:14,880

i am above

1634

01:02:19,510 --> 01:02:17,119

i'm in a ceiling in a room that i

1635

01:02:20,870 --> 01:02:19,520

realize is the icu

1636

01:02:23,910 --> 01:02:20,880

it's really important the way i'm saying

1637

01:02:26,710 --> 01:02:23,920

this because i have no idea

1638

01:02:28,390 --> 01:02:26,720

who i am anymore all i am is listening

1639

01:02:30,789 --> 01:02:28,400

to some nurses

1640

01:02:32,710 --> 01:02:30,799

talk about the various four patients in

1641

01:02:36,069 --> 01:02:32,720

this icu

1642

01:02:38,789 --> 01:02:36,079

and then they talk about this patient

1643

01:02:39,990 --> 01:02:38,799

who's this young 30 year old man who's

1644

01:02:42,470 --> 01:02:40,000

got no

1645

01:02:43,910 --> 01:02:42,480

history of illness or any anything

1646

01:02:45,829 --> 01:02:43,920

really

1647

01:02:47,349 --> 01:02:45,839

they can't understand why he's here

1648

01:02:50,069 --> 01:02:47,359

what's happened why he has idiopathic

1649

01:02:52,230 --> 01:02:50,079

thrombocytopenia

1650

01:02:53,990 --> 01:02:52,240

and i go that's kind of interesting i'm

1651
01:02:55,750 --> 01:02:54,000
looking at the other people in the beds

1652
01:02:58,230 --> 01:02:55,760
kind of move my consciousness around

1653
01:02:59,510 --> 01:02:58,240
there and i and i am saying i am a

1654
01:03:02,710 --> 01:02:59,520
consciousness

1655
01:03:05,910 --> 01:03:02,720
viewing this world without any sense of

1656
01:03:08,549 --> 01:03:05,920
identity there's no william here

1657
01:03:09,910 --> 01:03:08,559
but then i go over and see this

1658
01:03:11,430 --> 01:03:09,920
who's in this bed that they're talking

1659
01:03:12,870 --> 01:03:11,440
about this 30 year old guy because i'm

1660
01:03:14,950 --> 01:03:12,880
curious

1661
01:03:17,750 --> 01:03:14,960
and as i look at the guy in the bed i

1662
01:03:21,029 --> 01:03:17,760
realized oh my god that's me

1663
01:03:22,789 --> 01:03:21,039

that's that's me what a wow and i have

1664

01:03:25,589 --> 01:03:22,799

this kind of like my my

1665

01:03:26,549 --> 01:03:25,599

consciousness is trying to process this

1666

01:03:28,789 --> 01:03:26,559

you know

1667

01:03:30,390 --> 01:03:28,799

um but but i'm really

1668

01:03:32,069 --> 01:03:30,400

all of a sudden i'm doing something else

1669

01:03:34,150 --> 01:03:32,079

like i see that

1670

01:03:36,549 --> 01:03:34,160

i don't go back into my body i move back

1671

01:03:38,470 --> 01:03:36,559

down the hall i'm watching the janitors

1672

01:03:41,190 --> 01:03:38,480

uh do their midnight work because this

1673

01:03:42,710 --> 01:03:41,200

is like two or four in the morning

1674

01:03:50,390 --> 01:03:42,720

and

1675

01:03:53,190 --> 01:03:50,400

question

1676

01:03:54,950 --> 01:03:53,200

well what if i answer

1677

01:03:56,950 --> 01:03:54,960

him

1678

01:03:58,230 --> 01:03:56,960

what will that mean i debate about this

1679

01:04:00,630 --> 01:03:58,240

for a little bit and i eventually do

1680

01:04:02,950 --> 01:04:00,640

answer him and as i answer him i kind of

1681

01:04:05,190 --> 01:04:02,960

fill in my body

1682

01:04:06,870 --> 01:04:05,200

uh as if like you know

1683

01:04:08,230 --> 01:04:06,880

energetically it's like shower when

1684

01:04:10,630 --> 01:04:08,240

you're in a warm shower you feel the

1685

01:04:11,589 --> 01:04:10,640

warm energy kind of spread out across

1686

01:04:17,270 --> 01:04:11,599

your

1687

01:04:20,150 --> 01:04:17,280

but what i really noticed is as i

1688

01:04:23,349 --> 01:04:20,160

started talking and i opened my eyes i

1689

01:04:25,430 --> 01:04:23,359

was now looking at him through my body

1690

01:04:26,870 --> 01:04:25,440

when uh previously i was looking at the

1691

01:04:28,309 --> 01:04:26,880

top of his head

1692

01:04:30,069 --> 01:04:28,319

uh so

1693

01:04:32,789 --> 01:04:30,079

very profound experience

1694

01:04:34,710 --> 01:04:32,799

from that it was very clear to me that i

1695

01:04:37,270 --> 01:04:34,720

was not at that point i realized

1696

01:04:40,390 --> 01:04:37,280

whatever i identify as myself

1697

01:04:42,069 --> 01:04:40,400

was not the physical body period

1698

01:04:44,390 --> 01:04:42,079

right so just

1699

01:04:45,750 --> 01:04:44,400

let me uh just add a couple tiny points

1700

01:04:48,470 --> 01:04:45,760

here because i want you to get to the

1701

01:04:51,109 --> 01:04:48,480

next story which is a profound in a

1702

01:04:53,510 --> 01:04:51,119

deeper way and in a spiritual way but

1703

01:04:55,430 --> 01:04:53,520

this is also kind of separate from

1704

01:04:58,789 --> 01:04:55,440

spirituality as if anything can be

1705

01:05:01,029 --> 01:04:58,799

separate from spirituality it can't but

1706

01:05:03,029 --> 01:05:01,039

you know now you're talking in terms

1707

01:05:04,549 --> 01:05:03,039

that someone who is an out-of-body

1708

01:05:07,190 --> 01:05:04,559

experiencer

1709

01:05:09,670 --> 01:05:07,200

would relate to very well you know all

1710

01:05:11,829 --> 01:05:09,680

the things that you're talking about and

1711

01:05:14,630 --> 01:05:11,839

maybe less so from a near-death

1712

01:05:16,710 --> 01:05:14,640

experience and you could fit it in that

1713

01:05:19,190 --> 01:05:16,720

peg over there but

1714

01:05:20,870 --> 01:05:19,200

then again you know maybe not and that's

1715

01:05:22,630 --> 01:05:20,880

what's interesting right because it

1716

01:05:25,589 --> 01:05:22,640

raises this question

1717

01:05:28,549 --> 01:05:25,599

why do you lack an identity in this one

1718

01:05:30,789 --> 01:05:28,559

and not in this one why do you have this

1719

01:05:32,630 --> 01:05:30,799

ability to kind of bounce around and

1720

01:05:35,190 --> 01:05:32,640

hear stuff but

1721

01:05:37,109 --> 01:05:35,200

one you know how could that even be how

1722

01:05:39,349 --> 01:05:37,119

does that even make any sense but then

1723

01:05:41,990 --> 01:05:39,359

number two how does that relate to the

1724

01:05:44,230 --> 01:05:42,000

fact that you're not connected in a

1725

01:05:46,630 --> 01:05:44,240

really profound way spiritually to all

1726

01:05:48,630 --> 01:05:46,640

the other stuff we hear about so

1727

01:05:51,910 --> 01:05:48,640

and then as you'll tee up in the story

1728

01:05:54,309 --> 01:05:51,920

with ron is what does this say about

1729

01:05:56,069 --> 01:05:54,319

space what does it say about time and

1730

01:05:57,349 --> 01:05:56,079

then the part that you added that i

1731

01:05:58,950 --> 01:05:57,359

thought was really quite brilliant i

1732

01:06:00,789 --> 01:05:58,960

never thought about before what does

1733

01:06:03,589 --> 01:06:00,799

this say about this idea that we

1734

01:06:05,910 --> 01:06:03,599

commonly refer to as a parallel universe

1735

01:06:07,670 --> 01:06:05,920

because you're kind of in two places

1736

01:06:10,069 --> 01:06:07,680

at the same time more so in the second

1737

01:06:12,230 --> 01:06:10,079

story in this first but i think it's

1738

01:06:13,750 --> 01:06:12,240

the seeds are there so do you want to

1739

01:06:16,309 --> 01:06:13,760

tell the story about ron

1740

01:06:18,630 --> 01:06:16,319

yeah so you know

1741

01:06:21,510 --> 01:06:18,640

this experience with ron took place at

1742

01:06:23,670 --> 01:06:21,520

the zen hospice project where i was a

1743

01:06:24,549 --> 01:06:23,680

volunteer hospice worker for a number of

1744

01:06:26,390 --> 01:06:24,559

years

1745

01:06:29,670 --> 01:06:26,400

and i had been

1746

01:06:33,510 --> 01:06:29,680

visiting with ron on a regular basis

1747

01:06:35,910 --> 01:06:33,520

and he had been in a s we call um

1748

01:06:37,750 --> 01:06:35,920

unresponsive state for

1749

01:06:39,430 --> 01:06:37,760

i think a few weeks

1750

01:06:41,990 --> 01:06:39,440

so but i was reading to him and we know

1751
01:06:44,710 --> 01:06:42,000
as hospice workers that the last sense

1752
01:06:47,910 --> 01:06:44,720
to go before you die is hearing so we

1753
01:06:49,190 --> 01:06:47,920
often read to or talk too lovingly to

1754
01:06:51,109 --> 01:06:49,200
our patients

1755
01:06:53,430 --> 01:06:51,119
in this case i had been reading

1756
01:06:55,109 --> 01:06:53,440
ron's what was kind of he loved

1757
01:06:56,069 --> 01:06:55,119
adventure stories he'd been a merchant

1758
01:06:57,910 --> 01:06:56,079
marine

1759
01:07:00,950 --> 01:06:57,920
and so i'm reading to him the call jack

1760
01:07:03,029 --> 01:07:00,960
london's call the wild and as i'm

1761
01:07:04,950 --> 01:07:03,039
reading it to him

1762
01:07:16,150 --> 01:07:04,960
i

1763
01:07:18,150 --> 01:07:16,160

speak

1764

01:07:20,390 --> 01:07:18,160

and there's ron still in his bed you

1765

01:07:22,390 --> 01:07:20,400

know unresponsive prone

1766

01:07:24,309 --> 01:07:22,400

but to my right side

1767

01:07:25,430 --> 01:07:24,319

is ron

1768

01:07:28,549 --> 01:07:25,440

ron

1769

01:07:31,029 --> 01:07:28,559

is there with a big smiling face eyes

1770

01:07:33,829 --> 01:07:31,039

these white eyes was looking and glaring

1771

01:07:35,990 --> 01:07:33,839

at me he is so happy he's smiling his

1772

01:07:37,589 --> 01:07:36,000

teeth is right he's a radiant being and

1773

01:07:40,950 --> 01:07:37,599

he's looking at me as if to say check

1774

01:07:45,270 --> 01:07:40,960

this out so to say look where i have

1775

01:07:47,990 --> 01:07:45,280

been and and he's i get the sense

1776

01:07:49,670 --> 01:07:48,000

that he's invited me here

1777

01:07:51,829 --> 01:07:49,680

and and i'm just

1778

01:07:53,430 --> 01:07:51,839

with him i'm a little stunned

1779

01:07:55,430 --> 01:07:53,440

but appreciative

1780

01:07:57,270 --> 01:07:55,440

and sharing this moment with him i can't

1781

01:07:58,870 --> 01:07:57,280

tell you how long i was there i don't

1782

01:08:00,470 --> 01:07:58,880

think it was that long because we didn't

1783

01:08:02,309 --> 01:08:00,480

really have any more

1784

01:08:04,470 --> 01:08:02,319

significant

1785

01:08:07,190 --> 01:08:04,480

you know communication if you will but

1786

01:08:08,230 --> 01:08:07,200

sometime later i'm back in my body

1787

01:08:09,430 --> 01:08:08,240

reading

1788

01:08:14,710 --> 01:08:09,440

and

1789

01:08:17,829 --> 01:08:14,720

i got to talk to my supervisor about

1790

01:08:20,149 --> 01:08:17,839

this because i love my supervisor um you

1791

01:08:22,789 --> 01:08:20,159

know his name was eric poche he was a

1792

01:08:24,630 --> 01:08:22,799

veteran of the aids epidemic previously

1793

01:08:27,110 --> 01:08:24,640

so i've been doing hospice work for you

1794

01:08:31,990 --> 01:08:27,120

know two or three decades uh two decades

1795

01:08:36,630 --> 01:08:33,269

i shared it with

1796

01:08:39,189 --> 01:08:36,640

uh eric and he said to me

1797

01:08:41,749 --> 01:08:39,199

oh william you know this is the 24 bed

1798

01:08:42,870 --> 01:08:41,759

open hospice i should say so old

1799

01:08:45,030 --> 01:08:42,880

hospital

1800

01:08:46,709 --> 01:08:45,040

you know indigen indigent people of san

1801
01:08:48,870 --> 01:08:46,719
francisco

1802
01:08:50,789 --> 01:08:48,880
and so a lot of death happening and as

1803
01:08:53,829 --> 01:08:50,799
it's a long hallway and as i'm walking

1804
01:08:55,910 --> 01:08:53,839
with him i i share this experience and

1805
01:08:57,189 --> 01:08:55,920
he doesn't even stop walking he goes

1806
01:08:58,309 --> 01:08:57,199
william

1807
01:09:01,349 --> 01:08:58,319
um

1808
01:09:03,749 --> 01:09:01,359
phenomenal rolling by just let it go you

1809
01:09:05,269 --> 01:09:03,759
know mary needs you in bed four and i'm

1810
01:09:08,070 --> 01:09:05,279
like oh

1811
01:09:10,950 --> 01:09:08,080
okay well this is indicative of a lot of

1812
01:09:13,669 --> 01:09:10,960
things here alex one is here's a here's

1813
01:09:15,990 --> 01:09:13,679

a wonderful man everybody loves eric

1814

01:09:17,349 --> 01:09:16,000

super knowledgeable wise buddhist been

1815

01:09:18,309 --> 01:09:17,359

through it all

1816

01:09:19,669 --> 01:09:18,319

and

1817

01:09:22,229 --> 01:09:19,679

he

1818

01:09:23,829 --> 01:09:22,239

kind of dismisses my experience so i

1819

01:09:25,990 --> 01:09:23,839

would have a lot more of these

1820

01:09:27,510 --> 01:09:26,000

experiences you know different types of

1821

01:09:29,749 --> 01:09:27,520

shared death experiences while at

1822

01:09:32,550 --> 01:09:29,759

hospice there

1823

01:09:37,269 --> 01:09:32,560

i never mentioned boo about any of this

1824

01:09:39,110 --> 01:09:37,279

to anybody i got loud and clear

1825

01:09:39,910 --> 01:09:39,120

this is not something you talk about

1826

01:09:41,990 --> 01:09:39,920

it's

1827

01:09:43,990 --> 01:09:42,000

whatever but here i am secretly

1828

01:09:45,189 --> 01:09:44,000

fascinated by these experiences you know

1829

01:09:47,349 --> 01:09:45,199

and and

1830

01:09:49,430 --> 01:09:47,359

i mean i i would they were

1831

01:09:51,430 --> 01:09:49,440

to be clear i would have a lot of

1832

01:09:53,349 --> 01:09:51,440

experiences that were more about what we

1833

01:09:55,189 --> 01:09:53,359

call changing the geometry of the room

1834

01:09:56,310 --> 01:09:55,199

changing the time space continuum so

1835

01:09:57,990 --> 01:09:56,320

there's something about that death

1836

01:10:00,950 --> 01:09:58,000

vortex opening up

1837

01:10:03,350 --> 01:10:00,960

and you know feeling the buzz in my in

1838

01:10:06,070 --> 01:10:03,360

my ears and the

1839

01:10:08,630 --> 01:10:06,080

light changing and the hard angles of

1840

01:10:11,510 --> 01:10:08,640

the room the right angles getting softer

1841

01:10:13,669 --> 01:10:11,520

and then the feeling the pressure on my

1842

01:10:15,350 --> 01:10:13,679

chest the rising up

1843

01:10:18,229 --> 01:10:15,360

and then all of a sudden i'm in a

1844

01:10:18,950 --> 01:10:18,239

different space that's you know

1845

01:10:20,390 --> 01:10:18,960

but

1846

01:10:21,910 --> 01:10:20,400

would you call that an out-of-body

1847

01:10:23,030 --> 01:10:21,920

experience we'd have to i'd have to go

1848

01:10:24,790 --> 01:10:23,040

through a variety of them to go into

1849

01:10:25,669 --> 01:10:24,800

them and i do not go into them in the

1850

01:10:27,270 --> 01:10:25,679

book

1851

01:10:29,750 --> 01:10:27,280

because they're too detailed but the

1852

01:10:31,189 --> 01:10:29,760

point being here is there's many points

1853

01:10:33,430 --> 01:10:31,199

here one is

1854

01:10:35,030 --> 01:10:33,440

that experience i have with ron which

1855

01:10:37,510 --> 01:10:35,040

happened

1856

01:10:42,070 --> 01:10:37,520

about 10 years after my

1857

01:10:45,990 --> 01:10:42,080

second near-death experience in the icu

1858

01:10:47,110 --> 01:10:46,000

that space i was in in the zen hospice

1859

01:10:50,229 --> 01:10:47,120

project

1860

01:10:53,110 --> 01:10:50,239

was very similar it was the same

1861

01:10:56,470 --> 01:10:53,120

location just up high just below the

1862

01:10:59,030 --> 01:10:56,480

ceiling so you know as a researcher and

1863

01:11:01,910 --> 01:10:59,040

experiencer i know the different

1864

01:11:03,270 --> 01:11:01,920

dimensions i'm still in this human realm

1865

01:11:05,110 --> 01:11:03,280

in a certain way just at the kind of

1866

01:11:06,709 --> 01:11:05,120

outer edges of it because i know if i go

1867

01:11:07,910 --> 01:11:06,719

a little further

1868

01:11:09,750 --> 01:11:07,920

well

1869

01:11:11,110 --> 01:11:09,760

everything changes we're no longer in a

1870

01:11:13,910 --> 01:11:11,120

physical dimension

1871

01:11:16,630 --> 01:11:13,920

and i can look down and see it but where

1872

01:11:19,189 --> 01:11:16,640

i am is not in it so that's a

1873

01:11:22,709 --> 01:11:19,199

conversation for another day but but

1874

01:11:26,790 --> 01:11:22,719

this really affirmed once again

1875

01:11:27,990 --> 01:11:26,800

wait a minute i have an existence as an

1876

01:11:30,470 --> 01:11:28,000

as a

1877

01:11:31,830 --> 01:11:30,480

self of some type which i'll just call

1878

01:11:34,390 --> 01:11:31,840

consciousness

1879

01:11:36,229 --> 01:11:34,400

that survives a human body that is not

1880

01:11:38,070 --> 01:11:36,239

dependent upon a human body and

1881

01:11:40,950 --> 01:11:38,080

certainly not a brain

1882

01:11:43,189 --> 01:11:40,960

and the other piece about this is in

1883

01:11:46,310 --> 01:11:43,199

this situation with ron

1884

01:11:48,310 --> 01:11:46,320

i did maintain a sense

1885

01:11:50,229 --> 01:11:48,320

of connection

1886

01:11:53,110 --> 01:11:50,239

to you know william reading that book

1887

01:11:55,669 --> 01:11:53,120

down there but i think that's because

1888

01:11:57,189 --> 01:11:55,679

there wasn't any trauma involved

1889

01:11:59,510 --> 01:11:57,199

i mean i was just popped out i don't

1890

01:12:01,270 --> 01:11:59,520

know that happens but with the with the

1891

01:12:03,189 --> 01:12:01,280

blood imbalance

1892

01:12:05,270 --> 01:12:03,199

i was unconscious for

1893

01:12:08,550 --> 01:12:05,280

i was in a darker space i do remember

1894

01:12:11,110 --> 01:12:08,560

just nothingness for a while before

1895

01:12:12,790 --> 01:12:11,120

i came to in the ceiling of my bed and i

1896

01:12:14,630 --> 01:12:12,800

don't know why that excuse me in the

1897

01:12:16,310 --> 01:12:14,640

ceiling of the icu

1898

01:12:17,910 --> 01:12:16,320

i can't explain all that i mean i

1899

01:12:19,750 --> 01:12:17,920

probably could if you if you were to ask

1900

01:12:20,470 --> 01:12:19,760

me deep questions

1901

01:12:21,350 --> 01:12:20,480

but

1902

01:12:23,669 --> 01:12:21,360

there's

1903

01:12:25,750 --> 01:12:23,679

they're both the same in the out of body

1904

01:12:27,430 --> 01:12:25,760

feature and a separate consciousness

1905

01:12:28,870 --> 01:12:27,440

from the physical

1906

01:12:32,070 --> 01:12:28,880

body brain

1907

01:12:35,750 --> 01:12:32,080

but they're a bit different in my sense

1908

01:12:37,510 --> 01:12:35,760

of identity with william the human being

1909

01:12:39,110 --> 01:12:37,520

said i think that's

1910

01:12:40,470 --> 01:12:39,120

super interesting

1911

01:12:42,790 --> 01:12:40,480

and i think we need to kind of try and

1912

01:12:45,350 --> 01:12:42,800

parse it out a little bit if i can ask

1913

01:12:47,510 --> 01:12:45,360

you to do that because we do have this

1914

01:12:50,149 --> 01:12:47,520

connection to like you mentioned

1915

01:12:51,270 --> 01:12:50,159

shamanic traditions and other wisdom

1916

01:12:52,950 --> 01:12:51,280

traditions

1917

01:12:54,630 --> 01:12:52,960

and then we have all sorts of other

1918

01:12:56,870 --> 01:12:54,640

stuff that we don't even have to get

1919

01:12:57,750 --> 01:12:56,880

into here but are talking about these

1920

01:12:59,910 --> 01:12:57,760

other

1921

01:13:01,510 --> 01:12:59,920

extended consciousness realms and they

1922

01:13:04,229 --> 01:13:01,520

talk about them in the way that you just

1923

01:13:06,550 --> 01:13:04,239

did of oh this one's close this one's

1924

01:13:08,550 --> 01:13:06,560

far away this one's above this one's

1925

01:13:10,709 --> 01:13:08,560

below and then

1926

01:13:12,709 --> 01:13:10,719

that's kind of from a non-spiritual

1927

01:13:14,790 --> 01:13:12,719

perspective and then when we get into

1928

01:13:17,430 --> 01:13:14,800

the spiritual perspective

1929

01:13:19,030 --> 01:13:17,440

things shift a little bit and we're

1930

01:13:21,110 --> 01:13:19,040

confronted with the really really big

1931

01:13:23,430 --> 01:13:21,120

questions which the biggest to me always

1932

01:13:24,390 --> 01:13:23,440

is the hierarchy of consciousness you

1933

01:13:26,470 --> 01:13:24,400

know

1934

01:13:28,070 --> 01:13:26,480

you're already referring to it in a way

1935

01:13:30,950 --> 01:13:28,080

even though you don't use that exact

1936

01:13:33,510 --> 01:13:30,960

language but the conductor is at a

1937

01:13:36,229 --> 01:13:33,520

higher if you will level

1938

01:13:38,630 --> 01:13:36,239

than some of these other folks and what

1939

01:13:40,790 --> 01:13:38,640

does that say it implies god it for lack

1940

01:13:43,669 --> 01:13:40,800

of a better term but we're kind of

1941

01:13:45,590 --> 01:13:43,679

uncomfortable with that but even

1942

01:13:47,590 --> 01:13:45,600

i want to pull that back and saying

1943

01:13:49,270 --> 01:13:47,600

we're uncomfortable with that forget

1944

01:13:52,070 --> 01:13:49,280

being uncomfortable or comfortable with

1945

01:13:54,950 --> 01:13:52,080

it just from a phenomenological kind of

1946

01:13:56,630 --> 01:13:54,960

perspective we have this one experience

1947

01:14:00,470 --> 01:13:56,640

that doesn't seem to have any of that

1948

01:14:02,870 --> 01:14:00,480

but completely defies time space and

1949

01:14:04,790 --> 01:14:02,880

sequence you know this is parallelism

1950

01:14:07,270 --> 01:14:04,800

um and then we have this other

1951

01:14:08,470 --> 01:14:07,280

experience that seems to be all about

1952

01:14:10,390 --> 01:14:08,480

this

1953

01:14:14,229 --> 01:14:10,400

big vertical leap that you're going to

1954

01:14:17,990 --> 01:14:14,239

make in terms of spirituality

1955

01:14:20,630 --> 01:14:18,000

you know this is terrain we do have to

1956

01:14:22,390 --> 01:14:20,640

it does it do we have to dig it dig into

1957

01:14:25,270 --> 01:14:22,400

this does this

1958

01:14:27,350 --> 01:14:25,280

because you face such an enormous

1959

01:14:28,870 --> 01:14:27,360

challenge that you've laid out which is

1960

01:14:31,110 --> 01:14:28,880

just you know you got oh you've got your

1961

01:14:33,990 --> 01:14:31,120

plate just with hospice you know what i

1962

01:14:35,030 --> 01:14:34,000

mean that's on your plate right now help

1963

01:14:38,870 --> 01:14:35,040

people

1964

01:14:40,830 --> 01:14:38,880

but the the big meal is still out there

1965

01:14:43,510 --> 01:14:40,840

as well is what does all this stuff

1966

01:14:45,350 --> 01:14:43,520

mean well you're

1967

01:14:47,030 --> 01:14:45,360

you just touched on

1968

01:14:49,270 --> 01:14:47,040

the challenge that i

1969

01:14:51,350 --> 01:14:49,280

face pretty much every day and that is

1970

01:14:53,270 --> 01:14:51,360

you know what is the significance of the

1971

01:14:55,430 --> 01:14:53,280

shared death experience in terms of you

1972

01:14:59,430 --> 01:14:55,440

know the the research and the meaning

1973

01:15:01,030 --> 01:14:59,440

around it what what is the sequentially

1974

01:15:02,790 --> 01:15:01,040

in my mind

1975

01:15:05,669 --> 01:15:02,800

who are the people who are asking to

1976

01:15:07,750 --> 01:15:05,679

look at this and transform or

1977

01:15:10,149 --> 01:15:07,760

incorporate this wisdom and knowledge in

1978

01:15:11,830 --> 01:15:10,159

some ways like you you've identified

1979

01:15:12,830 --> 01:15:11,840

alex the various

1980

01:15:15,510 --> 01:15:12,840

if you will

1981

01:15:17,030 --> 01:15:15,520

constituencies that that need to be they

1982

01:15:18,870 --> 01:15:17,040

need to take this up and we need to have

1983

01:15:21,590 --> 01:15:18,880

a conversation they need to address the

1984

01:15:24,310 --> 01:15:21,600

reality of these experiences

1985

01:15:26,630 --> 01:15:24,320

or they need to steer everyone away from

1986

01:15:29,510 --> 01:15:26,640

addressing this as much as they possibly

1987

01:15:31,110 --> 01:15:29,520

can because it doesn't really fit in

1988

01:15:32,709 --> 01:15:31,120

with

1989

01:15:34,709 --> 01:15:32,719

the way things either where they want to

1990

01:15:36,709 --> 01:15:34,719

take things or even on a simpler term

1991

01:15:38,630 --> 01:15:36,719

just upsetting the way things are right

1992

01:15:41,669 --> 01:15:38,640

now so i mean that's just i want to

1993

01:15:43,590 --> 01:15:41,679

throw my two cents in yeah i mean and in

1994

01:15:44,310 --> 01:15:43,600

a certain way i feel myself wanting to

1995

01:15:45,510 --> 01:15:44,320

be

1996

01:15:47,189 --> 01:15:45,520

well i can tell you where i go

1997

01:15:49,189 --> 01:15:47,199

organizationally because i run you know

1998

01:15:51,590 --> 01:15:49,199

this organization where we can allocate

1999

01:15:54,709 --> 01:15:51,600

our resources and attention the truth of

2000

01:15:59,350 --> 01:15:56,790

when people who

2001

01:16:01,189 --> 01:15:59,360

um have levers of change and are willing

2002

01:16:04,149 --> 01:16:01,199

to get the word out in a way that i

2003

01:16:09,510 --> 01:16:04,159

think like you can do it in a way that

2004

01:16:11,030 --> 01:16:09,520

is um efficacious wise thoughtful

2005

01:16:13,910 --> 01:16:11,040

uh

2006

01:16:16,709 --> 01:16:13,920

and can influence people that's where we

2007

01:16:18,550 --> 01:16:16,719

go do i know where the where this is the

2008

01:16:20,709 --> 01:16:18,560

change is going to happen i don't know

2009

01:16:23,030 --> 01:16:20,719

where that hundredth monkey is

2010

01:16:24,310 --> 01:16:23,040

it could be in medicine hey it could be

2011

01:16:25,189 --> 01:16:24,320

that you know

2012

01:16:29,030 --> 01:16:25,199

the

2013

01:16:30,790 --> 01:16:29,040

tomorrow and says you know i want to say

2014

01:16:33,510 --> 01:16:30,800

something my you know my granddaughter

2015

01:16:35,590 --> 01:16:33,520

gave me this at heaven's door for my

2016

01:16:37,110 --> 01:16:35,600

birthday and i got to tell you i had one

2017

01:16:39,350 --> 01:16:37,120

of these things

2018

01:16:41,510 --> 01:16:39,360

okay well now we've got a game changer

2019

01:16:44,470 --> 01:16:41,520

and i'm willing to respond that or or a

2020

01:16:46,229 --> 01:16:44,480

big influencer you know um you know

2021

01:16:49,189 --> 01:16:46,239

you're you're certainly

2022

01:16:50,550 --> 01:16:49,199

huge in your particular field of you

2023

01:16:52,709 --> 01:16:50,560

know what i would say consciously

2024

01:16:54,229 --> 01:16:52,719

oriented spiritual people who are

2025

01:16:56,310 --> 01:16:54,239

looking at

2026

01:16:59,669 --> 01:16:56,320

new models that are actually more

2027

01:17:03,030 --> 01:16:59,679

reflective of the way things are say

2028

01:17:04,870 --> 01:17:03,040

kind of simply um but you know it would

2029

01:17:07,669 --> 01:17:04,880

be great if um

2030

01:17:10,149 --> 01:17:07,679

you know oprah winfrey you know said hey

2031

01:17:12,229 --> 01:17:10,159

by the way i heard about these and i had

2032

01:17:14,470 --> 01:17:12,239

this with my aunt whatever you know so

2033

01:17:16,229 --> 01:17:14,480

what i'm saying to you is i don't know

2034

01:17:18,149 --> 01:17:16,239

where the transformation is going to

2035

01:17:19,350 --> 01:17:18,159

take place i don't know what that lever

2036

01:17:22,229 --> 01:17:19,360

is going to be

2037

01:17:24,870 --> 01:17:22,239

i do feel very strongly alex that it's

2038

01:17:27,430 --> 01:17:24,880

going to happen because you can't deny

2039

01:17:30,630 --> 01:17:27,440

this i mean what the the letters i have

2040

01:17:32,870 --> 01:17:30,640

received emails from just the last month

2041

01:17:35,270 --> 01:17:32,880

of having this book out has been

2042

01:17:37,110 --> 01:17:35,280

absolutely spectacular people from all

2043

01:17:39,830 --> 01:17:37,120

walks of life saying

2044

01:17:40,550 --> 01:17:39,840

i had this thank you i've never shared

2045

01:17:41,910 --> 01:17:40,560

it

2046

01:17:46,390 --> 01:17:41,920

and you know

2047

01:17:47,189 --> 01:17:46,400

so and and even medical doctors saying

2048

01:17:52,870 --> 01:17:47,199

i

2049

01:17:54,310 --> 01:17:52,880

all the day that that share these

2050

01:17:55,510 --> 01:17:54,320

experiences every you know all the time

2051

01:17:57,030 --> 01:17:55,520

but every now and then i hear these in

2052

01:17:59,189 --> 01:17:57,040

my medical practice and i don't know

2053

01:18:00,790 --> 01:17:59,199

what to say even though i've had it

2054

01:18:03,590 --> 01:18:00,800

so i don't know where it's going to

2055

01:18:06,709 --> 01:18:03,600

happen but i i do feel it will and maybe

2056

01:18:09,110 --> 01:18:06,719

i'm just an optimist but well no you're

2057

01:18:11,669 --> 01:18:09,120

that's awesome i mean you are you are a

2058

01:18:13,830 --> 01:18:11,679

people helper you are in service you

2059

01:18:15,270 --> 01:18:13,840

know and that's just such a beautiful

2060

01:18:17,990 --> 01:18:15,280

beautiful thing

2061

01:18:19,910 --> 01:18:18,000

to see and to experience someone who's

2062

01:18:21,590 --> 01:18:19,920

doing that and has done that for so long

2063

01:18:23,590 --> 01:18:21,600

so i got it

2064

01:18:25,510 --> 01:18:23,600

you gotta do that

2065

01:18:27,270 --> 01:18:25,520

totally get that

2066

01:18:29,830 --> 01:18:27,280

i'm going to hit you with one other one

2067

01:18:32,390 --> 01:18:29,840

though that adds a little bit of color

2068

01:18:34,470 --> 01:18:32,400

and complexity to this which i really

2069

01:18:36,709 --> 01:18:34,480

appreciate that you don't shy away from

2070

01:18:38,870 --> 01:18:36,719

that in any way i mean you deal with it

2071

01:18:40,470 --> 01:18:38,880

head on you just

2072

01:18:42,390 --> 01:18:40,480

have a heart that says

2073

01:18:46,310 --> 01:18:42,400

let me help the people

2074

01:18:48,550 --> 01:18:46,320

who i can help right now uh let me help

2075

01:18:50,229 --> 01:18:48,560

comfort them let me help because grief i

2076

01:18:52,790 --> 01:18:50,239

like that we haven't talked about grief

2077

01:18:56,229 --> 01:18:52,800

because grief is complicated and there's

2078

01:18:58,709 --> 01:18:56,239

another show can talk about all that but

2079

01:19:00,390 --> 01:18:58,719

you work with people who are

2080

01:19:02,310 --> 01:19:00,400

really really

2081

01:19:04,470 --> 01:19:02,320

crippled by grief and

2082

01:19:06,470 --> 01:19:04,480

you're trying to help and all that so

2083

01:19:09,990 --> 01:19:06,480

let's do this as we kind of head towards

2084

01:19:13,910 --> 01:19:10,000

wrapping this up back to the strangeness

2085

01:19:16,470 --> 01:19:13,920

can you tell us the story about gale

2086

01:19:17,669 --> 01:19:16,480

and the clink of the china

2087

01:19:20,070 --> 01:19:17,679

because

2088

01:19:22,070 --> 01:19:20,080

this is another one that

2089

01:19:23,430 --> 01:19:22,080

you know again i just gotta pull back a

2090

01:19:25,910 --> 01:19:23,440

little bit because you get into the

2091

01:19:28,070 --> 01:19:25,920

shared death experience like oh wow this

2092

01:19:29,430 --> 01:19:28,080

is great this is great and then you but

2093

01:19:30,470 --> 01:19:29,440

you gotta check yourself over when it's

2094

01:19:31,669 --> 01:19:30,480

gonna go

2095

01:19:36,790 --> 01:19:31,679

what

2096

01:19:40,870 --> 01:19:36,800

yes

2097

01:19:43,270 --> 01:19:40,880

so gail she's you know gail is the first

2098

01:19:44,630 --> 01:19:43,280

story we you know share in the book it's

2099

01:19:46,149 --> 01:19:44,640

the first one that i

2100

01:19:51,189 --> 01:19:46,159

really

2101
01:19:53,350 --> 01:19:51,199
uh want to want the audience to hear and

2102
01:19:54,149 --> 01:19:53,360
grapple with right away

2103
01:19:58,070 --> 01:19:54,159
so

2104
01:20:01,030 --> 01:19:58,080
gail is in the hospital with her father

2105
01:20:03,270 --> 01:20:01,040
and her father you know she doesn't know

2106
01:20:04,310 --> 01:20:03,280
where he is on the map of life doesn't

2107
01:20:05,990 --> 01:20:04,320
know if he's going to get out of the

2108
01:20:09,350 --> 01:20:06,000
hospital doesn't know if

2109
01:20:12,550 --> 01:20:09,360
you know this is his moment so

2110
01:20:15,669 --> 01:20:12,560
she's in the hospital bedroom with him

2111
01:20:18,229 --> 01:20:15,679
and he starts coding so the medical

2112
01:20:20,629 --> 01:20:18,239
staff ushers her down to the waiting

2113
01:20:23,030 --> 01:20:20,639

room and she's alone in the waiting room

2114

01:20:25,350 --> 01:20:23,040

and what she describes is

2115

01:20:28,229 --> 01:20:25,360

she finds herself

2116

01:20:31,750 --> 01:20:28,239

in a visionary realm

2117

01:20:34,070 --> 01:20:31,760

walking down a beautiful path

2118

01:20:35,430 --> 01:20:34,080

and she feels the presence of her father

2119

01:20:37,350 --> 01:20:35,440

with her

2120

01:20:40,310 --> 01:20:37,360

she doesn't say she actually sees him

2121

01:20:41,590 --> 01:20:40,320

but she knows that he she is with him

2122

01:20:44,310 --> 01:20:41,600

and they're walking down this beautiful

2123

01:20:48,229 --> 01:20:44,320

country road and then all of a sudden

2124

01:20:49,270 --> 01:20:48,239

she sees this little path go out to

2125

01:20:51,110 --> 01:20:49,280

this

2126

01:20:52,870 --> 01:20:51,120

kind of other estate if you will a

2127

01:20:55,590 --> 01:20:52,880

state's probably too um too much

2128

01:20:58,629 --> 01:20:55,600

grandeur but there's a gate and there's

2129

01:21:01,510 --> 01:20:58,639

people behind that she hears talking

2130

01:21:03,510 --> 01:21:01,520

and she hears

2131

01:21:06,470 --> 01:21:03,520

voices

2132

01:21:09,189 --> 01:21:06,480

of people either that she remembers from

2133

01:21:10,229 --> 01:21:09,199

her childhood who have predeceased

2134

01:21:12,870 --> 01:21:10,239

uh

2135

01:21:15,830 --> 01:21:12,880

her and of course her father

2136

01:21:18,229 --> 01:21:15,840

and what she hears is that these people

2137

01:21:19,270 --> 01:21:18,239

referring to

2138

01:21:22,149 --> 01:21:19,280

walter

2139

01:21:24,229 --> 01:21:22,159

by his childhood name by his younger

2140

01:21:27,910 --> 01:21:24,239

name the name that was only used in the

2141

01:21:29,750 --> 01:21:27,920

family when he was you know in his 20s

2142

01:21:31,030 --> 01:21:29,760

or something in childhood and 20s i

2143

01:21:32,470 --> 01:21:31,040

think it's like walter or something

2144

01:21:34,629 --> 01:21:32,480

because now as you grow up they call

2145

01:21:37,510 --> 01:21:34,639

them walt but she recognizes these

2146

01:21:39,910 --> 01:21:37,520

voices and she recognizes the names

2147

01:21:42,070 --> 01:21:39,920

being exchanged and she's thinking oh my

2148

01:21:44,310 --> 01:21:42,080

god there's my aunt my who died and

2149

01:21:46,390 --> 01:21:44,320

there's my grandmother who died she's

2150

01:21:48,629 --> 01:21:46,400

putting this together and then she hears

2151
01:21:52,310 --> 01:21:48,639
the clinking of the china

2152
01:21:53,750 --> 01:21:52,320
and that and she realizes she at that

2153
01:21:55,750 --> 01:21:53,760
moment she hears

2154
01:21:56,629 --> 01:21:55,760
walter's coming walter's coming he's

2155
01:21:57,910 --> 01:21:56,639
coming

2156
01:22:00,629 --> 01:21:57,920
and now

2157
01:22:01,750 --> 01:22:00,639
we are getting this sense of what you

2158
01:22:05,830 --> 01:22:01,760
know

2159
01:22:09,430 --> 01:22:05,840
raymond talked about this too raymond

2160
01:22:11,750 --> 01:22:09,440
moody this welcoming party well known in

2161
01:22:13,350 --> 01:22:11,760
the sh in the near death experience and

2162
01:22:16,229 --> 01:22:13,360
here we have it again in the shared

2163
01:22:17,590 --> 01:22:16,239

death experience they're preparing

2164

01:22:24,390 --> 01:22:17,600

a

2165

01:22:26,550 --> 01:22:24,400

home

2166

01:22:28,470 --> 01:22:26,560

and as she approaches the gate she

2167

01:22:30,070 --> 01:22:28,480

realizes

2168

01:22:34,310 --> 01:22:30,080

this is

2169

01:22:35,510 --> 01:22:34,320

a boundary upon which she cannot

2170

01:22:37,189 --> 01:22:35,520

pass

2171

01:22:39,110 --> 01:22:37,199

this is the boundary in the spiritual

2172

01:22:40,470 --> 01:22:39,120

realm we know this well both in the nd

2173

01:22:41,910 --> 01:22:40,480

and the sde

2174

01:22:44,790 --> 01:22:41,920

and then

2175

01:22:47,430 --> 01:22:44,800

it ends and she's back in

2176
01:22:50,870 --> 01:22:47,440
the waiting room and the doctor comes

2177
01:22:55,270 --> 01:22:50,880
down the hall and says to her

2178
01:22:57,350 --> 01:22:55,280
i'm i'm sorry to tell you

2179
01:22:58,390 --> 01:22:57,360
and she interrupts him i believe and

2180
01:22:59,750 --> 01:22:58,400
says

2181
01:23:01,510 --> 01:22:59,760
i know

2182
01:23:04,310 --> 01:23:01,520
i was just with him

2183
01:23:07,510 --> 01:23:04,320
i know he's died and the doctor

2184
01:23:10,950 --> 01:23:07,520
steps back and rolls his eyes and walks

2185
01:23:13,189 --> 01:23:10,960
out without saying anything like like

2186
01:23:16,149 --> 01:23:13,199
you know anyway i i can go off on that

2187
01:23:17,830 --> 01:23:16,159
one but i'm like clinically

2188
01:23:20,390 --> 01:23:17,840

so there's two things here so you've got

2189

01:23:22,870 --> 01:23:20,400

gail with this spectacular welcoming

2190

01:23:25,750 --> 01:23:22,880

party experience with her father

2191

01:23:27,910 --> 01:23:25,760

um into the next dimension you know into

2192

01:23:29,750 --> 01:23:27,920

the afterlife it's benevolent so for

2193

01:23:32,709 --> 01:23:29,760

gail what's so profound about this and

2194

01:23:35,669 --> 01:23:32,719

what we see for all of our i say almost

2195

01:23:36,790 --> 01:23:35,679

all of our experiencers is this sense

2196

01:23:38,550 --> 01:23:36,800

that her

2197

01:23:41,510 --> 01:23:38,560

beloved father

2198

01:23:43,189 --> 01:23:41,520

is now alive and well in a in a

2199

01:23:45,350 --> 01:23:43,199

beautiful afterlife

2200

01:23:49,189 --> 01:23:45,360

being greeted by

2201
01:23:51,110 --> 01:23:49,199
known family and relatives welcomed home

2202
01:23:52,790 --> 01:23:51,120
and so for

2203
01:23:55,910 --> 01:23:52,800
gail

2204
01:23:58,390 --> 01:23:55,920
and many other sd experiencers

2205
01:23:59,270 --> 01:23:58,400
she knows that

2206
01:24:01,030 --> 01:23:59,280
her

2207
01:24:04,229 --> 01:24:01,040
departed loved one

2208
01:24:05,910 --> 01:24:04,239
is in a great place and this radically

2209
01:24:07,510 --> 01:24:05,920
transforms

2210
01:24:09,510 --> 01:24:07,520
her grief

2211
01:24:12,550 --> 01:24:09,520
like she's not wondering where her

2212
01:24:14,390 --> 01:24:12,560
father is she knows he's alive and well

2213
01:24:17,189 --> 01:24:14,400

she knows that she'll see him again she

2214

01:24:20,950 --> 01:24:17,199

even says that and

2215

01:24:23,350 --> 01:24:20,960

uh and her fear of death is completely

2216

01:24:25,669 --> 01:24:23,360

alleviated this is one of the great

2217

01:24:28,149 --> 01:24:25,679

hallmarks of these near death and shared

2218

01:24:31,189 --> 01:24:28,159

experiences is that our relationship to

2219

01:24:34,310 --> 01:24:31,199

death and dying is wholly transformed

2220

01:24:38,470 --> 01:24:34,320

from one of fear and anxiety

2221

01:24:41,270 --> 01:24:38,480

to one of wonder and awe and receptivity

2222

01:24:43,110 --> 01:24:41,280

to this great event this great adventure

2223

01:24:45,030 --> 01:24:43,120

that awaits us all

2224

01:24:46,709 --> 01:24:45,040

so and then the last piece i'll say

2225

01:24:48,550 --> 01:24:46,719

about this but i i don't want to end

2226

01:24:52,470 --> 01:24:48,560

here because it's not a positive piece

2227

01:24:54,950 --> 01:24:52,480

but my my yearning my longing

2228

01:24:57,270 --> 01:24:54,960

for gail and anybody who has any of

2229

01:24:58,550 --> 01:24:57,280

these experiences in a hospital

2230

01:25:01,110 --> 01:24:58,560

is that

2231

01:25:03,030 --> 01:25:01,120

when a medical professional usually it's

2232

01:25:06,390 --> 01:25:03,040

a doctor who comes to the surviving

2233

01:25:08,550 --> 01:25:06,400

loved ones and announces a death says

2234

01:25:11,189 --> 01:25:08,560

hey i have some news for you i'm really

2235

01:25:12,790 --> 01:25:11,199

sorry to say to you and and then you

2236

01:25:14,550 --> 01:25:12,800

know at some point

2237

01:25:16,229 --> 01:25:14,560

gail has

2238

01:25:18,229 --> 01:25:16,239

the confidence now gail is a very

2239

01:25:20,470 --> 01:25:18,239

confident person so she told the doctor

2240

01:25:22,070 --> 01:25:20,480

right there boom this is what happened

2241

01:25:24,229 --> 01:25:22,080

but my hope is that that medical

2242

01:25:25,430 --> 01:25:24,239

professional will say

2243

01:25:28,149 --> 01:25:25,440

oh

2244

01:25:31,030 --> 01:25:28,159

gail that's wonderful

2245

01:25:33,110 --> 01:25:31,040

you had a shared death experience

2246

01:25:35,669 --> 01:25:33,120

tell me more

2247

01:25:37,990 --> 01:25:35,679

i want to know more about this that is

2248

01:25:42,550 --> 01:25:38,000

such a gift this is known in the

2249

01:25:44,470 --> 01:25:42,560

research you are so blessed to have this

2250

01:25:47,350 --> 01:25:44,480

and if you i would love to hear more

2251

01:25:49,750 --> 01:25:47,360

right now if you feel comfortable i also

2252

01:25:50,790 --> 01:25:49,760

have someone on staff who knows all

2253

01:25:53,030 --> 01:25:50,800

about this

2254

01:25:55,110 --> 01:25:53,040

we want to help you

2255

01:25:58,070 --> 01:25:55,120

make sense of this and we want to affirm

2256

01:26:01,590 --> 01:25:58,080

that what you had is a known experience

2257

01:26:04,149 --> 01:26:01,600

that is a gift that you can continue to

2258

01:26:05,510 --> 01:26:04,159

be with and it will our the research

2259

01:26:07,430 --> 01:26:05,520

suggests that

2260

01:26:09,590 --> 01:26:07,440

this is really beneficial for you and

2261

01:26:11,669 --> 01:26:09,600

your loved ones

2262

01:26:13,830 --> 01:26:11,679

that's what i hope for

2263

01:26:16,070 --> 01:26:13,840

yeah that's awesome it's a great story

2264

01:26:18,950 --> 01:26:16,080

and again you know william tells a great

2265

01:26:20,470 --> 01:26:18,960

story he also writes a great story this

2266

01:26:22,149 --> 01:26:20,480

book like i said it's kind of a page

2267

01:26:25,110 --> 01:26:22,159

turner you're going to want to hear

2268

01:26:27,590 --> 01:26:25,120

story after story and i guess we should

2269

01:26:29,430 --> 01:26:27,600

add you know and talk about

2270

01:26:31,590 --> 01:26:29,440

the shared crossing project in

2271

01:26:34,470 --> 01:26:31,600

sharedcrossing.com because the other

2272

01:26:36,950 --> 01:26:34,480

thing that gail can do in this situation

2273

01:26:37,830 --> 01:26:36,960

is you're kind of filling the gap right

2274

01:26:40,110 --> 01:26:37,840

so

2275

01:26:42,310 --> 01:26:40,120

she could go to

2276
01:26:44,149 --> 01:26:42,320
sharedcrossing.com and she could find

2277
01:26:46,310 --> 01:26:44,159
someone where she could

2278
01:26:49,350 --> 01:26:46,320
feel uh i'm sure she'd feel a real

2279
01:26:52,149 --> 01:26:49,360
welcoming about that experience and

2280
01:26:54,470 --> 01:26:52,159
that's an unbelievable gift

2281
01:26:56,550 --> 01:26:54,480
that this book brings

2282
01:26:57,830 --> 01:26:56,560
i haven't said that because we said that

2283
01:26:59,669 --> 01:26:57,840
over and over again

2284
01:27:01,270 --> 01:26:59,679
i do want to

2285
01:27:02,950 --> 01:27:01,280
take this story in a slightly different

2286
01:27:04,870 --> 01:27:02,960
direction as well

2287
01:27:07,189 --> 01:27:04,880
because again i think this is to me this

2288
01:27:10,149 --> 01:27:07,199

is one of the barriers to really the

2289

01:27:12,950 --> 01:27:10,159

acceptance of this whole stuff all this

2290

01:27:15,910 --> 01:27:12,960

stuff and people like you and i in our

2291

01:27:18,149 --> 01:27:15,920

community we can have a tendency to not

2292

01:27:19,669 --> 01:27:18,159

fully appreciate what that paradigm

2293

01:27:21,910 --> 01:27:19,679

change is like you know what because we

2294

01:27:24,390 --> 01:27:21,920

forget our own paradigm change

2295

01:27:25,750 --> 01:27:24,400

you were different you had it at 17

2296

01:27:27,350 --> 01:27:25,760

through a near-death experience but for

2297

01:27:29,750 --> 01:27:27,360

the rest of us who don't have those

2298

01:27:31,750 --> 01:27:29,760

experiences it's a lot of grinding on it

2299

01:27:34,229 --> 01:27:31,760

grinding on it i'm a smart person how

2300

01:27:36,229 --> 01:27:34,239

could i not know about this uh the world

2301

01:27:38,229 --> 01:27:36,239

works the way it works and i'm

2302

01:27:40,629 --> 01:27:38,239

comfortable with it how could everything

2303

01:27:41,750 --> 01:27:40,639

be upside down because that's what

2304

01:27:43,669 --> 01:27:41,760

you're

2305

01:27:45,350 --> 01:27:43,679

really kind of

2306

01:27:49,430 --> 01:27:45,360

demanding here

2307

01:27:51,910 --> 01:27:49,440

gail's story does not make any sense

2308

01:27:53,830 --> 01:27:51,920

from a consensus reality perspective it

2309

01:27:56,149 --> 01:27:53,840

just it doesn't and we can't pretend

2310

01:27:57,830 --> 01:27:56,159

like it does or shoehorn it back in or

2311

01:28:00,070 --> 01:27:57,840

no it just

2312

01:28:02,709 --> 01:28:00,080

doesn't make any sense and what it

2313

01:28:03,750 --> 01:28:02,719

points to i think the really challenging

2314

01:28:05,270 --> 01:28:03,760

part

2315

01:28:07,430 --> 01:28:05,280

is that

2316

01:28:10,070 --> 01:28:07,440

maybe our barrier

2317

01:28:11,990 --> 01:28:10,080

to understanding gail's story

2318

01:28:13,430 --> 01:28:12,000

is understanding

2319

01:28:14,629 --> 01:28:13,440

just how

2320

01:28:17,270 --> 01:28:14,639

clouded

2321

01:28:19,669 --> 01:28:17,280

our consensus reality perspective is

2322

01:28:22,070 --> 01:28:19,679

because everybody you're talking to

2323

01:28:25,189 --> 01:28:22,080

william is coming back and going no you

2324

01:28:28,229 --> 01:28:25,199

don't get it that's real

2325

01:28:30,470 --> 01:28:28,239

you're not real you're not experiencing

2326

01:28:34,070 --> 01:28:30,480

reality when i was there that was

2327

01:28:37,110 --> 01:28:34,080

reality this isn't reality

2328

01:28:39,830 --> 01:28:37,120

that's a lot for us to kind of wrap our

2329

01:28:41,669 --> 01:28:39,840

head around and i'm sure you

2330

01:28:43,110 --> 01:28:41,679

struggle with that i'm sure you probably

2331

01:28:45,110 --> 01:28:43,120

struggled or have struggled with it

2332

01:28:48,870 --> 01:28:45,120

yourself but i'm sure you also struggle

2333

01:28:51,669 --> 01:28:48,880

with it with the people you try to serve

2334

01:28:52,870 --> 01:28:51,679

yeah you've said that very well alex one

2335

01:28:53,990 --> 01:28:52,880

of the

2336

01:28:56,070 --> 01:28:54,000

frequent

2337

01:28:57,510 --> 01:28:56,080

comments we hear during our interviews

2338

01:29:00,629 --> 01:28:57,520

and of course you know i feel the same

2339

01:29:03,350 --> 01:29:00,639

way being an experimenter is that

2340

01:29:07,350 --> 01:29:03,360

that dimension that that we go to during

2341

01:29:11,030 --> 01:29:07,360

these experiences is more real than real

2342

01:29:14,390 --> 01:29:11,040

this that is the ultimate reality and

2343

01:29:18,550 --> 01:29:14,400

that this human experience is

2344

01:29:20,790 --> 01:29:18,560

the dream it's the delusion it's it's a

2345

01:29:23,350 --> 01:29:20,800

temporary

2346

01:29:25,830 --> 01:29:23,360

experience a realm that we go to to

2347

01:29:27,510 --> 01:29:25,840

learn and to have experiences and

2348

01:29:29,510 --> 01:29:27,520

hopefully evolve our souls there's a

2349

01:29:31,430 --> 01:29:29,520

whole paradigm around this where you can

2350

01:29:32,950 --> 01:29:31,440

agree with or not and not all our

2351

01:29:36,310 --> 01:29:32,960

experiencers will

2352

01:29:38,229 --> 01:29:36,320

say what i said but they will when

2353

01:29:40,470 --> 01:29:38,239

when they've had a particular experience

2354

01:29:44,470 --> 01:29:40,480

assert that

2355

01:29:46,950 --> 01:29:44,480

the human experience is not

2356

01:29:48,310 --> 01:29:46,960

the ultimate reality where

2357

01:29:52,149 --> 01:29:48,320

they went

2358

01:29:54,229 --> 01:29:52,159

during that often short period of time

2359

01:29:57,830 --> 01:29:54,239

is the ultimate reality and often we

2360

01:29:58,790 --> 01:29:57,840

hear the term that's our true home

2361

01:30:01,910 --> 01:29:58,800

that's

2362

01:30:04,790 --> 01:30:01,920

where we truly reside

2363

01:30:07,270 --> 01:30:04,800

great a couple other things let's uh

2364

01:30:08,229 --> 01:30:07,280

just throw on the table if we can

2365

01:30:10,310 --> 01:30:08,239

uh

2366

01:30:12,070 --> 01:30:10,320

you've also

2367

01:30:13,910 --> 01:30:12,080

you know really understand the work of

2368

01:30:15,750 --> 01:30:13,920

gregory shishan and you've studied it

2369

01:30:18,310 --> 01:30:15,760

and have you collaborated with him at

2370

01:30:20,149 --> 01:30:18,320

all or talked to him at all i have not

2371

01:30:22,310 --> 01:30:20,159

yeah but i do see us we'll be speaking

2372

01:30:24,229 --> 01:30:22,320

at some conferences coming up i do hope

2373

01:30:26,629 --> 01:30:24,239

to to um

2374

01:30:28,390 --> 01:30:26,639

to meet him uh i have a just a

2375

01:30:30,790 --> 01:30:28,400

tremendous amount of respect for his

2376

01:30:33,189 --> 01:30:30,800

work it is so

2377

01:30:35,430 --> 01:30:33,199

i mean so challenging such a good way

2378

01:30:37,189 --> 01:30:35,440

really stretches us not just spiritually

2379

01:30:39,669 --> 01:30:37,199

but multiculturally

2380

01:30:42,229 --> 01:30:39,679

and i think that is what we

2381

01:30:43,669 --> 01:30:42,239

we need that in spades so i just yeah

2382

01:30:46,310 --> 01:30:43,679

i'm a huge

2383

01:30:48,070 --> 01:30:46,320

fan and admirer of his work

2384

01:30:49,990 --> 01:30:48,080

great and so am i for all the reasons

2385

01:30:52,310 --> 01:30:50,000

that you said because if we were going

2386

01:30:55,350 --> 01:30:52,320

to pull back a little bit and say let's

2387

01:30:57,669 --> 01:30:55,360

try and get a handle on this from

2388

01:30:59,110 --> 01:30:57,679

this reality then

2389

01:31:01,030 --> 01:30:59,120

we'd immediately want to go cross

2390

01:31:03,750 --> 01:31:01,040

culture and cross time to kind of wipe

2391

01:31:05,510 --> 01:31:03,760

out flush out any of those factors that

2392

01:31:07,990 --> 01:31:05,520

are playing in and that's exactly what

2393

01:31:09,590 --> 01:31:08,000

shushan has done right he said

2394

01:31:11,669 --> 01:31:09,600

from kind of an anthropological

2395

01:31:13,910 --> 01:31:11,679

standpoint let's look at near-death

2396

01:31:15,990 --> 01:31:13,920

experiences across all these cultures

2397

01:31:19,510 --> 01:31:16,000

and let's go back in time as far as we

2398

01:31:21,830 --> 01:31:19,520

can with these accounts and

2399

01:31:24,629 --> 01:31:21,840

it's amazing what he finds

2400

01:31:26,870 --> 01:31:24,639

he's kind of reticent to go too far

2401
01:31:29,750 --> 01:31:26,880
because he's really even more locked

2402
01:31:30,870 --> 01:31:29,760
into a system that doesn't allow any

2403
01:31:32,390 --> 01:31:30,880
other stuff

2404
01:31:34,709 --> 01:31:32,400
but it also kind of throws a monkey

2405
01:31:36,709 --> 01:31:34,719
wrench on into some of this stuff that

2406
01:31:39,270 --> 01:31:36,719
we're talking about because it all

2407
01:31:42,470 --> 01:31:39,280
doesn't break as cleanly as we'd want it

2408
01:31:45,189 --> 01:31:42,480
to in terms of a nice neat story of all

2409
01:31:45,990 --> 01:31:45,199
goodness and wonderful and all this i

2410
01:31:48,709 --> 01:31:46,000
mean

2411
01:31:51,750 --> 01:31:48,719
you got shamans journeying to

2412
01:31:53,350 --> 01:31:51,760
some dark places as well you know and if

2413
01:31:54,470 --> 01:31:53,360

we look at the near death experience

2414

01:31:56,870 --> 01:31:54,480

literature

2415

01:31:58,950 --> 01:31:56,880

we have the traumatic and the

2416

01:32:00,709 --> 01:31:58,960

distressing what we call near-death

2417

01:32:02,870 --> 01:32:00,719

experiences we know they're

2418

01:32:05,350 --> 01:32:02,880

under-reported by researchers and

2419

01:32:07,110 --> 01:32:05,360

because they're under-reported by

2420

01:32:09,350 --> 01:32:07,120

experiencers you don't want to come out

2421

01:32:10,470 --> 01:32:09,360

and say i went to hell the first

2422

01:32:13,270 --> 01:32:10,480

question is

2423

01:32:15,430 --> 01:32:13,280

what did you do what did you do before

2424

01:32:17,430 --> 01:32:15,440

that you know kind of thing but there's

2425

01:32:20,229 --> 01:32:17,440

there's all sorts of

2426

01:32:22,870 --> 01:32:20,239

aspects to this that

2427

01:32:24,870 --> 01:32:22,880

we're not really sure we even want to

2428

01:32:26,229 --> 01:32:24,880

explore what are some of your thoughts

2429

01:32:29,030 --> 01:32:26,239

about that because i've heard you say

2430

01:32:30,149 --> 01:32:29,040

you didn't directly come across that in

2431

01:32:31,990 --> 01:32:30,159

your work

2432

01:32:33,510 --> 01:32:32,000

but you got to know that it's out there

2433

01:32:36,629 --> 01:32:33,520

in some way that

2434

01:32:38,950 --> 01:32:36,639

we don't totally understand

2435

01:32:41,270 --> 01:32:38,960

well the the not totally understand i

2436

01:32:43,030 --> 01:32:41,280

can say that for sure the whole thing i

2437

01:32:44,629 --> 01:32:43,040

mean i may sound like i'm you know

2438

01:32:46,790 --> 01:32:44,639

knowledgeable and

2439

01:32:48,550 --> 01:32:46,800

sure about uh the shared death

2440

01:32:50,870 --> 01:32:48,560

experience and these phenomenons and i

2441

01:32:52,390 --> 01:32:50,880

am you know qualitatively this i can say

2442

01:32:54,470 --> 01:32:52,400

this is what we've seen there's a great

2443

01:32:56,310 --> 01:32:54,480

pattern here and

2444

01:32:58,149 --> 01:32:56,320

i can see it replicated over and over

2445

01:33:00,550 --> 01:32:58,159

again in not just my clinical work but

2446

01:33:01,830 --> 01:33:00,560

also in the research so

2447

01:33:04,629 --> 01:33:01,840

but you're talking about these

2448

01:33:06,870 --> 01:33:04,639

distressing realms that are reported by

2449

01:33:08,390 --> 01:33:06,880

nancy bush for one in the nde community

2450

01:33:11,590 --> 01:33:08,400

i mean evan alexander

2451
01:33:14,070 --> 01:33:11,600
starts out with this earthworm eye view

2452
01:33:15,669 --> 01:33:14,080
which is kind of a dark dense realm in

2453
01:33:16,870 --> 01:33:15,679
his early stage of his near-death

2454
01:33:18,950 --> 01:33:16,880
experience

2455
01:33:21,669 --> 01:33:18,960
i would just interject that then if we

2456
01:33:23,669 --> 01:33:21,679
go cross-culturally from

2457
01:33:25,669 --> 01:33:23,679
shamanistic standpoint

2458
01:33:27,830 --> 01:33:25,679
all over the place right so it's kind of

2459
01:33:29,669 --> 01:33:27,840
confirming of those

2460
01:33:30,629 --> 01:33:29,679
other realms whatever we are to make of

2461
01:33:32,629 --> 01:33:30,639
them yeah

2462
01:33:35,270 --> 01:33:32,639
yeah and so yeah if you want to take the

2463
01:33:37,350 --> 01:33:35,280

you know the more pre-modern cultures if

2464

01:33:40,390 --> 01:33:37,360

we use it shamanistic and indigenous and

2465

01:33:43,350 --> 01:33:40,400

what have you they all have different

2466

01:33:44,950 --> 01:33:43,360

realms some of which we would call

2467

01:33:45,990 --> 01:33:44,960

distressing or

2468

01:33:47,510 --> 01:33:46,000

you know

2469

01:33:49,590 --> 01:33:47,520

non-desirable i don't know if i call

2470

01:33:51,910 --> 01:33:49,600

them hell realms but there there's

2471

01:33:54,310 --> 01:33:51,920

certainly there is this is known in

2472

01:33:56,790 --> 01:33:54,320

shamanism that there are a variety of

2473

01:33:57,669 --> 01:33:56,800

realms to be visited that you can go to

2474

01:33:59,830 --> 01:33:57,679

and

2475

01:34:02,470 --> 01:33:59,840

a lot of it is i don't know if i'd say

2476

01:34:05,590 --> 01:34:02,480

merit-based because that's very kind of

2477

01:34:07,990 --> 01:34:05,600

judeo-christian if you will i do think i

2478

01:34:09,750 --> 01:34:08,000

do think there are ways in which you can

2479

01:34:12,629 --> 01:34:09,760

cultivate your consciousness and do

2480

01:34:14,709 --> 01:34:12,639

practices of which the these you know

2481

01:34:16,229 --> 01:34:14,719

indigenous shamanic communities our

2482

01:34:18,390 --> 01:34:16,239

cultures are

2483

01:34:21,189 --> 01:34:18,400

you know they're replete with they they

2484

01:34:23,830 --> 01:34:21,199

have a series of practices that prepare

2485

01:34:25,669 --> 01:34:23,840

the soul and spirit for these journeys

2486

01:34:27,990 --> 01:34:25,679

and to and to really go to certain

2487

01:34:29,910 --> 01:34:28,000

places based on what they've learned in

2488

01:34:31,830 --> 01:34:29,920

their tradition about how you access

2489

01:34:34,229 --> 01:34:31,840

different realms again if i can just

2490

01:34:36,950 --> 01:34:34,239

interject because it and i'm sure you

2491

01:34:38,149 --> 01:34:36,960

will agree it it just is complicated and

2492

01:34:41,669 --> 01:34:38,159

the further you get into it it's

2493

01:34:45,830 --> 01:34:41,679

complicated i interviewed a guy who was

2494

01:34:47,830 --> 01:34:45,840

a buddhist dream yoga

2495

01:34:50,229 --> 01:34:47,840

worked with a very accomplished teacher

2496

01:34:52,070 --> 01:34:50,239

and his teacher at some point said gee

2497

01:34:53,350 --> 01:34:52,080

kid you're doing great now what you're

2498

01:34:54,629 --> 01:34:53,360

going to do is you're going to visit the

2499

01:34:56,470 --> 01:34:54,639

hell realm

2500

01:35:01,030 --> 01:34:56,480

and that's what he was supposed to do in

2501
01:35:02,629 --> 01:35:01,040
his dream yoga and he did and so he was

2502
01:35:04,870 --> 01:35:02,639
he was a visitor

2503
01:35:07,430 --> 01:35:04,880
what does that mean do other people

2504
01:35:09,910 --> 01:35:07,440
choose to visit those realms we have

2505
01:35:12,950 --> 01:35:09,920
this whole magic tradition and other

2506
01:35:15,189 --> 01:35:12,960
traditions that tell us oh you can gain

2507
01:35:17,189 --> 01:35:15,199
things from that from those realms and

2508
01:35:19,109 --> 01:35:17,199
those a whole other conversation for a

2509
01:35:21,910 --> 01:35:19,119
whole other time but i just think if we

2510
01:35:23,910 --> 01:35:21,920
pull back the lens and we broaden this

2511
01:35:25,590 --> 01:35:23,920
the possibilities and start stringing

2512
01:35:27,189 --> 01:35:25,600
them together in a meaningful way and

2513
01:35:29,270 --> 01:35:27,199

that's again when i say

2514

01:35:31,189 --> 01:35:29,280

you know you have to do the work that

2515

01:35:33,669 --> 01:35:31,199

you're doing it it's it's you just have

2516

01:35:36,149 --> 01:35:33,679

to and we have to change in the way that

2517

01:35:37,030 --> 01:35:36,159

we're changing but it opens up all these

2518

01:35:40,070 --> 01:35:37,040

other

2519

01:35:41,750 --> 01:35:40,080

vistas that we we got to be ready for

2520

01:35:43,910 --> 01:35:41,760

because

2521

01:35:44,709 --> 01:35:43,920

that's the next step in all this too you

2522

01:35:45,830 --> 01:35:44,719

know

2523

01:35:48,229 --> 01:35:45,840

yeah well and i think this

2524

01:35:49,270 --> 01:35:48,239

cross-cultural piece is really important

2525

01:35:51,350 --> 01:35:49,280

because

2526
01:35:52,950 --> 01:35:51,360
when the western paradigm that you've

2527
01:35:56,470 --> 01:35:52,960
referred to this kind of scientific

2528
01:35:58,629 --> 01:35:56,480
materialism when it if it truly

2529
01:35:59,910 --> 01:35:58,639
comes into relationship with pre-modern

2530
01:36:01,750 --> 01:35:59,920
paradigms

2531
01:36:04,070 --> 01:36:01,760
this is where

2532
01:36:06,950 --> 01:36:04,080
quite frankly

2533
01:36:09,109 --> 01:36:06,960
these pre-modern paradigms are far more

2534
01:36:11,189 --> 01:36:09,119
sustainable and believable

2535
01:36:13,350 --> 01:36:11,199
and reality based

2536
01:36:15,109 --> 01:36:13,360
than the narrow confines of scientific

2537
01:36:17,510 --> 01:36:15,119
materialism it just

2538
01:36:19,189 --> 01:36:17,520

ours works maybe in a test tube but it

2539

01:36:20,709 --> 01:36:19,199

certainly doesn't work when you test run

2540

01:36:22,550 --> 01:36:20,719

it in the real world

2541

01:36:24,950 --> 01:36:22,560

and i think that and that's something i

2542

01:36:26,470 --> 01:36:24,960

learned early in my life

2543

01:36:28,149 --> 01:36:26,480

from my time in central and south

2544

01:36:29,910 --> 01:36:28,159

america working with indigenous cultures

2545

01:36:32,229 --> 01:36:29,920

is just like well

2546

01:36:34,950 --> 01:36:32,239

this makes sense you don't have to leave

2547

01:36:36,310 --> 01:36:34,960

anything out you know

2548

01:36:39,109 --> 01:36:36,320

so you know what i mean you don't have

2549

01:36:40,629 --> 01:36:39,119

to leave out these experiences so but

2550

01:36:43,350 --> 01:36:40,639

let me share an experience with you here

2551
01:36:44,629 --> 01:36:43,360
alex that's really important to note and

2552
01:36:47,510 --> 01:36:44,639
it really gets at what you're talking

2553
01:36:48,950 --> 01:36:47,520
about and that is we have an experience

2554
01:36:52,470 --> 01:36:48,960
that we call the

2555
01:36:54,470 --> 01:36:52,480
sympathetic shared death experience so

2556
01:36:56,709 --> 01:36:54,480
if you remember in my book i

2557
01:36:59,350 --> 01:36:56,719
refer to sarah

2558
01:37:00,629 --> 01:36:59,360
sarah wakes up one morning in santa

2559
01:37:01,669 --> 01:37:00,639
barbara

2560
01:37:08,070 --> 01:37:01,679
and

2561
01:37:10,229 --> 01:37:08,080
very sick she throws up

2562
01:37:12,550 --> 01:37:10,239
she doesn't know what's going on um her

2563
01:37:14,390 --> 01:37:12,560

family says we're taking you to the er

2564

01:37:17,350 --> 01:37:14,400

she happens to be a paramedic she goes

2565

01:37:18,870 --> 01:37:17,360

absolutely i got to go she gets ready to

2566

01:37:19,990 --> 01:37:18,880

go and then ah she starts feeling a

2567

01:37:21,750 --> 01:37:20,000

little better she goes well hold on it

2568

01:37:23,189 --> 01:37:21,760

might be passing

2569

01:37:25,590 --> 01:37:23,199

and she gets a little better but she's

2570

01:37:27,270 --> 01:37:25,600

still not feeling well then she gets a

2571

01:37:29,669 --> 01:37:27,280

call from

2572

01:37:30,870 --> 01:37:29,679

her sister who she's very close with and

2573

01:37:32,629 --> 01:37:30,880

she says

2574

01:37:34,470 --> 01:37:32,639

sarah has some very

2575

01:37:36,629 --> 01:37:34,480

sad news for you

2576

01:37:39,590 --> 01:37:36,639

you know your niece

2577

01:37:40,790 --> 01:37:39,600

died of a drug overdose accidental drug

2578

01:37:43,030 --> 01:37:40,800

overdose

2579

01:37:44,310 --> 01:37:43,040

about an hour ago

2580

01:37:45,590 --> 01:37:44,320

and

2581

01:37:46,550 --> 01:37:45,600

sarah

2582

01:37:48,470 --> 01:37:46,560

goes

2583

01:37:51,430 --> 01:37:48,480

wow you know just broken with grief and

2584

01:37:54,229 --> 01:37:51,440

then as sarah defines so well

2585

01:37:57,270 --> 01:37:54,239

in the ensuing days

2586

01:37:59,270 --> 01:37:57,280

she starts thinking wait a minute

2587

01:38:01,189 --> 01:37:59,280

she's a paramedic she knows what a drug

2588

01:38:03,270 --> 01:38:01,199

overdose looks like

2589

01:38:05,510 --> 01:38:03,280

she's pissing it all together and then

2590

01:38:07,669 --> 01:38:05,520

she also realizes something else

2591

01:38:11,030 --> 01:38:07,679

i thought i actually

2592

01:38:14,550 --> 01:38:11,040

in my experience i was feeling my niece

2593

01:38:17,030 --> 01:38:14,560

in some way i can't explain it but i was

2594

01:38:19,109 --> 01:38:17,040

connected to i feel like i was connected

2595

01:38:21,270 --> 01:38:19,119

to her and

2596

01:38:23,669 --> 01:38:21,280

let's boil it down to the low gravy

2597

01:38:25,990 --> 01:38:23,679

sarah come to the conclusion

2598

01:38:28,870 --> 01:38:26,000

i was experiencing

2599

01:38:32,310 --> 01:38:28,880

my beloved niece's last moments of her

2600

01:38:33,830 --> 01:38:32,320

human existence and i was probably going

2601
01:38:36,229 --> 01:38:33,840
into

2602
01:38:38,870 --> 01:38:36,239
this experience of death with her i was

2603
01:38:41,350 --> 01:38:38,880
sharing her death

2604
01:38:43,590 --> 01:38:41,360
in whatever way that you know that makes

2605
01:38:44,790 --> 01:38:43,600
sense so

2606
01:38:49,270 --> 01:38:44,800
we have

2607
01:38:50,790 --> 01:38:49,280
certainly a half dozen maybe up to a

2608
01:38:53,189 --> 01:38:50,800
dozen of these experiences they come

2609
01:38:55,590 --> 01:38:53,199
with drug overdoses unfortunately also

2610
01:38:57,350 --> 01:38:55,600
with cardiac arrest you know people

2611
01:38:58,790 --> 01:38:57,360
having very people thinking they're

2612
01:39:00,790 --> 01:38:58,800
having a heart attack and then find out

2613
01:39:03,830 --> 01:39:00,800

that a loved one of theirs

2614

01:39:05,669 --> 01:39:03,840

died of a heart attack at the same time

2615

01:39:06,790 --> 01:39:05,679

so

2616

01:39:08,310 --> 01:39:06,800

these

2617

01:39:11,030 --> 01:39:08,320

talk about

2618

01:39:13,669 --> 01:39:11,040

stretching the scientific

2619

01:39:15,189 --> 01:39:13,679

materialist model that being that the

2620

01:39:18,790 --> 01:39:15,199

brain

2621

01:39:21,590 --> 01:39:18,800

responds to phenomena in the immediate

2622

01:39:23,669 --> 01:39:21,600

environment only there is no extended

2623

01:39:25,910 --> 01:39:23,679

consciousness there is no

2624

01:39:28,149 --> 01:39:25,920

the brain is the mediator through the

2625

01:39:31,030 --> 01:39:28,159

sixth sense doors all within the

2626
01:39:33,830 --> 01:39:31,040
immediate environment the sympathetic

2627
01:39:35,750 --> 01:39:33,840
shared death experience

2628
01:39:37,990 --> 01:39:35,760
blows out right out of the water now of

2629
01:39:39,430 --> 01:39:38,000
course most scientists scientific

2630
01:39:41,350 --> 01:39:39,440
materials and maybe reasonable

2631
01:39:43,430 --> 01:39:41,360
scientists would say ah you know you

2632
01:39:46,070 --> 01:39:43,440
only have a dozen cases could be

2633
01:39:47,990 --> 01:39:46,080
conjecture people get sick you know

2634
01:39:50,470 --> 01:39:48,000
whatever but

2635
01:39:51,510 --> 01:39:50,480
i don't know i i use the reasonable

2636
01:39:52,470 --> 01:39:51,520
human

2637
01:39:55,990 --> 01:39:52,480
um

2638
01:39:57,750 --> 01:39:56,000

kind of assessment and say uh-uh

2639

01:39:59,109 --> 01:39:57,760

there's too much going on here now of

2640

01:40:01,270 --> 01:39:59,119

course i've had these experiences and

2641

01:40:02,310 --> 01:40:01,280

i've studied them so i they fit in my

2642

01:40:05,030 --> 01:40:02,320

paradigm

2643

01:40:07,350 --> 01:40:05,040

um but there's one yeah

2644

01:40:09,189 --> 01:40:07,360

so that's a distressing sde

2645

01:40:10,870 --> 01:40:09,199

that you know doesn't get it some of the

2646

01:40:13,430 --> 01:40:10,880

larger multicultural questions that

2647

01:40:15,590 --> 01:40:13,440

you're bringing up but it does get at

2648

01:40:17,350 --> 01:40:15,600

this distressing part and and there are

2649

01:40:19,830 --> 01:40:17,360

a lot of people that i found that come

2650

01:40:23,990 --> 01:40:19,840

into my clinical practice who have

2651
01:40:25,510 --> 01:40:24,000
reported these and were concerned about

2652
01:40:26,790 --> 01:40:25,520
just their

2653
01:40:28,629 --> 01:40:26,800
the fact that they could have an

2654
01:40:30,390 --> 01:40:28,639
experience like this

2655
01:40:31,590 --> 01:40:30,400
doesn't mean they're vulnerable does it

2656
01:40:33,990 --> 01:40:31,600
mean there's something to matter with

2657
01:40:35,830 --> 01:40:34,000
them are they too poorest are they still

2658
01:40:38,550 --> 01:40:35,840
connected are they going to die from

2659
01:40:40,070 --> 01:40:38,560
this so all of this information i want

2660
01:40:41,109 --> 01:40:40,080
to get out as a mental health provider

2661
01:40:42,629 --> 01:40:41,119
say hey

2662
01:40:44,310 --> 01:40:42,639
this is a sympathetic shared death

2663
01:40:46,070 --> 01:40:44,320

experience it happened to you because

2664

01:40:47,830 --> 01:40:46,080

your loved one was dying you had a con

2665

01:40:50,149 --> 01:40:47,840

you have a conscious connection with

2666

01:40:53,430 --> 01:40:50,159

this person but you're not in danger of

2667

01:40:56,229 --> 01:40:53,440

dying your your health is fine

2668

01:40:58,149 --> 01:40:56,239

this is a sign of a really lovely bond

2669

01:40:59,830 --> 01:40:58,159

that you had and if i push on this i

2670

01:41:01,350 --> 01:40:59,840

think that maybe your loved one was

2671

01:41:02,790 --> 01:41:01,360

reaching out to you

2672

01:41:04,629 --> 01:41:02,800

in some way

2673

01:41:05,910 --> 01:41:04,639

either asking for help or trying to say

2674

01:41:09,189 --> 01:41:05,920

goodbye

2675

01:41:11,030 --> 01:41:09,199

you're a nice guy and a good therapist

2676

01:41:12,550 --> 01:41:11,040

i don't know i don't know i i definitely

2677

01:41:13,910 --> 01:41:12,560

can't fill that role hey one other

2678

01:41:15,189 --> 01:41:13,920

question and then i want to hit some of

2679

01:41:17,510 --> 01:41:15,199

the high points

2680

01:41:19,109 --> 01:41:17,520

of the research some of the stats that i

2681

01:41:20,950 --> 01:41:19,119

think people can take away do a

2682

01:41:23,750 --> 01:41:20,960

phenomenal job again you know

2683

01:41:25,590 --> 01:41:23,760

peer-reviewed publish you're playing

2684

01:41:28,070 --> 01:41:25,600

the game the way it should be played in

2685

01:41:30,149 --> 01:41:28,080

terms of using the scientific method and

2686

01:41:32,070 --> 01:41:30,159

you know we can't totally bash science

2687

01:41:35,510 --> 01:41:32,080

and that's i guess my last question too

2688

01:41:37,430 --> 01:41:35,520

you know is the technology angle on this

2689

01:41:39,189 --> 01:41:37,440

is extremely

2690

01:41:40,790 --> 01:41:39,199

interesting challenging all those kind

2691

01:41:43,109 --> 01:41:40,800

of things so

2692

01:41:44,229 --> 01:41:43,119

when we look at near-death experience

2693

01:41:46,390 --> 01:41:44,239

science

2694

01:41:47,830 --> 01:41:46,400

you immediately go to resuscitation

2695

01:41:49,270 --> 01:41:47,840

we don't know what to make of it but

2696

01:41:51,270 --> 01:41:49,280

people are

2697

01:41:52,070 --> 01:41:51,280

being brought back to life after they

2698

01:41:54,950 --> 01:41:52,080

die

2699

01:41:56,790 --> 01:41:54,960

in ways that wasn't possible you know

2700

01:41:58,229 --> 01:41:56,800

kind of a few years ago and then if you

2701

01:41:59,910 --> 01:41:58,239

go one step further and i interviewed

2702

01:42:00,870 --> 01:41:59,920

these guys and i don't know quite what

2703

01:42:03,430 --> 01:42:00,880

to

2704

01:42:05,430 --> 01:42:03,440

make of them but i'm definitely not a

2705

01:42:07,189 --> 01:42:05,440

luddite so you know push the technology

2706

01:42:08,950 --> 01:42:07,199

forward but you look at gary schwartz

2707

01:42:11,750 --> 01:42:08,960

the university arizona they're working

2708

01:42:13,590 --> 01:42:11,760

on a soul phone they're saying hey guys

2709

01:42:15,750 --> 01:42:13,600

forget after death can you not forget

2710

01:42:17,990 --> 01:42:15,760

after death communication but let's take

2711

01:42:19,669 --> 01:42:18,000

that after death communication one step

2712

01:42:22,550 --> 01:42:19,679

further and you can type out some

2713

01:42:24,470 --> 01:42:22,560

messages to the deceased

2714

01:42:25,510 --> 01:42:24,480

what do you think that is a that is you

2715

01:42:27,430 --> 01:42:25,520

know we're talking about the

2716

01:42:29,350 --> 01:42:27,440

cross-cultural and all the things we can

2717

01:42:32,070 --> 01:42:29,360

learn from the other wisdom traditions

2718

01:42:34,629 --> 01:42:32,080

the flip side of that is we might from a

2719

01:42:37,830 --> 01:42:34,639

western perspective stumble across some

2720

01:42:40,149 --> 01:42:37,840

things that are going to add some

2721

01:42:41,270 --> 01:42:40,159

you know seasoning to the stew as well

2722

01:42:43,830 --> 01:42:41,280

what do you think about the role of

2723

01:42:46,149 --> 01:42:43,840

technology in this both now and moving

2724

01:42:47,350 --> 01:42:46,159

forward

2725

01:42:49,109 --> 01:42:47,360

you know i have a good deal of respect

2726

01:42:51,350 --> 01:42:49,119

for gary schwartz's work and the cell

2727

01:42:53,189 --> 01:42:51,360

phone as you mentioned and mark pitzek

2728

01:42:54,950 --> 01:42:53,199

who's been his you know was involved

2729

01:42:57,510 --> 01:42:54,960

with i think he still is

2730

01:42:59,750 --> 01:42:57,520

these these are these are smart people

2731

01:43:02,390 --> 01:42:59,760

using the the technological means

2732

01:43:04,149 --> 01:43:02,400

available and definitely pushing us in

2733

01:43:06,950 --> 01:43:04,159

this world

2734

01:43:10,390 --> 01:43:06,960

i haven't seen a way that technology

2735

01:43:11,990 --> 01:43:10,400

could help with the sde other than this

2736

01:43:14,550 --> 01:43:12,000

notion of

2737

01:43:16,709 --> 01:43:14,560

being more formalized in making what has

2738

01:43:19,109 --> 01:43:16,719

historically been called death compacts

2739

01:43:21,189 --> 01:43:19,119

you know death agreements you do report

2740

01:43:22,709 --> 01:43:21,199

you know kind of the electromagnetic

2741

01:43:24,790 --> 01:43:22,719

interference

2742

01:43:25,430 --> 01:43:24,800

part of it that is part of your thing

2743

01:43:27,669 --> 01:43:25,440

and

2744

01:43:30,629 --> 01:43:27,679

yeah i agree uh

2745

01:43:32,709 --> 01:43:30,639

yeah absolutely we definitely see

2746

01:43:34,470 --> 01:43:32,719

you know all sorts of

2747

01:43:35,510 --> 01:43:34,480

which is kind of historically referred

2748

01:43:37,350 --> 01:43:35,520

to as

2749

01:43:40,310 --> 01:43:37,360

synchronicities around end of life it's

2750

01:43:43,270 --> 01:43:40,320

a type of phenomena what peter fenwick

2751

01:43:45,510 --> 01:43:43,280
and elizabeth in in from the uk

2752

01:43:47,750 --> 01:43:45,520
call as death bed coincidences and such

2753

01:43:50,830 --> 01:43:47,760
that means you know electronic

2754

01:43:54,629 --> 01:43:50,840
uh devices in particular like lights

2755

01:43:57,510 --> 01:43:54,639
flashing uh digital clocks stopping at

2756

01:43:59,669 --> 01:43:57,520
the time of death or even later

2757

01:44:02,310 --> 01:43:59,679
uh significant dates like anniversaries

2758

01:44:03,590 --> 01:44:02,320
or birth dates and things like that

2759

01:44:04,629 --> 01:44:03,600
i mean

2760

01:44:10,550 --> 01:44:04,639
i

2761

01:44:12,470 --> 01:44:10,560
any of these phenomena we are they're

2762

01:44:15,189 --> 01:44:12,480
related to end of life death and dying

2763

01:44:16,950 --> 01:44:15,199

you know we are into them and we study

2764

01:44:20,149 --> 01:44:16,960

them and we're building

2765

01:44:21,990 --> 01:44:20,159

uh a database for this and my next book

2766

01:44:23,189 --> 01:44:22,000

is going to be about the series we call

2767

01:44:25,590 --> 01:44:23,199

it the spectrum of end of life

2768

01:44:28,310 --> 01:44:25,600

experience i actually crafted this

2769

01:44:30,229 --> 01:44:28,320

spectrum to capture this full

2770

01:44:32,070 --> 01:44:30,239

continuum of experiences that begin with

2771

01:44:34,790 --> 01:44:32,080

pre-death premonitions

2772

01:44:36,950 --> 01:44:34,800

go right through end of life uh visions

2773

01:44:38,070 --> 01:44:36,960

of visitations terminal city share death

2774

01:44:40,629 --> 01:44:38,080

experience

2775

01:44:41,750 --> 01:44:40,639

all the adc you know the post death

2776

01:44:44,070 --> 01:44:41,760

visions and visitations and

2777

01:44:46,149 --> 01:44:44,080

synchronicities throughout

2778

01:44:49,910 --> 01:44:46,159

the technological piece

2779

01:44:51,590 --> 01:44:49,920

i'm i don't haven't seen that really

2780

01:44:54,070 --> 01:44:51,600

play out other than the way that i've

2781

01:44:55,270 --> 01:44:54,080

i've seen you you know the examples you

2782

01:44:57,350 --> 01:44:55,280

you bring up

2783

01:44:59,510 --> 01:44:57,360

it's absolutely clear and i think you

2784

01:45:00,870 --> 01:44:59,520

saw that in the case and and and at

2785

01:45:02,390 --> 01:45:00,880

heaven's door

2786

01:45:05,350 --> 01:45:02,400

emilia

2787

01:45:06,470 --> 01:45:05,360

b who loses her 13 year old son to

2788

01:45:09,350 --> 01:45:06,480

cancer

2789

01:45:11,109 --> 01:45:09,360

they talk about lights flashing when you

2790

01:45:11,910 --> 01:45:11,119

know when he when they talk about him

2791

01:45:16,390 --> 01:45:11,920

and

2792

01:45:18,229 --> 01:45:16,400

all this stuff that we see but i'm going

2793

01:45:19,510 --> 01:45:18,239

to tell you something i think we can do

2794

01:45:22,550 --> 01:45:19,520

better than that

2795

01:45:24,149 --> 01:45:22,560

i think that what the data that we are

2796

01:45:27,350 --> 01:45:24,159

gathering

2797

01:45:31,189 --> 01:45:27,360

is we don't need to go too far afield

2798

01:45:33,750 --> 01:45:31,199

from really hitting on the

2799

01:45:35,990 --> 01:45:33,760

the shared death experiences

2800

01:45:38,149 --> 01:45:36,000

that are reporting

2801

01:45:40,149 --> 01:45:38,159

this connection and

2802

01:45:42,870 --> 01:45:40,159

amazing phenomena

2803

01:45:45,750 --> 01:45:42,880

uh that can't be known any other way you

2804

01:45:48,070 --> 01:45:45,760

know and i just think eventually

2805

01:45:51,030 --> 01:45:48,080

as it's really this it's the credibility

2806

01:45:52,870 --> 01:45:51,040

we're looking for alex we just need an

2807

01:45:54,950 --> 01:45:52,880

eben alexander

2808

01:45:57,990 --> 01:45:54,960

to to have an sde and i mean that

2809

01:46:00,870 --> 01:45:58,000

because evan is just a wonderful person

2810

01:46:03,669 --> 01:46:00,880

he had a you know a neurosurgeon

2811

01:46:05,990 --> 01:46:03,679

associate professor at harvard

2812

01:46:07,109 --> 01:46:06,000

well-respected wonderful man

2813

01:46:08,790 --> 01:46:07,119

thoughtful

2814

01:46:11,030 --> 01:46:08,800

we need some more

2815

01:46:13,030 --> 01:46:11,040

you know people of that stature to speak

2816

01:46:15,189 --> 01:46:13,040

up i look at i am very well received i

2817

01:46:17,830 --> 01:46:15,199

am grateful that when people hear me

2818

01:46:21,270 --> 01:46:17,840

talk and my colleagues at the medical

2819

01:46:24,070 --> 01:46:21,280

community are very receptive but we need

2820

01:46:26,070 --> 01:46:24,080

a major influencer to come out and help

2821

01:46:28,470 --> 01:46:26,080

us i think that's going to do more than

2822

01:46:29,270 --> 01:46:28,480

anything um in these and i don't know if

2823

01:46:30,629 --> 01:46:29,280

i'm answering your questions

2824

01:46:32,550 --> 01:46:30,639

specifically about the technology i just

2825

01:46:35,270 --> 01:46:32,560

don't i what i'm talking when i think

2826

01:46:37,350 --> 01:46:35,280

technology i'm thinking the electrical

2827

01:46:39,030 --> 01:46:37,360

stimulation that happens around a death

2828

01:46:41,189 --> 01:46:39,040

and dying of which is well noted in the

2829

01:46:43,830 --> 01:46:41,199

literature

2830

01:46:44,790 --> 01:46:43,840

so as we wrap things up here let's talk

2831

01:46:47,109 --> 01:46:44,800

about

2832

01:46:49,030 --> 01:46:47,119

some of the numbers some of the stats

2833

01:46:50,790 --> 01:46:49,040

because they are helpful and they come

2834

01:46:52,950 --> 01:46:50,800

through in your in your research and

2835

01:46:55,430 --> 01:46:52,960

again folks this is real peer-reviewed

2836

01:46:57,510 --> 01:46:55,440

research as william said published in

2837

01:46:59,270 --> 01:46:57,520

you know really the top journal in his

2838

01:47:00,629 --> 01:46:59,280

field which is all you can ever go to

2839

01:47:02,629 --> 01:47:00,639

just because you've never heard of that

2840

01:47:04,709 --> 01:47:02,639

journal doesn't mean anything you're not

2841

01:47:08,030 --> 01:47:04,719

in his field so

2842

01:47:10,390 --> 01:47:08,040

it hit on some of these they're from the

2843

01:47:11,510 --> 01:47:10,400

sharedcrossing.com website under

2844

01:47:13,430 --> 01:47:11,520

research

2845

01:47:14,790 --> 01:47:13,440

and for there you can also find all the

2846

01:47:17,590 --> 01:47:14,800

other things we talk about you can look

2847

01:47:20,229 --> 01:47:17,600

at events media you can connect with

2848

01:47:22,310 --> 01:47:20,239

these folks in a meaningful way but

2849

01:47:24,470 --> 01:47:22,320

which one of these stats do you think we

2850

01:47:26,070 --> 01:47:24,480

might want to touch on

2851

01:47:28,550 --> 01:47:26,080

i think they're all

2852

01:47:29,669 --> 01:47:28,560

spectacular i think the one that you

2853

01:47:31,189 --> 01:47:29,679

know

2854

01:47:33,430 --> 01:47:31,199

64

2855

01:47:34,950 --> 01:47:33,440

of share death experiences happen

2856

01:47:37,590 --> 01:47:34,960

remotely that means they're not at

2857

01:47:39,189 --> 01:47:37,600

bedside and when raymond you know was

2858

01:47:41,510 --> 01:47:39,199

raymond moody was doing his initial

2859

01:47:42,470 --> 01:47:41,520

research on this he was dealing only

2860

01:47:44,149 --> 01:47:42,480

with

2861

01:47:46,470 --> 01:47:44,159

bedside accounts

2862

01:47:49,350 --> 01:47:46,480

but then when i did a lit review

2863

01:47:51,189 --> 01:47:49,360

i started you know basically seeing the

2864

01:47:53,270 --> 01:47:51,199

research done by peter and elizabeth

2865

01:47:55,030 --> 01:47:53,280

fennick in great britain and they were

2866

01:47:56,950 --> 01:47:55,040

having these death bed coincidences well

2867

01:47:58,390 --> 01:47:56,960

these were essentially

2868

01:48:01,350 --> 01:47:58,400

share death experiences but they were

2869

01:48:03,750 --> 01:48:01,360

remote they were not at bedside and so

2870

01:48:05,430 --> 01:48:03,760

and then when i put out um you know when

2871

01:48:07,430 --> 01:48:05,440

i started giving talks around this and

2872

01:48:10,550 --> 01:48:07,440

reaching out to my colleagues

2873

01:48:13,030 --> 01:48:10,560

and creating a larger net of interest if

2874

01:48:15,270 --> 01:48:13,040

you will then we we found out that with

2875

01:48:18,390 --> 01:48:15,280

our you know many hundreds of cases now

2876

01:48:20,390 --> 01:48:18,400

that 64 of these seem two-thirds roughly

2877

01:48:21,189 --> 01:48:20,400

are remote so that's interesting to

2878

01:48:23,510 --> 01:48:21,199

people

2879

01:48:25,109 --> 01:48:23,520

um here's another piece that is that i

2880

01:48:26,709 --> 01:48:25,119

find probably of all the phenomena here

2881

01:48:29,350 --> 01:48:26,719

this is probably the most interesting to

2882

01:48:31,669 --> 01:48:29,360

me is because i'm one of these 41

2883

01:48:34,390 --> 01:48:31,679

percent of people report having more

2884

01:48:37,270 --> 01:48:34,400

than one side so that means there's

2885

01:48:39,430 --> 01:48:37,280

something happening for these people

2886

01:48:40,470 --> 01:48:39,440

and i'm going to suggest it's some sort

2887

01:48:43,109 --> 01:48:40,480

of

2888

01:48:45,590 --> 01:48:43,119

energetic constitutional

2889

01:48:46,550 --> 01:48:45,600

change at the at the dome at the level

2890

01:48:48,629 --> 01:48:46,560

of

2891

01:48:49,910 --> 01:48:48,639

psychic spiritual structure whatever

2892

01:48:53,590 --> 01:48:49,920

that means that's probably a lot of

2893

01:48:56,149 --> 01:48:53,600

mumbo jumbo but um but you get the point

2894

01:48:57,270 --> 01:48:56,159

because you know i'm an adapt in the

2895

01:48:59,750 --> 01:48:57,280

sense that

2896

01:49:01,350 --> 01:48:59,760

if i i once i had my near-death

2897

01:49:02,790 --> 01:49:01,360

experience you know i started i had

2898

01:49:04,870 --> 01:49:02,800

another near-death experience and i had

2899

01:49:06,229 --> 01:49:04,880

shared death experiences and yeah and

2900

01:49:08,709 --> 01:49:06,239

now when you get me around death and

2901
01:49:10,870 --> 01:49:08,719
dying i'm just easy to have them so and

2902
01:49:12,709 --> 01:49:10,880
we and most people many people are that

2903
01:49:14,550 --> 01:49:12,719
way it's like once you have one it

2904
01:49:15,990 --> 01:49:14,560
begets more

2905
01:49:17,910 --> 01:49:16,000
and so the other thing is these

2906
01:49:19,350 --> 01:49:17,920
meditation practices

2907
01:49:20,229 --> 01:49:19,360
um

2908
01:49:21,669 --> 01:49:20,239
are

2909
01:49:23,830 --> 01:49:21,679
you know we know that mindfulness

2910
01:49:26,470 --> 01:49:23,840
practices really

2911
01:49:28,310 --> 01:49:26,480
seem to be uh helpful and and having

2912
01:49:30,149 --> 01:49:28,320
people have these experiences so that's

2913
01:49:32,790 --> 01:49:30,159

64 of our

2914

01:49:34,070 --> 01:49:32,800

research uh respondents

2915

01:49:35,830 --> 01:49:34,080

expressed that they have a mindfulness

2916

01:49:38,470 --> 01:49:35,840

practice and that can be meditation that

2917

01:49:40,950 --> 01:49:38,480

can be prayer that can be yoga

2918

01:49:44,070 --> 01:49:40,960

and the last thing that i love is that

2919

01:49:48,390 --> 01:49:44,080

you know almost 80 79 of our people who

2920

01:49:51,030 --> 01:49:48,400

have an sde are likely to have another

2921

01:49:53,030 --> 01:49:51,040

experience we call them shared crossings

2922

01:49:55,109 --> 01:49:53,040

another type of

2923

01:49:58,229 --> 01:49:55,119

spiritual experience related to death

2924

01:50:00,550 --> 01:49:58,239

and dying and that's really amazing

2925

01:50:03,189 --> 01:50:00,560

because that means that

2926

01:50:05,990 --> 01:50:03,199

once you have an sde you're now

2927

01:50:08,950 --> 01:50:06,000

kind of more open or available to have

2928

01:50:11,350 --> 01:50:08,960

other communications with the deceased

2929

01:50:14,070 --> 01:50:11,360

and kind of have what we call a

2930

01:50:15,750 --> 01:50:14,080

continuing bond an ongoing relationship

2931

01:50:16,709 --> 01:50:15,760

with your departed loved one or loved

2932

01:50:19,109 --> 01:50:16,719

ones

2933

01:50:21,910 --> 01:50:19,119

awesome now the other stat that jumped

2934

01:50:23,030 --> 01:50:21,920

out at me is 87 percent of those

2935

01:50:24,790 --> 01:50:23,040

interviewed reported that their

2936

01:50:27,030 --> 01:50:24,800

experience had left them

2937

01:50:29,430 --> 01:50:27,040

absolutely convinced

2938

01:50:31,109 --> 01:50:29,440

that there's a benevolent afterlife

2939

01:50:34,550 --> 01:50:31,119

yeah wow that's

2940

01:50:36,950 --> 01:50:34,560

game changer yeah game changing but also

2941

01:50:39,589 --> 01:50:36,960

matches the nde literature as well

2942

01:50:42,470 --> 01:50:39,599

correct correct good point so folks

2943

01:50:43,669 --> 01:50:42,480

again our guest has been william peters

2944

01:50:45,350 --> 01:50:43,679

the new book

2945

01:50:46,790 --> 01:50:45,360

i hope you check out i think you really

2946

01:50:47,669 --> 01:50:46,800

really enjoy it i think you're going to

2947

01:50:49,910 --> 01:50:47,679

want to

2948

01:50:51,669 --> 01:50:49,920

share it with other people in your life

2949

01:50:52,470 --> 01:50:51,679

because so many people you know once you

2950

01:50:58,229 --> 01:50:52,480

start

2951
01:51:01,030 --> 01:50:58,239
you'll open up people in a way but it's

2952
01:51:02,390 --> 01:51:01,040
at heaven's door what shared journeys to

2953
01:51:04,790 --> 01:51:02,400
the afterlife

2954
01:51:07,910 --> 01:51:04,800
teaches about dying well

2955
01:51:10,470 --> 01:51:07,920
and living better william awesome work

2956
01:51:13,270 --> 01:51:10,480
my man you are so to be congratulated

2957
01:51:15,510 --> 01:51:13,280
i'm so so happy you joined me here

2958
01:51:16,470 --> 01:51:15,520
yeah thank you alex and if i can't i

2959
01:51:18,870 --> 01:51:16,480
just want to

2960
01:51:20,390 --> 01:51:18,880
remind your viewers that there's a lot

2961
01:51:22,070 --> 01:51:20,400
of resources on our website

2962
01:51:24,070 --> 01:51:22,080
sharedcrossing.com

2963
01:51:26,310 --> 01:51:24,080

uh there's a video library for people to

2964

01:51:28,149 --> 01:51:26,320

see firsthand experience firsthand

2965

01:51:30,950 --> 01:51:28,159

accounts from experiencers

2966

01:51:32,310 --> 01:51:30,960

and then if i may i have a great event

2967

01:51:34,390 --> 01:51:32,320

with uh

2968

01:51:36,310 --> 01:51:34,400

it's a free event with dr raymond moody

2969

01:51:38,229 --> 01:51:36,320

we're going to be talking about how the

2970

01:51:40,229 --> 01:51:38,239

shared death experience changes

2971

01:51:42,149 --> 01:51:40,239

everything and you know raymond is you

2972

01:51:44,070 --> 01:51:42,159

know he is the one who popularized the

2973

01:51:46,310 --> 01:51:44,080

term share death experience and i came

2974

01:51:47,990 --> 01:51:46,320

in with him you know afterwards to

2975

01:51:49,990 --> 01:51:48,000

really have done the deeper research and

2976

01:51:51,669 --> 01:51:50,000

my team you know should be

2977

01:51:53,510 --> 01:51:51,679

i should you know i want to let everyone

2978

01:51:55,589 --> 01:51:53,520

know that i have a research team of dr

2979

01:51:57,510 --> 01:51:55,599

michael kinsella and dr monica williams

2980

01:51:59,270 --> 01:51:57,520

and others here that really have

2981

01:52:01,510 --> 01:51:59,280

forwarded this but that's a great event

2982

01:52:02,870 --> 01:52:01,520

with dr raymond moody and myself on

2983

01:52:05,430 --> 01:52:02,880

march 12th you can find it on our

2984

01:52:07,830 --> 01:52:05,440

website awesome i hope people check that

2985

01:52:10,550 --> 01:52:07,840

out i'm not sure this will be up in time

2986

01:52:12,550 --> 01:52:10,560

but okay uh oh yeah sorry about it i can

2987

01:52:14,629 --> 01:52:12,560

send out i can send out a note or

2988

01:52:16,149 --> 01:52:14,639

something if you if you send me the link

2989

01:52:17,350 --> 01:52:16,159

okay because it's a free event i mean

2990

01:52:19,510 --> 01:52:17,360

it's a great event we're just trying to

2991

01:52:20,390 --> 01:52:19,520

get the word out and yeah

2992

01:52:22,390 --> 01:52:20,400

great

2993

01:52:24,790 --> 01:52:22,400

well again terrific having you on i

2994

01:52:26,310 --> 01:52:24,800

really appreciate it fantastic thank you

2995

01:52:28,310 --> 01:52:26,320

you know it's funny my publicist said

2996

01:52:30,149 --> 01:52:28,320

that you were gonna be kind of hard on

2997

01:52:32,070 --> 01:52:30,159

me and i didn't i thought you were just

2998

01:52:34,629 --> 01:52:32,080

you're you're not hard at all you're

2999

01:52:36,790 --> 01:52:34,639

just a great engaged interviewer really

3000

01:52:38,950 --> 01:52:36,800

the best one i've done and i've done a

3001

01:52:40,149 --> 01:52:38,960

fair amount of them um

3002

01:52:41,589 --> 01:52:40,159

but the other one who did a really good

3003

01:52:43,510 --> 01:52:41,599

one i think is a call i listened to your

3004

01:52:45,350 --> 01:52:43,520

interview with rick art uh rick archer i

3005

01:52:47,350 --> 01:52:45,360

thought you know yeah rick's my buddy

3006

01:52:48,870 --> 01:52:47,360

yeah he did really good job

3007

01:52:50,709 --> 01:52:48,880

yeah well you guys both give long

3008

01:52:53,830 --> 01:52:50,719

interviews this is uh almost two hours

3009

01:52:55,589 --> 01:52:53,840

so uh i i just didn't want i just wanted

3010

01:52:58,550 --> 01:52:55,599

to get through it and i didn't want to

3011

01:52:59,990 --> 01:52:58,560

kind of i never go this long but i just

3012

01:53:02,229 --> 01:53:00,000

wanted to cover

3013

01:53:04,709 --> 01:53:02,239

what we had to cover because

3014

01:53:08,149 --> 01:53:04,719

this is so you know this is your life

3015

01:53:10,149 --> 01:53:08,159

but i mean this is so so important on

3016

01:53:11,910 --> 01:53:10,159

all these different levels so i

3017

01:53:14,390 --> 01:53:11,920

appreciate you spending the extra time

3018

01:53:15,750 --> 01:53:14,400

thank you so much alex

3019

01:53:17,830 --> 01:53:15,760

thanks again to william peters for

3020

01:53:19,830 --> 01:53:17,840

joining me today on skeptico one

3021

01:53:21,830 --> 01:53:19,840

question i t up from this interview the

3022

01:53:24,310 --> 01:53:21,840

obvious one what do you make of the

3023

01:53:27,270 --> 01:53:24,320

shared death experience i think it's

3024

01:53:28,790 --> 01:53:27,280

incredibly important scientifically

3025

01:53:29,990 --> 01:53:28,800

what do you think

3026

01:53:32,950 --> 01:53:30,000

let me know

3027

01:53:35,350 --> 01:53:32,960

love to hear from you love to hear from

3028

01:53:37,030 --> 01:53:35,360

folks who are listening

3029

01:53:39,669 --> 01:53:37,040

anyways there's some more great episodes

3030

01:53:41,430 --> 01:53:39,679

coming up i promise you that next one oh

3031

01:53:43,750 --> 01:53:41,440

my gosh this is

3032

01:53:45,750 --> 01:53:43,760

i don't know i'm still i'm still rocked

3033

01:53:47,910 --> 01:53:45,760

by the next one

3034

01:53:50,550 --> 01:53:47,920

anyways stick around for all of that

3035

01:53:52,620 --> 01:53:50,560

until next time take care

3036

01:53:59,150 --> 01:53:52,630

bye for now